



PATTERN DANCE COMPETITION TECHNICAL REQUIREMENTS

These requirements are applicable to all Pattern Dance Competitions in Podium Pathway, STAR (Solo and Partnered), and Adult events that are judged using Cumulative Points Calculation (CPC).

Music for Podium Pathway & Adult Pattern Dance events

Skaters must submit their own pattern dance music to competition organizers as indicated in the announcement for the competition, even if using Skate Canada Series 8 or an ISU music selection.

Category	Requirements
Pre-Juvenile	Music must be selected from either the current ISU Ice Dance music (tunes 1 to 5 only), Skate Canada Series 8 or from the Skate Canada approved music for pattern dances. Only Skate Canada Series 8 music will be used during the warm-up period.
Juvenile	
Pre-Novice	Music may be selected from the current ISU Ice Dance music (tunes 1 to 5 only) or a choice of music that meets the tempo specifications for the pattern dance. The chosen music must be in accordance with the rhythm of the pattern dance and may be vocal. The tempo must remain constant throughout the pattern dance and be in accordance with the required tempo, plus or minus 2 beats per minute (plus or minus 3 beats per minute for waltz rhythms). Violations of music requirements or tempo specifications will be penalized per specifications (-1.0 for music, -0.5 for tempo). ISU music (tune 6) will be used during the warm-up period for Pre-Novice/Novice. Skate Canada Series 8 music will be used during the warm-up period for Adult.
Novice	
Adult	

Music for STAR Pattern Dance events

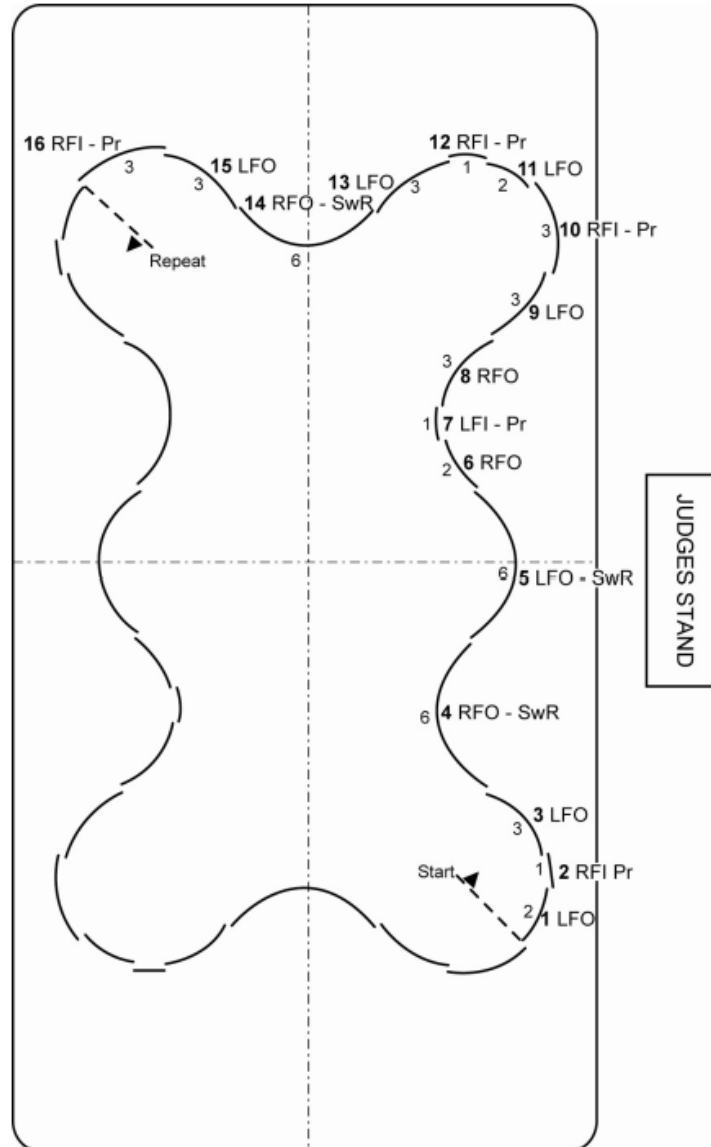
Category	Requirements
STAR 2/3 STAR 4/5 STAR 6/7 STAR 8/9 STAR 10 Gold Diamond	Skate Canada Series 8 music will be used for all pattern dance events. However, skaters have the option to use a selection from the current ISU Ice Dance music (tunes 1 to 5) or from the Skate Canada approved music for pattern dances. If skaters chose to not use Series 8 music, they must supply this music to the competition organizers as indicated in the announcement for the competition. Only Skate Canada Series 8 music will be used during the warm-up period.

Pattern Diagrams

Note that domestically, what has traditionally been referred to as “man” (e.g. man’s steps) is labeled as “lead”, and what has traditionally been referred to as “lady” (e.g., lady’s steps) is identified as “follow”. This reflects current practices in the STAR structure where a skater may choose which of the dance steps to perform regardless of gender identity.

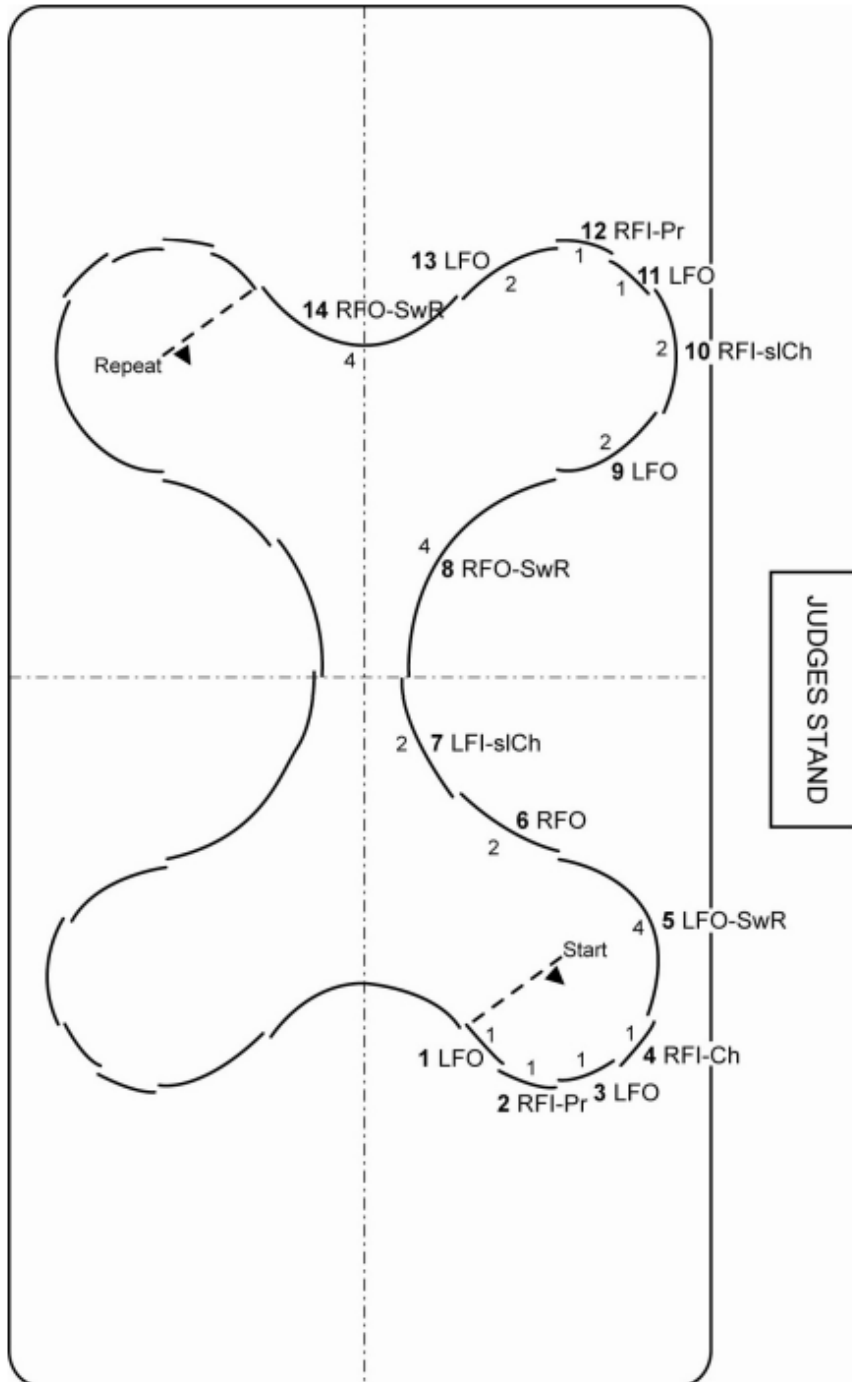
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Dutch Waltz								
Music	Tempo							Pattern
Waltz 3/4	45 measures of 3 beats per minute 135 beats per minute +/- 3 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
20.4 - 21.3					40.8 - 42.6			
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
DW1, DW2	1 Section	1-16	16	2	4	8	12	14



PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

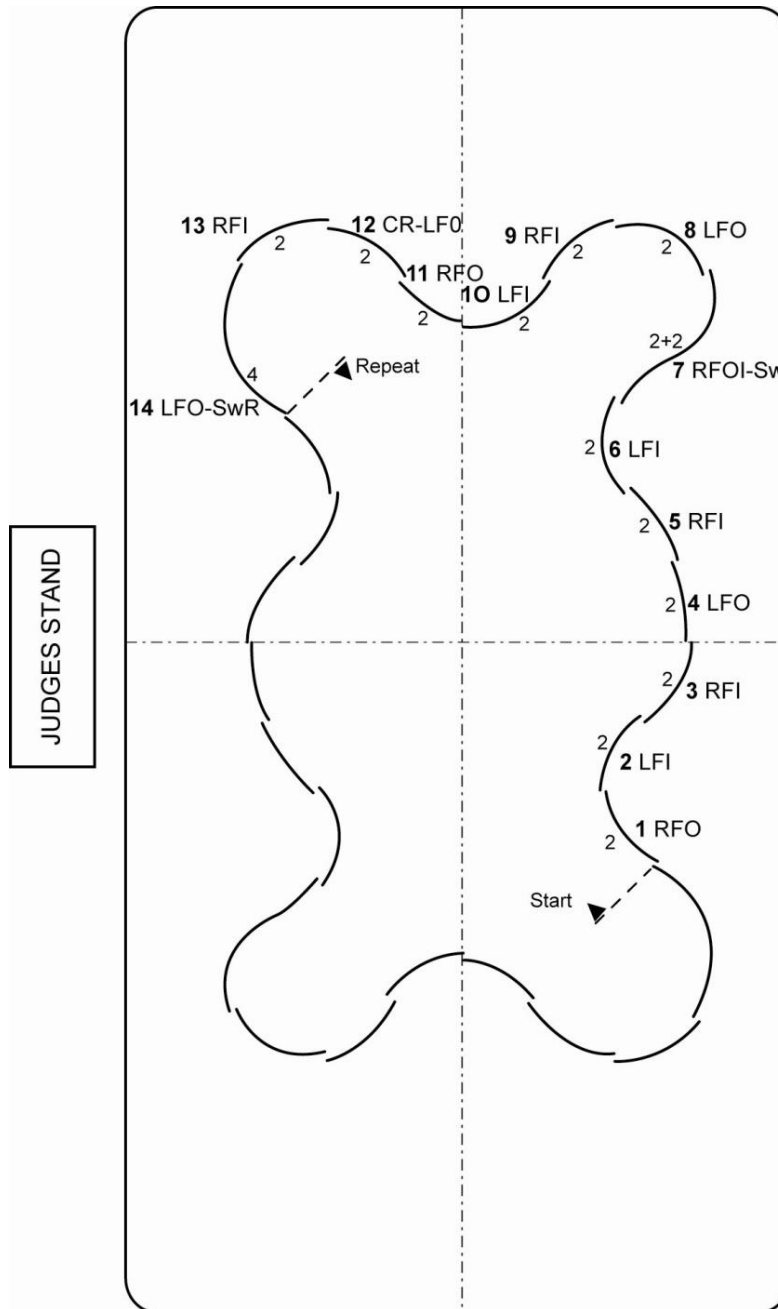
Canasta Tango								
Music	Tempo							Pattern
Tango 4/4	27 measures of 4 beats per minute 108 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
15.8 – 16.5					47.4 – 49.5			
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TC1, TC2, TC3	1 Section	1-14	14	1	4	7	11	13



PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

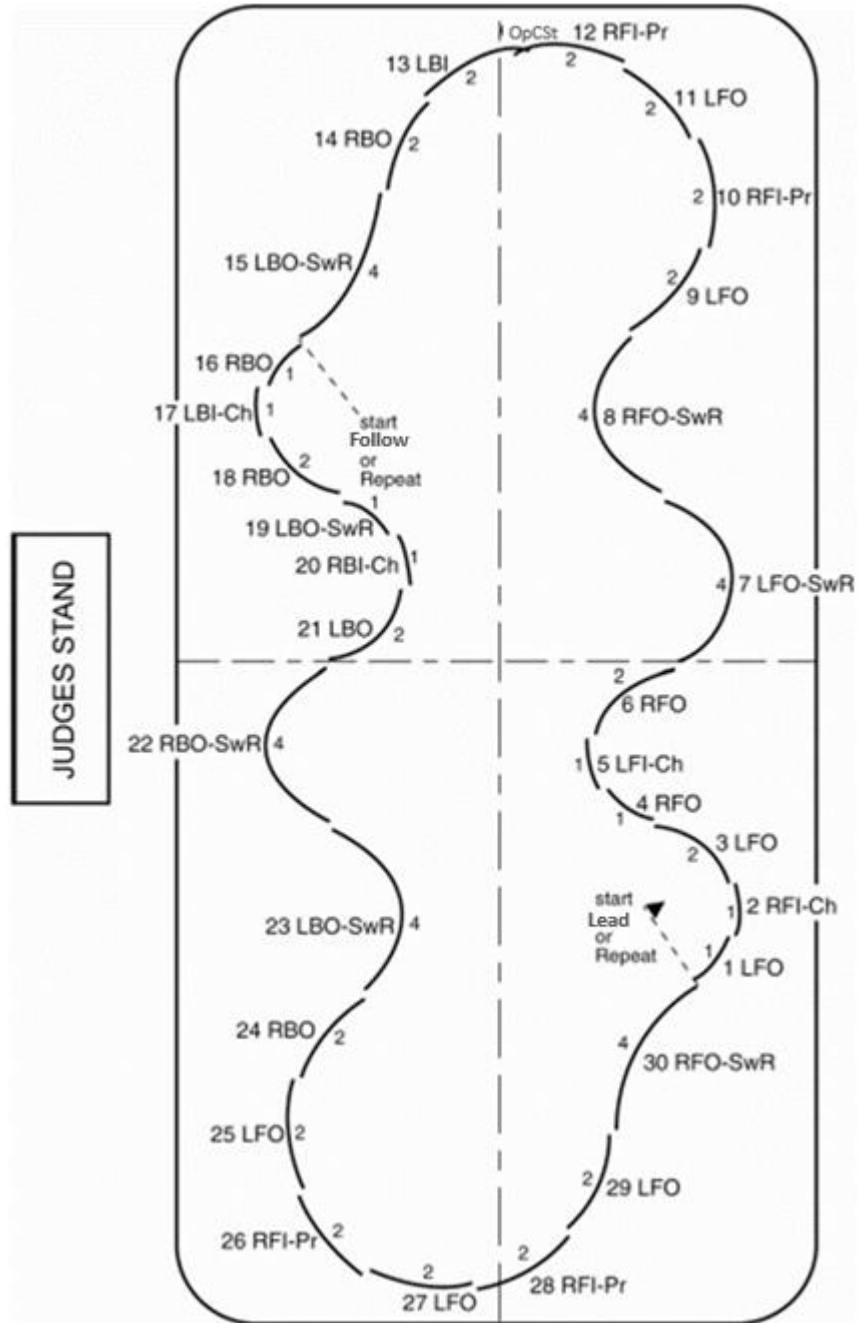
Baby Blues		
Music	Tempo	Pattern
Blues 4/4	22 measures of 4 beats per minute 88 beats per minute +/- 2 beats per minute	Set
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
21.3 – 22.3		63.9 – 67.0

3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
BB1, BB2, BB3	1 Section	1-14	14	1	4	7	11	13



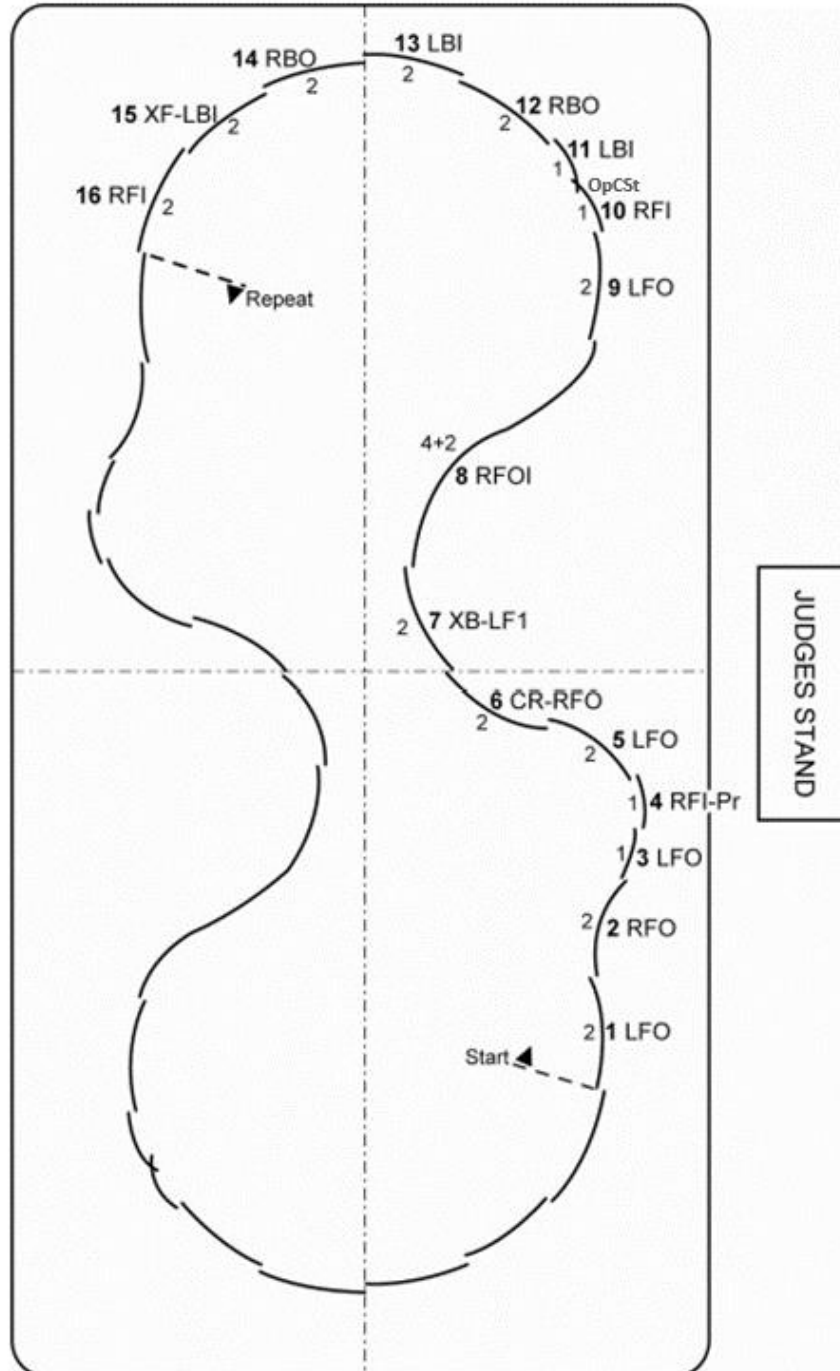
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Swing Dance								
Music	Tempo							Pattern
Foxtrot 4/4	24 measures of 4 beats per minute 96 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
39.2 – 40.9					78.4 – 81.8			
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
SD1, SD2	1 Section	1-30	30	3	8	15	23	27



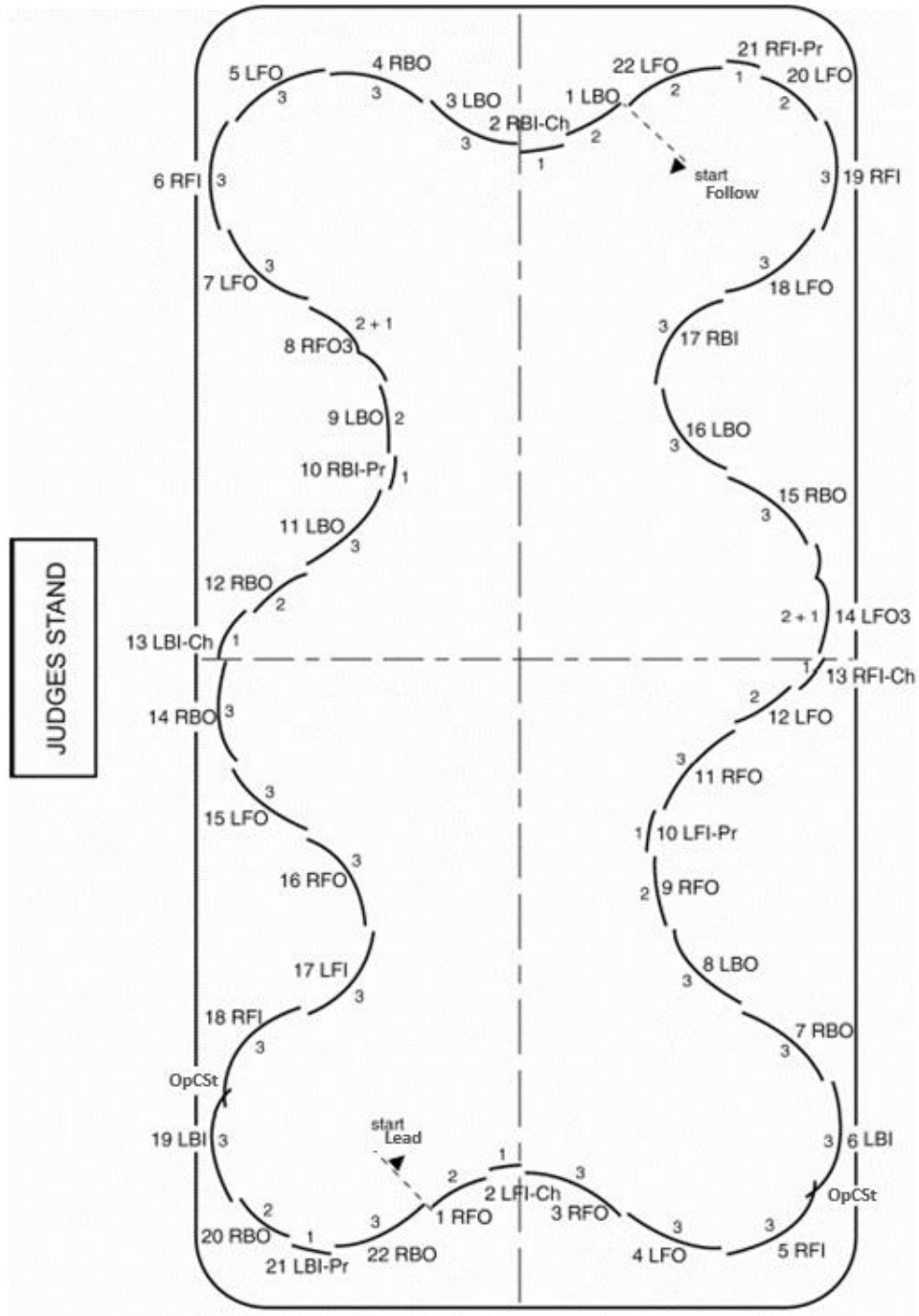
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Fiesta Tango								
Music	Tempo							Pattern
Tango 4/4	27 measures of 4 beats per minute 108 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
17.5 – 18.1					52.5 – 54.3			
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TF1, TF2, TF3	1 Section	1-16	16	2	4	8	12	14



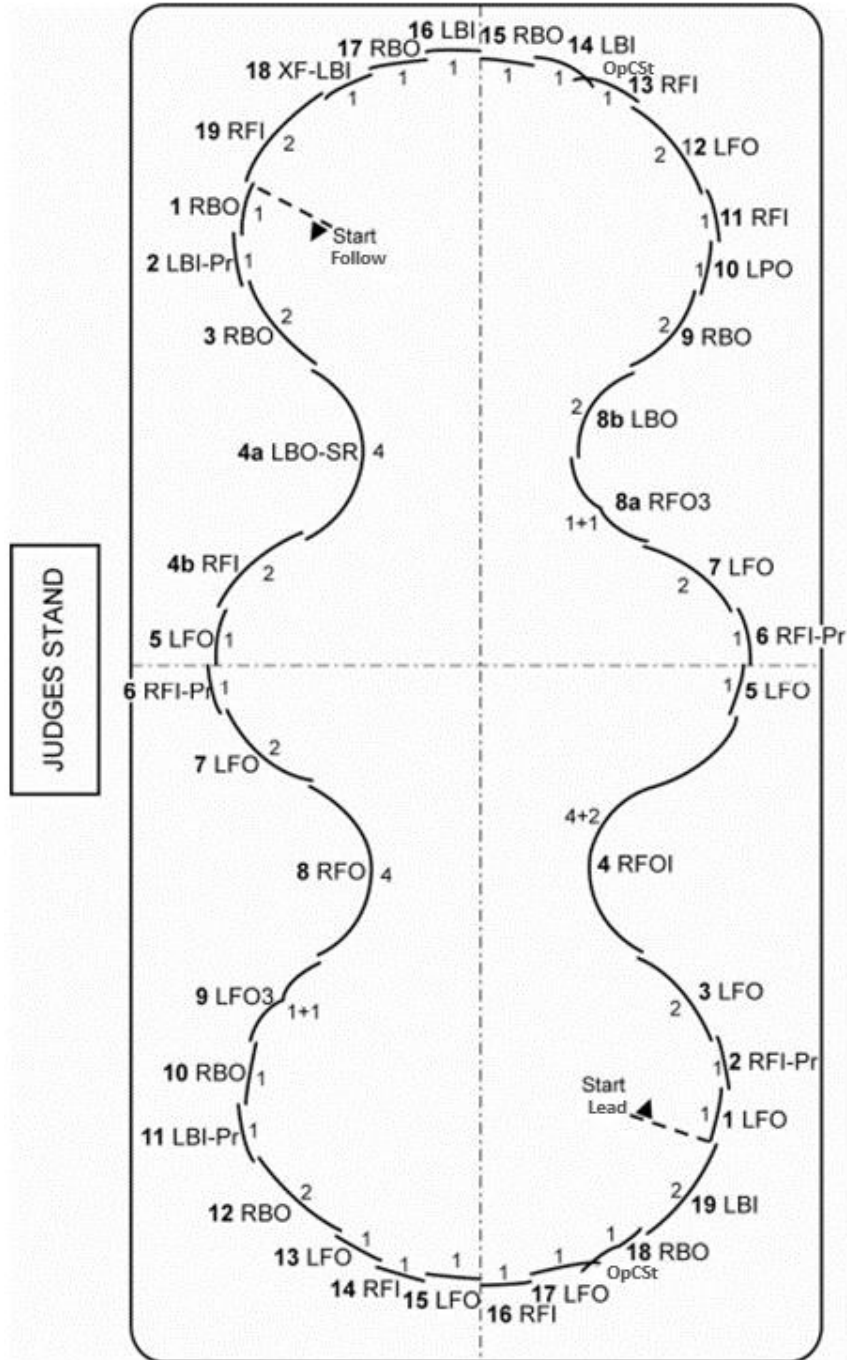
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Willow Waltz								
Music	Tempo							Pattern
Waltz 3/4	45 measures of 3 beats per minute 135 beats per minute +/- 3 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
22.9 - 24.0					45.8 - 48.0			
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
WiW1, WiW2	1 Section	1-22	22	2	6	11	17	20



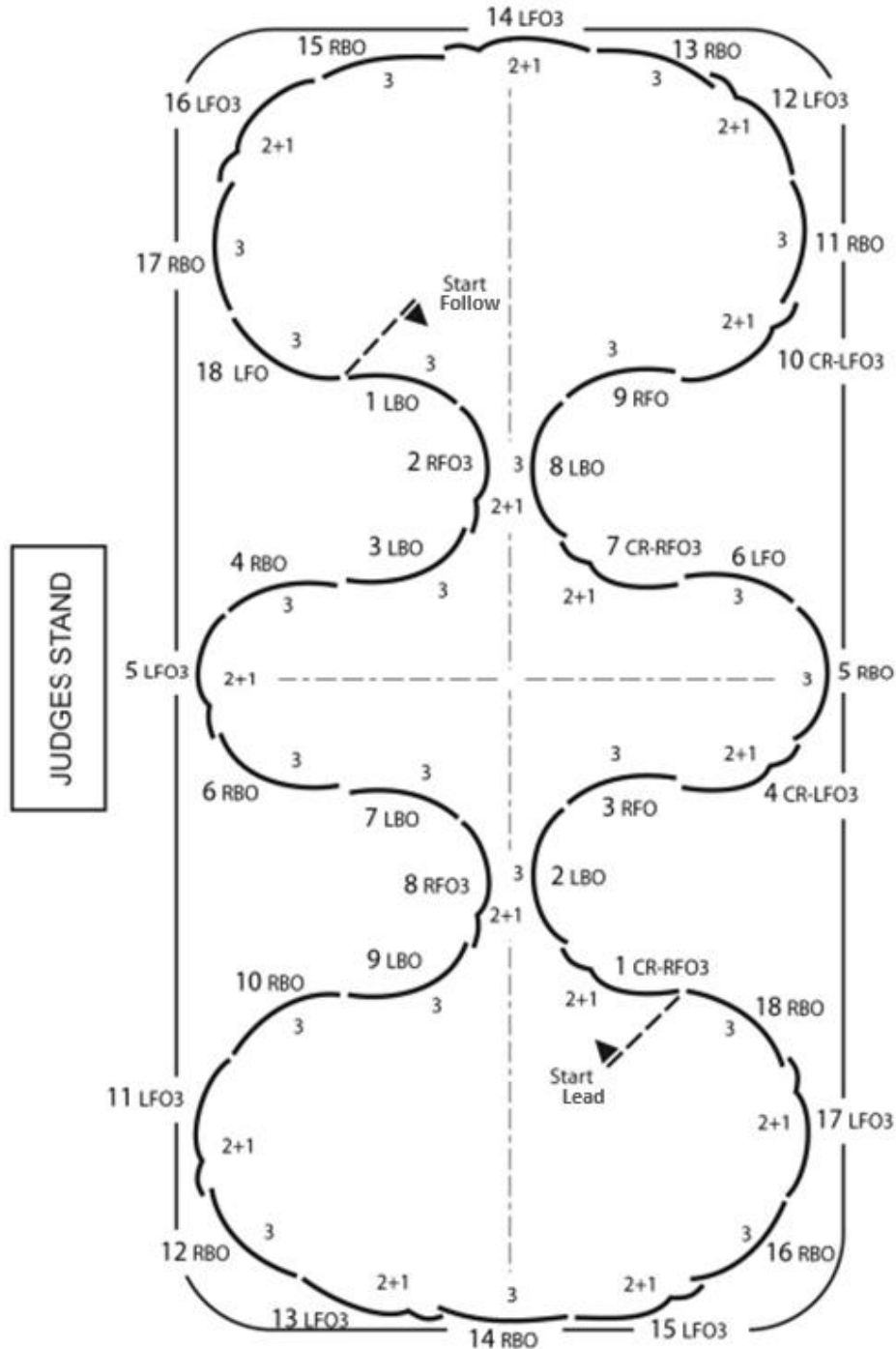
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Ten-Fox								
Music	Tempo							Pattern
Foxtrot 4/4	25 measures of 4 beats per minute 100 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
18.3 – 19.1					54.9 – 57.3			
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TFx1, TFx2, TFx3	1 Section	1-19	19	2	5	10	15	17



PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

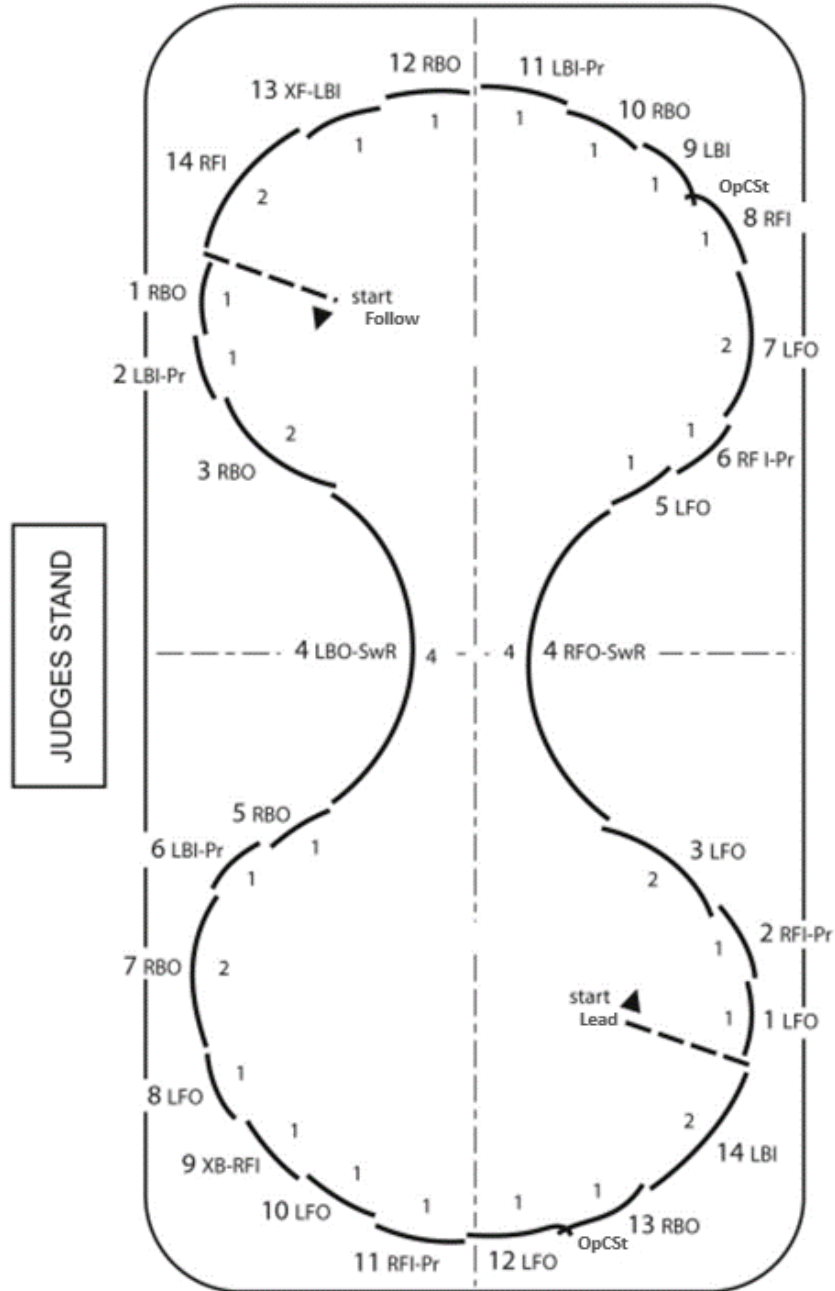
European Waltz								
Music	Tempo							Pattern
Waltz 3/4	45 measures of 3 beats per minute 135 beats per minute +/- 3 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
23.6 – 24.4					47.2 – 48.8			
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
EW1, EW2	1 Section	1-18	18	2	5	9	14	16



PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

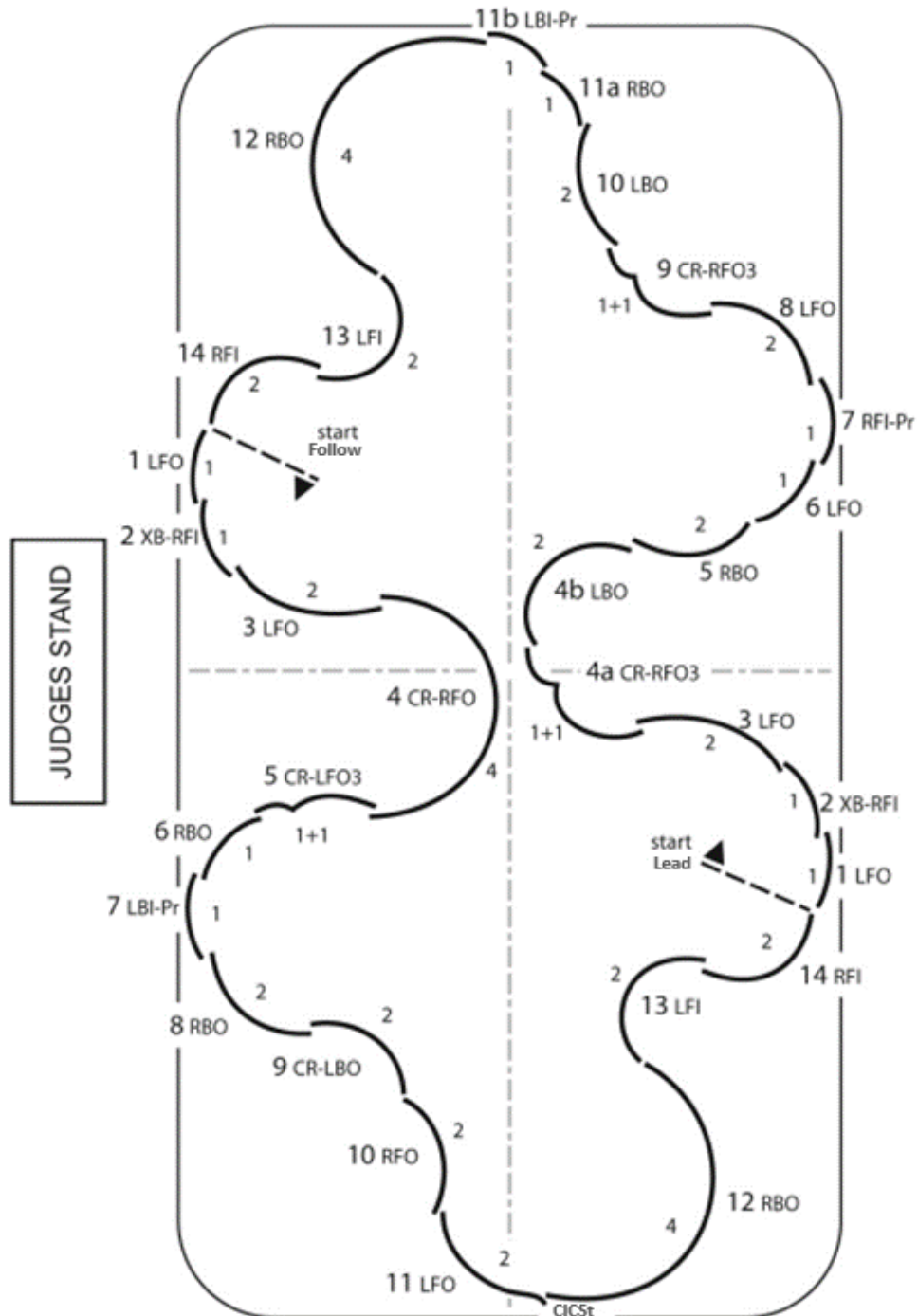
Fourteenstep			
Music	Tempo	Pattern	
March 6/8 or March 2/4	56 measures of 2 beats per minute 112 beats per minute +/- 2 beats per minute 28 measures of 4 beats per minute 112 beats per minute +/- 2 beats per minute	Set	
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
10.5 – 10.9		40.0 – 43.6	

4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
FO1, FO2, FO3, FO4	1 Section	1-14	14	1	4	7	11	13



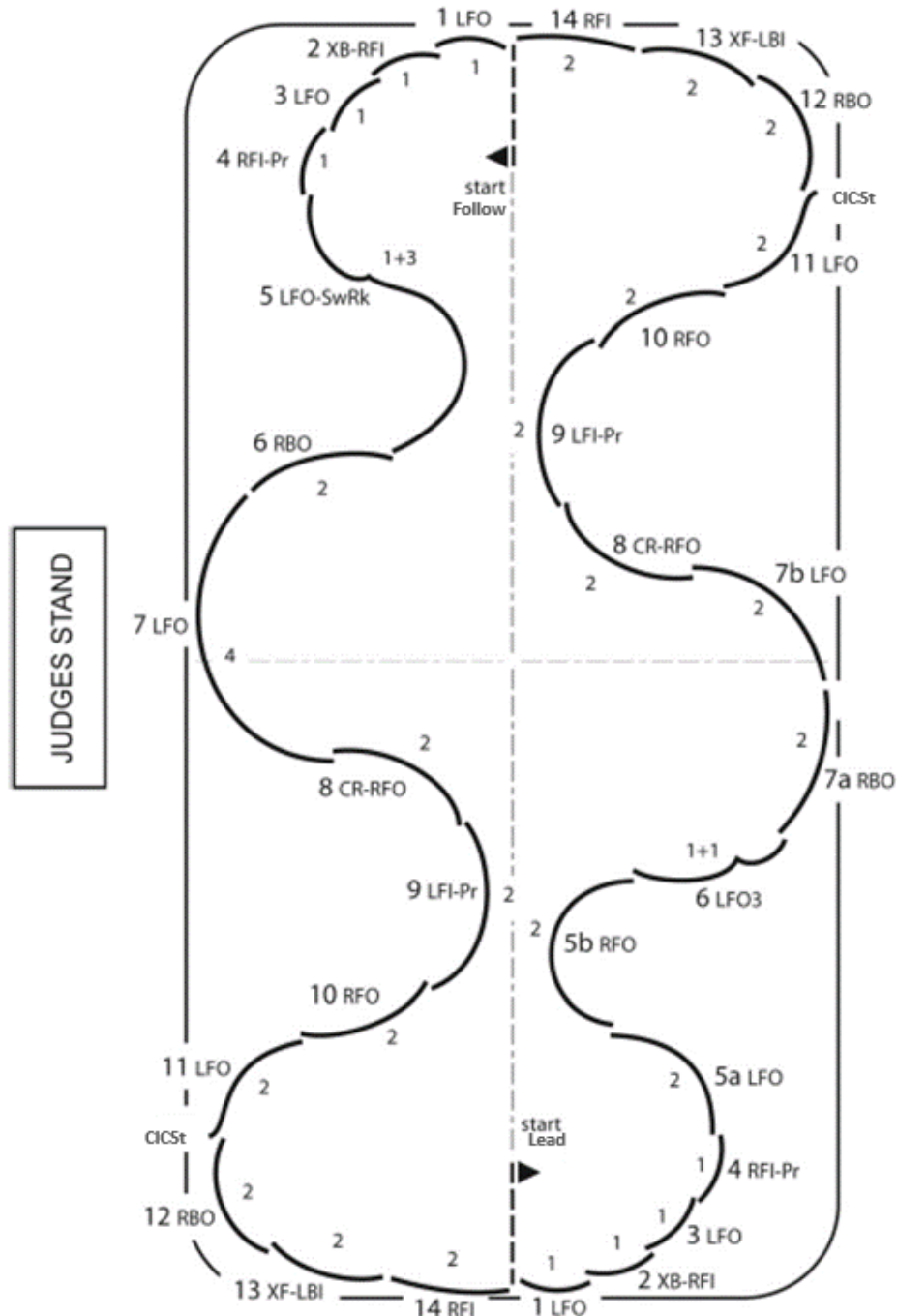
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Foxtrot								
Music	Tempo						Pattern	
Foxtrot 4/4	25 measures of 4 beats per minute 100 beats per minute +/- 2 beats per minute						Optional	
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
16.5 – 17.1					66.8 – 68.4			
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
FT1, FT2, FT3, FT4	1 Section	1-14	14	1	4	7	11	13



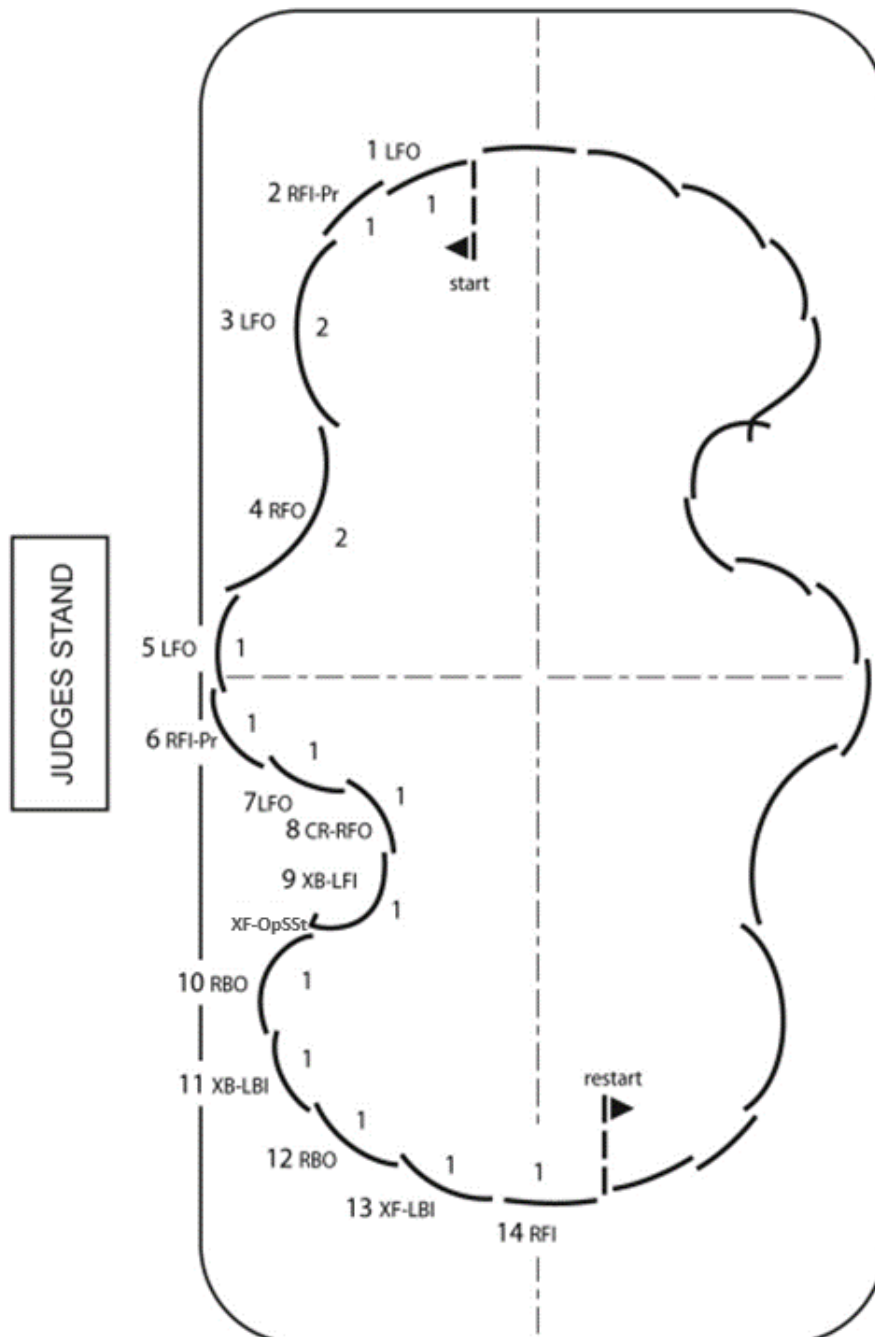
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Rocker Foxtrot								
Music	Tempo							Pattern
Foxtrot 4/4	26 measures of 4 beats per minute 104 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
15.8 – 16.5					63.2 – 66.0			
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
RF1, RF2, RF3, RF4	1 Section	1-14	14	1	4	7	11	13



PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

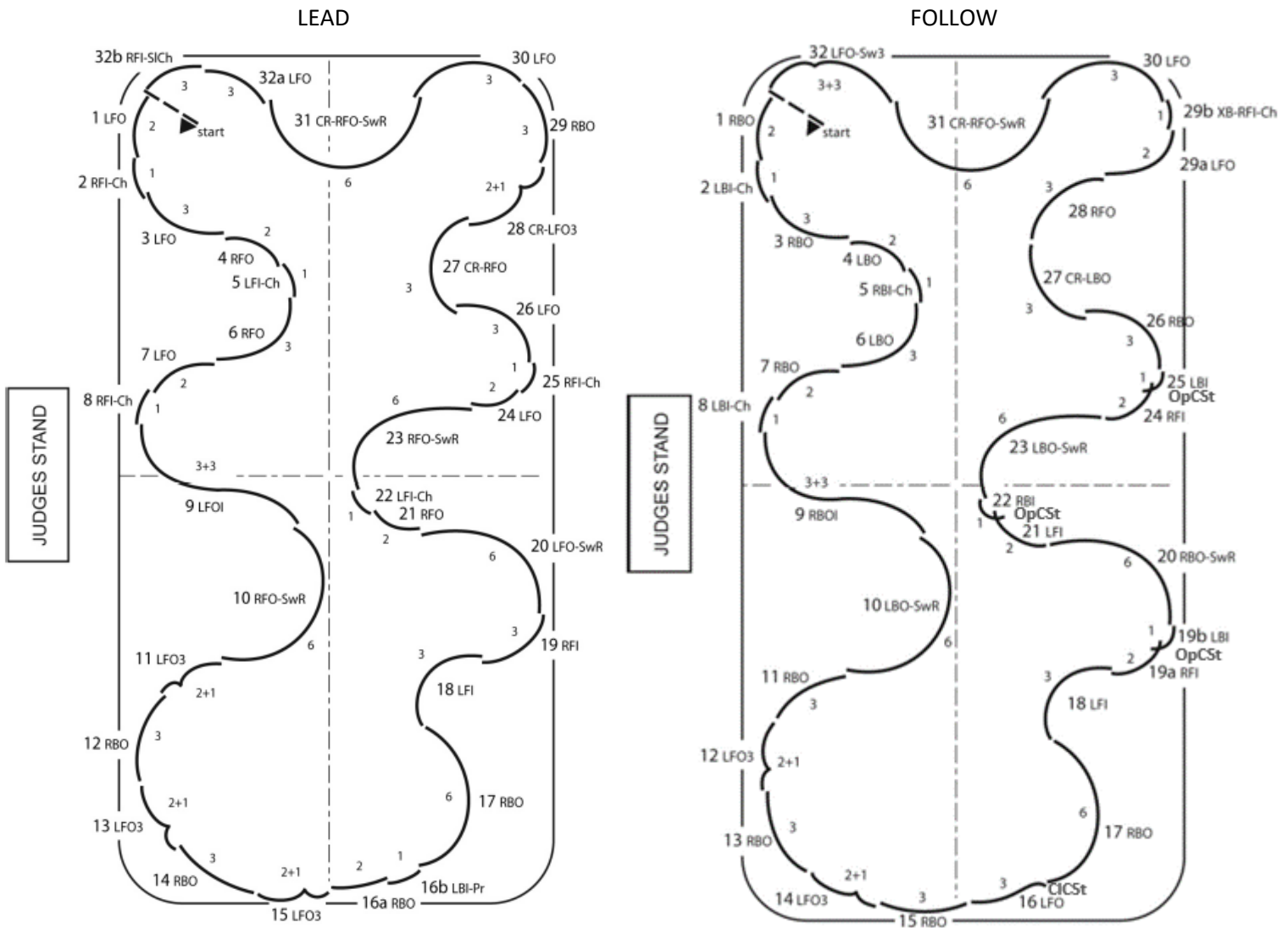
Kilian								
Music	Tempo						Pattern	
March 2/4 or March 4/4	58 measures of 2 beats per minute 116 beats per minute +/- 2 beats per minute 29 measures of 4 beats per minute 116 beats per minute +/- 2 beats per minute						Optional	
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
8.1 – 8.5					32.4 – 34.0			
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
KI1, KI2, KI3, KI4	1 Section	1-14	14	1	4	7	11	13



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Starlight Waltz			
Music	Tempo		Pattern
Waltz ¾	58 measures of 3 beats per minute 174 beats per minute +/- 3 beats per minute		Set
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
34.8 – 35.6		69.6 – 71.2	

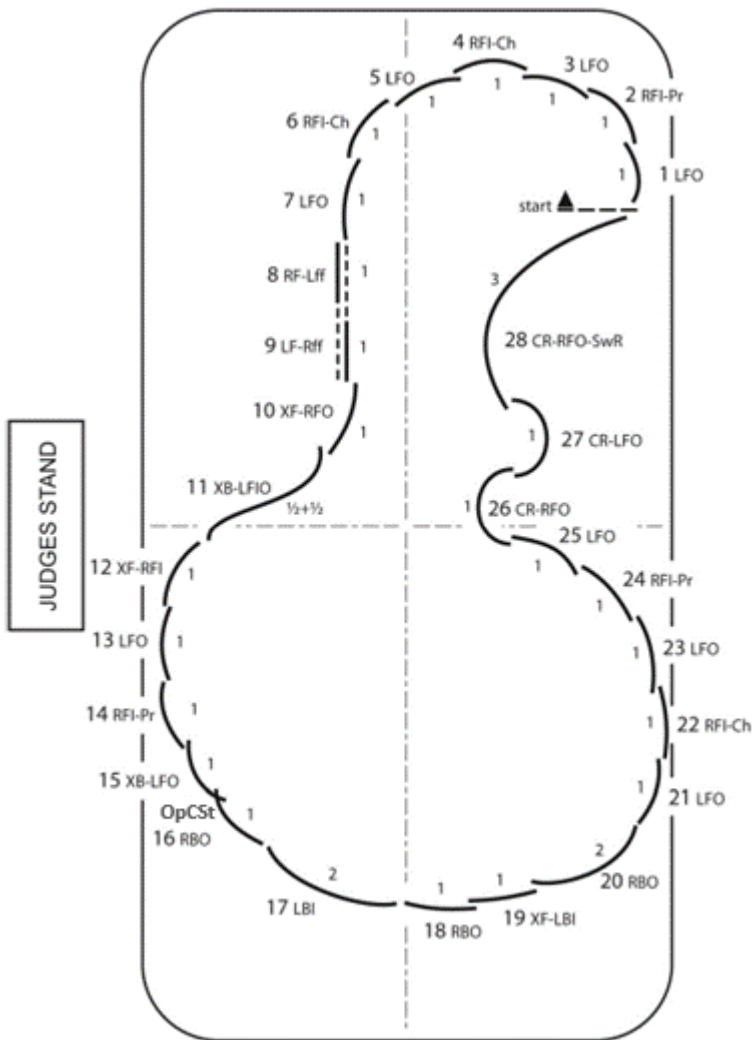
2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
SW1Sq1, SW1Sq2	1 st Section	1-17	17	2	4	9	13	15
SW2Sq1, SW2Sq2	2 nd Section	18-32	15	2	4	8	11	14



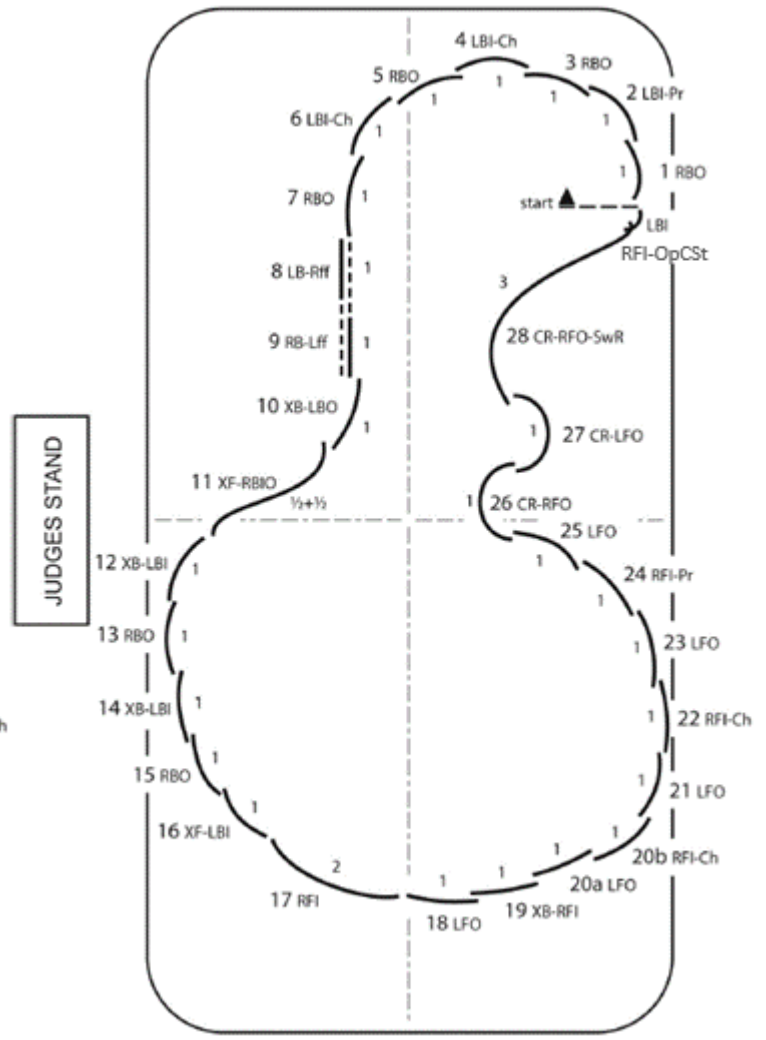
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Paso Doble								
Music	Tempo							Pattern
Paso Doble 2/4	56 measures of 2 beats per minute 112 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
16.8 – 17.5					50.4 – 52.5			
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
PD1, PD2, PD3	1 Section	1-28	28	3	7	14	21	25

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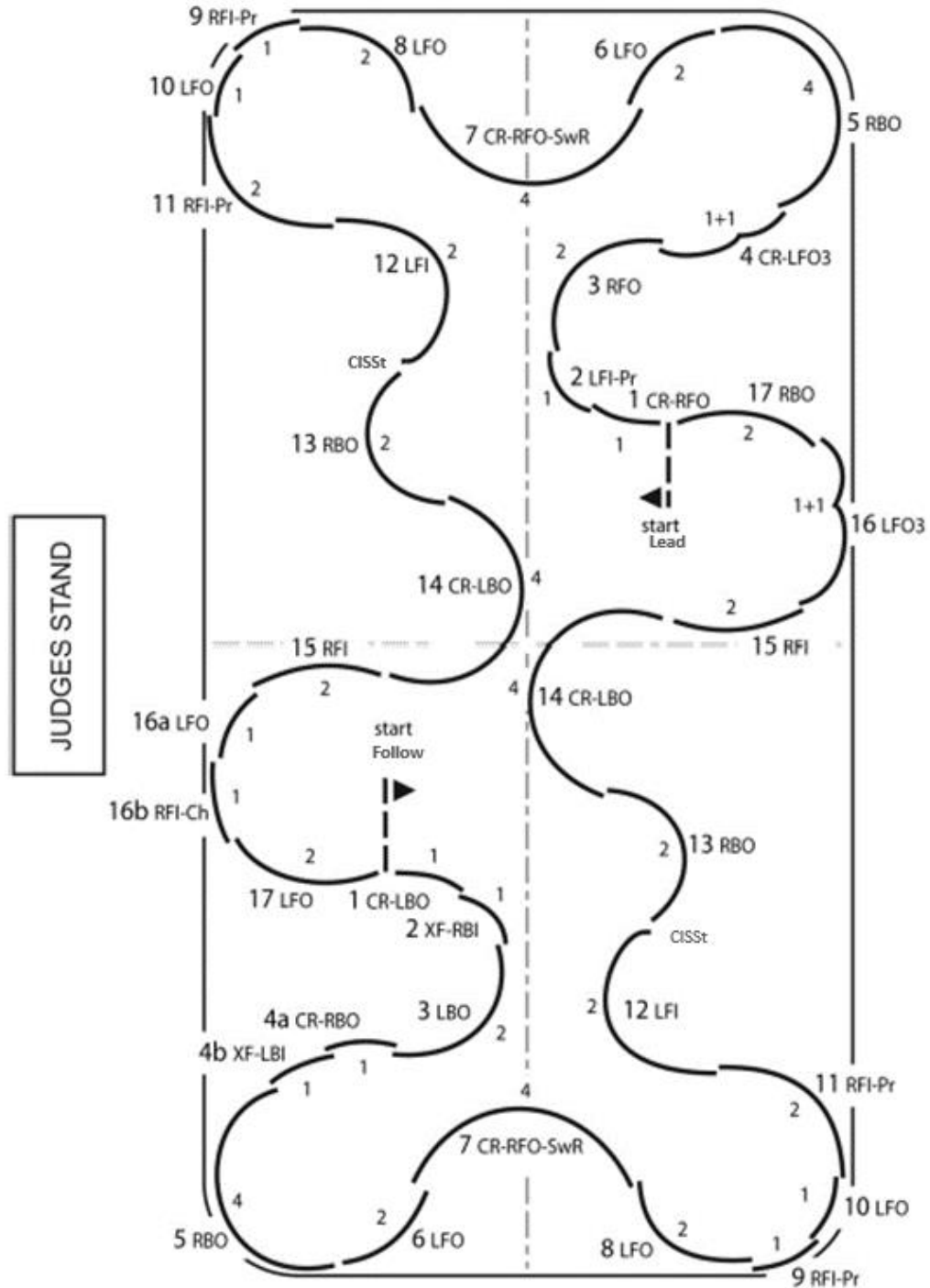


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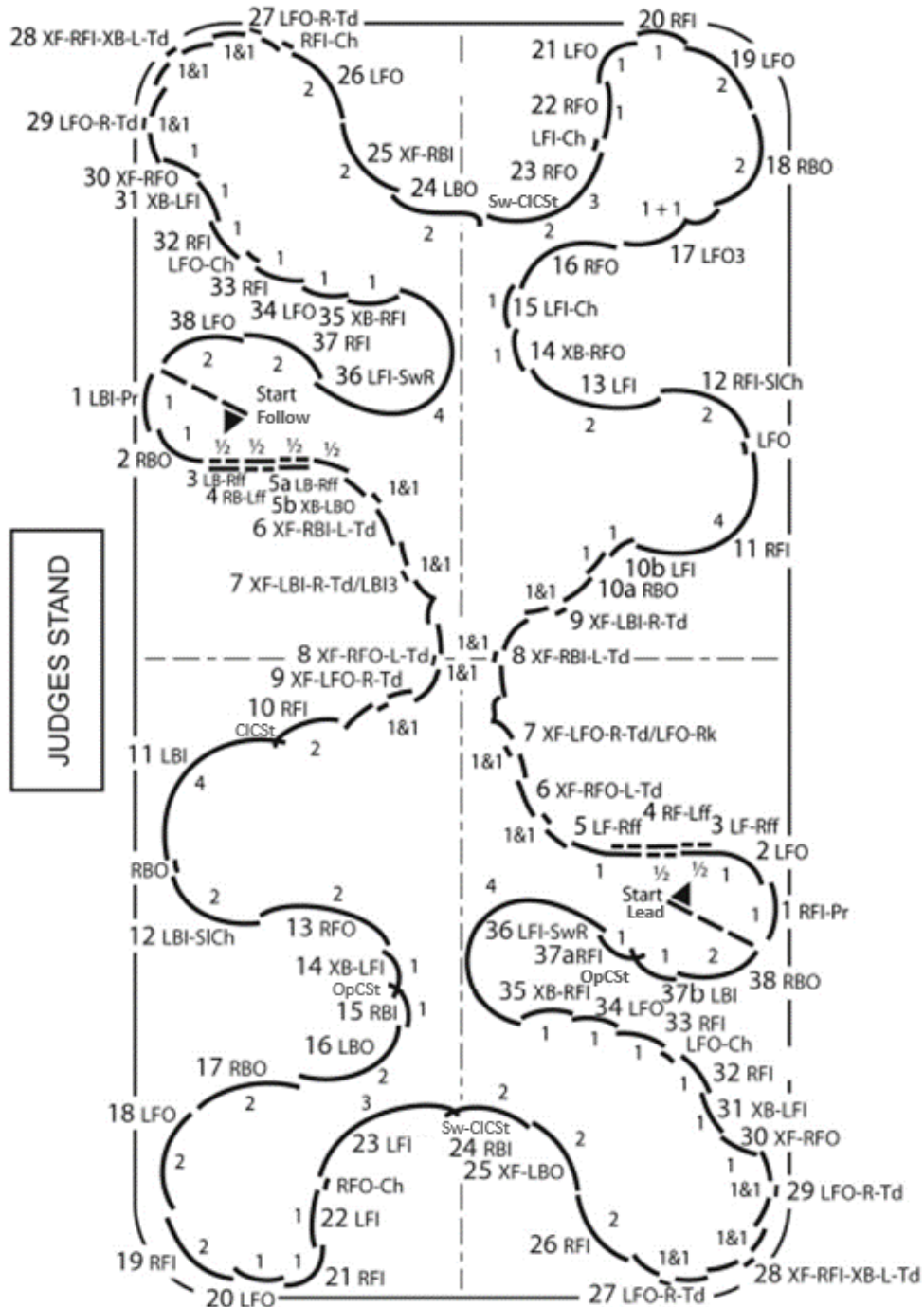
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Blues								
Music	Tempo							Pattern
Blues 4/4	22 measures of 4 beats per minute 88 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
24.0 – 25.2					72.0 – 75.6			
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
BL1, BL2, BL3	1 Section	1-17	17	2	4	9	13	15



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Cha Cha Congelado									
Music	Tempo						Pattern		
Cha Cha 4/4	29 measures of 4 beats per minute 116 beats per minute +/- 2 beats per minute						Optional		
Duration in seconds per Sequence					Duration in seconds from step #1 to last step				
21.3 – 22.3					63.9 – 67.0				
2 Sequences / 2 GOEs		Section	Steps	# of Steps	10%	25%	50%	75%	90%
CC1, CC2		1 Section	1-38	38	4	10	19	29	34



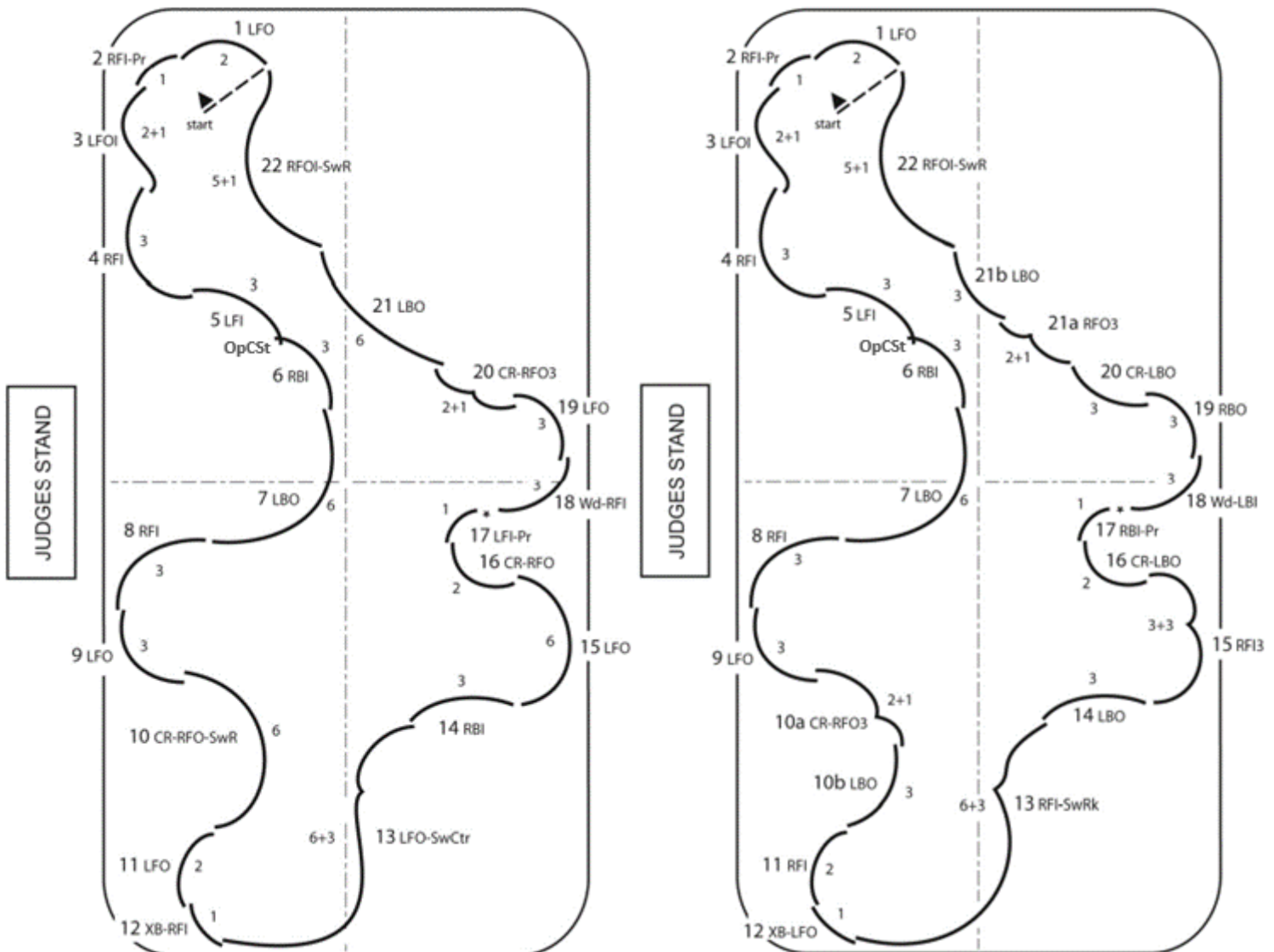
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Westminster Waltz			
Music	Tempo	Pattern	
Waltz ¾	54 measures of 3 beats per minute 162 beats per minute +/- 3 beats per minute	Optional	
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
28.4 – 29.5		56.8 – 59.0	

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
WW1Sq1, WW1Sq2	1 st Section	1-10	11	1	3	5	8	9
WW2Sq1, WW2Sq2	2 nd Section	11-22	12	1	3	6	9	11

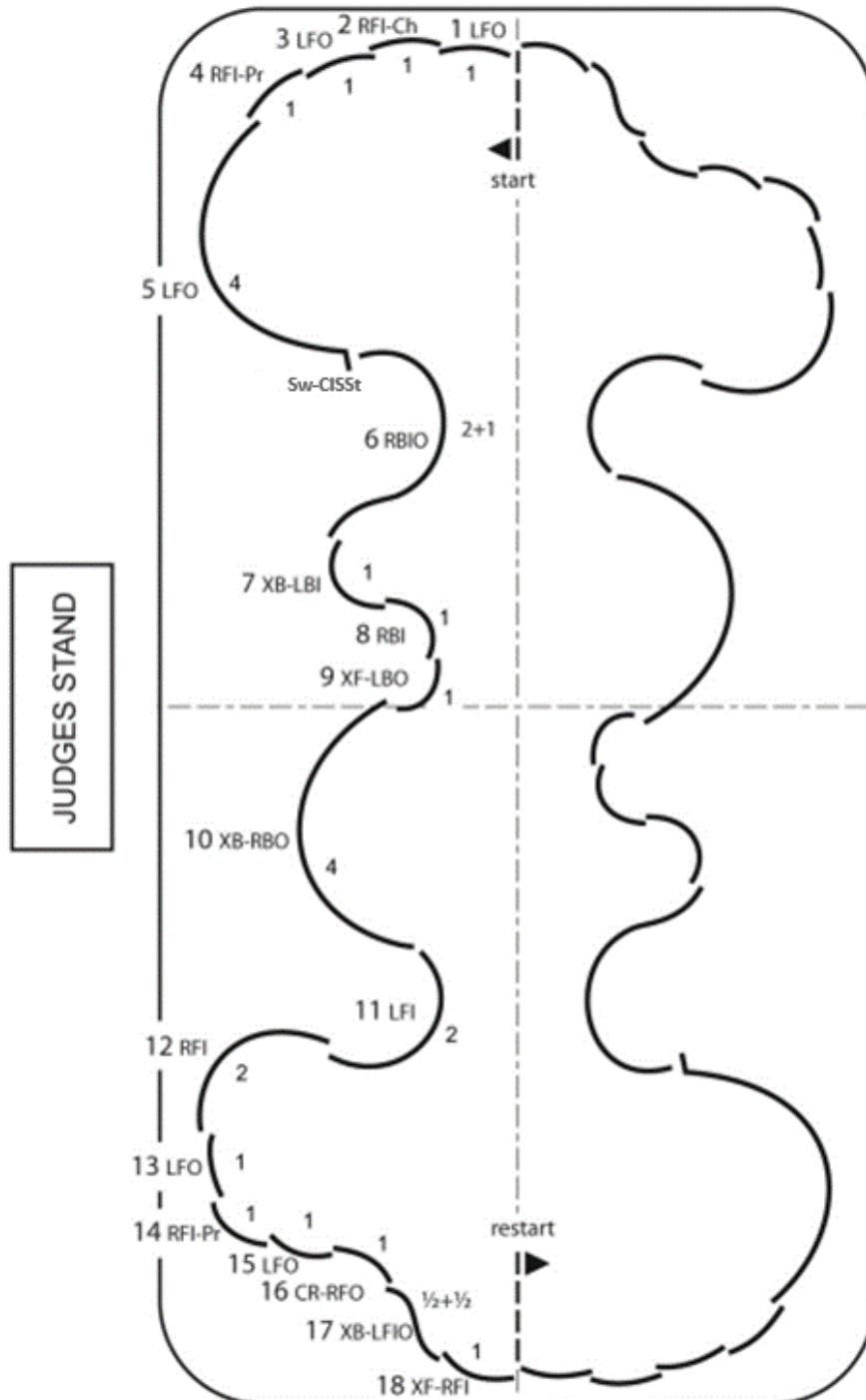
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PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Quickstep								
Music	Tempo						Pattern	
Quickstep 2/4	56 measures of 2 beats per minute 112 beats per minute +/- 2 beats per minute						Set	
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
14.7 – 15.3					58.8 – 61.2			
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
QS1, QS2, QS3, QS4	1 Section	1-18	18	2	5	9	14	16

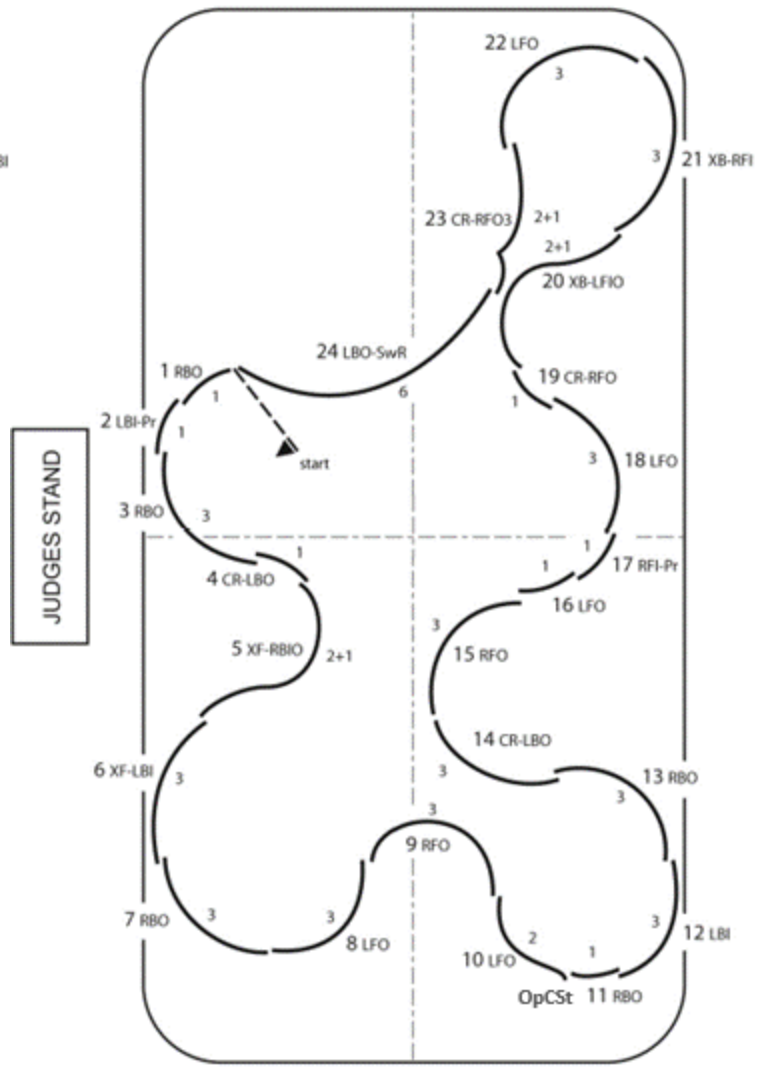
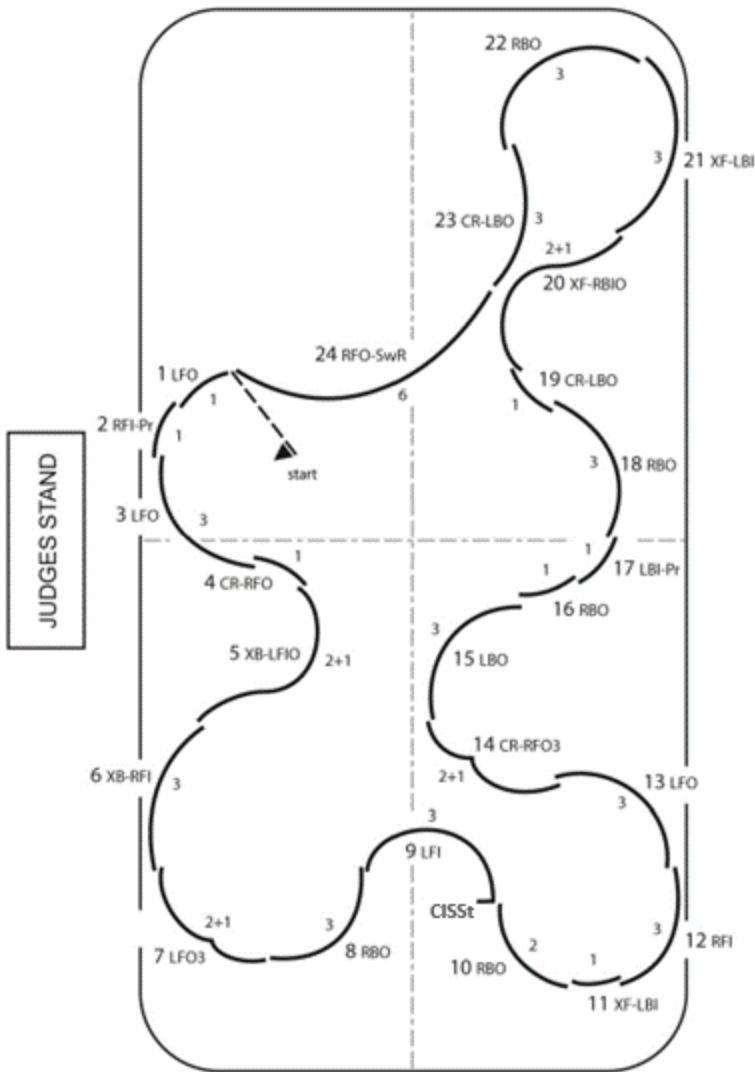


PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Viennese Waltz								
Music	Tempo							Pattern
Waltz ¾	52 measures of 3 beats per minute 156 beats per minute +/- 3 beats per minute							Optional
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
22.8 – 23.4					68.4 – 70.2			
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
VW1, VW2, VW3	1 Section	1-24	24	3	6	12	18	22

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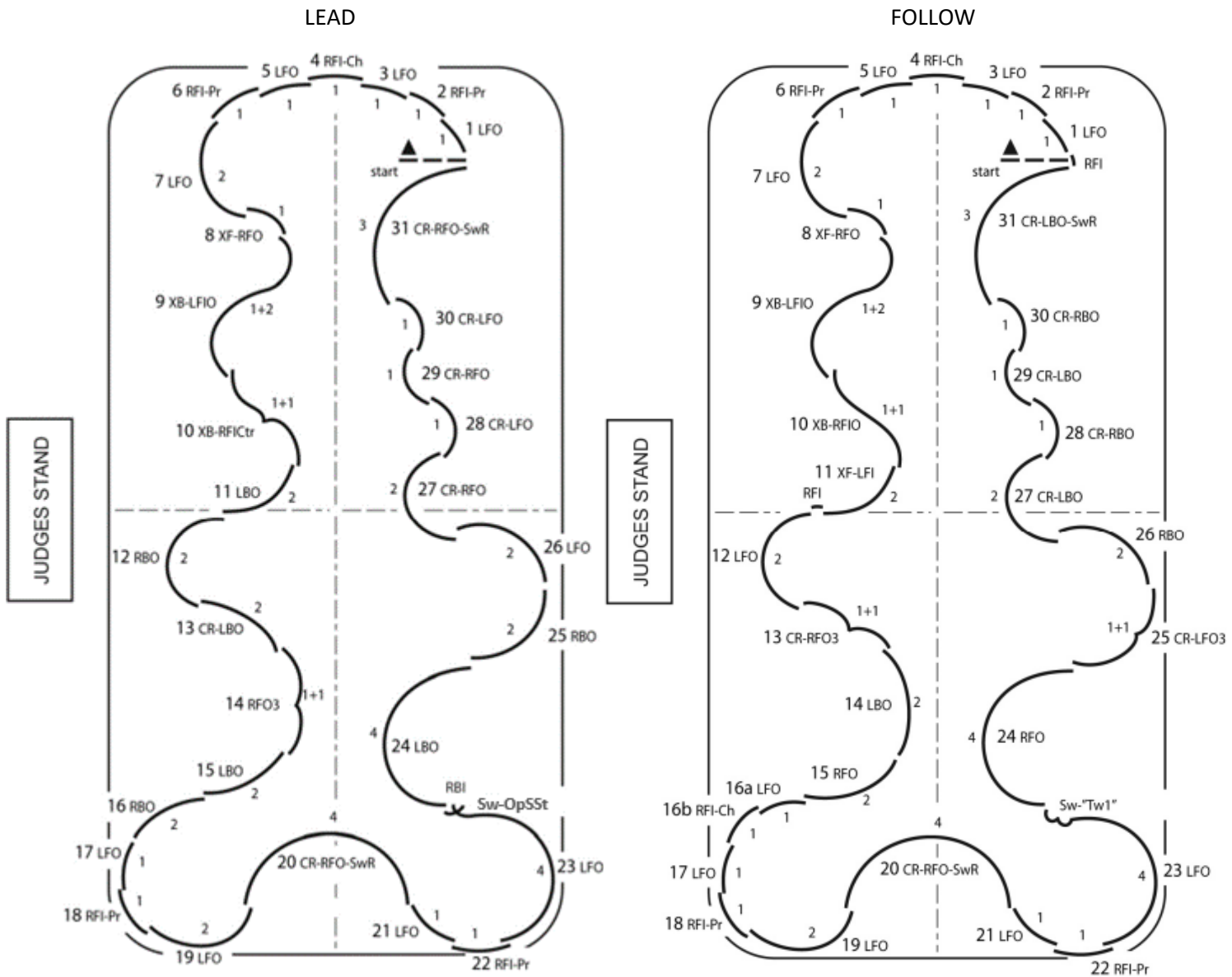
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PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Argentine Tango			
Music	Tempo	Pattern	
Tango 4/4	24 measures of 4 beats per minute 96 beats per minute +/- 2 beats per minute	Set	
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
34.2 – 35.8		68.4 – 71.6	

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
AT1Sq1, AT1Sq2	1 st Section	1-18	18	2	4	9	13	16
AT2Sq1, AT2Sq2	2 nd Section	19-31	13	1	3	7	10	12



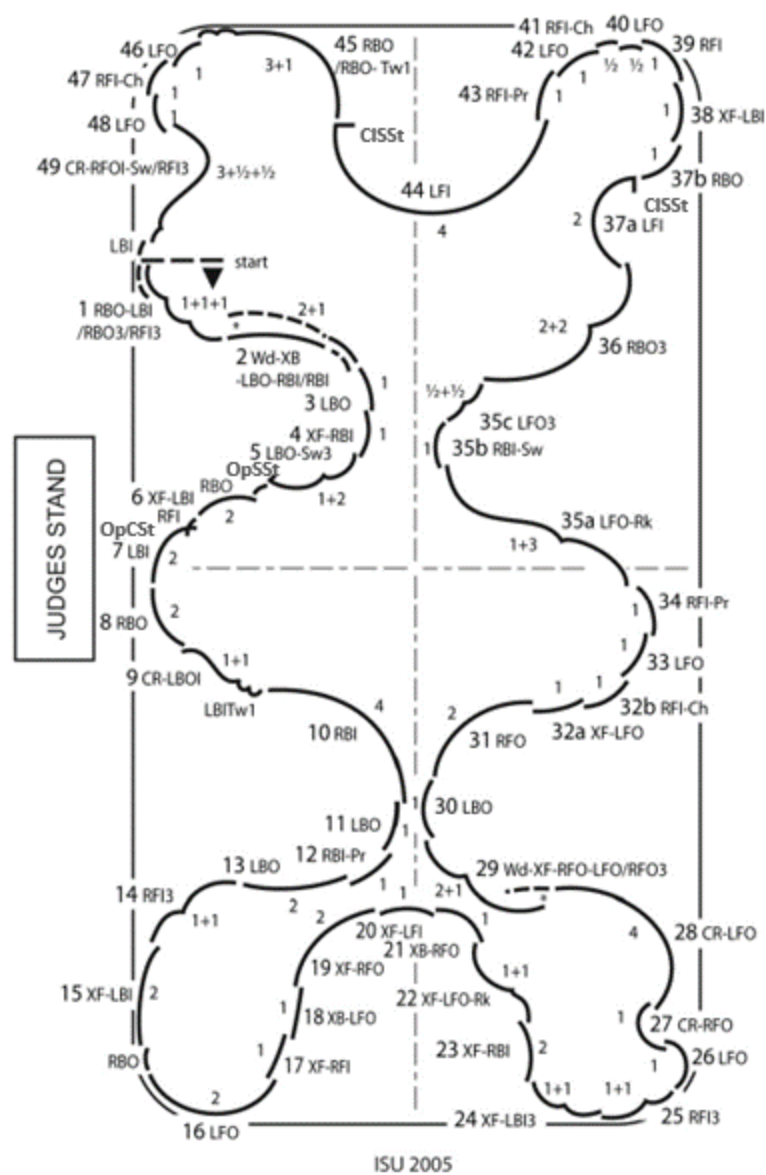
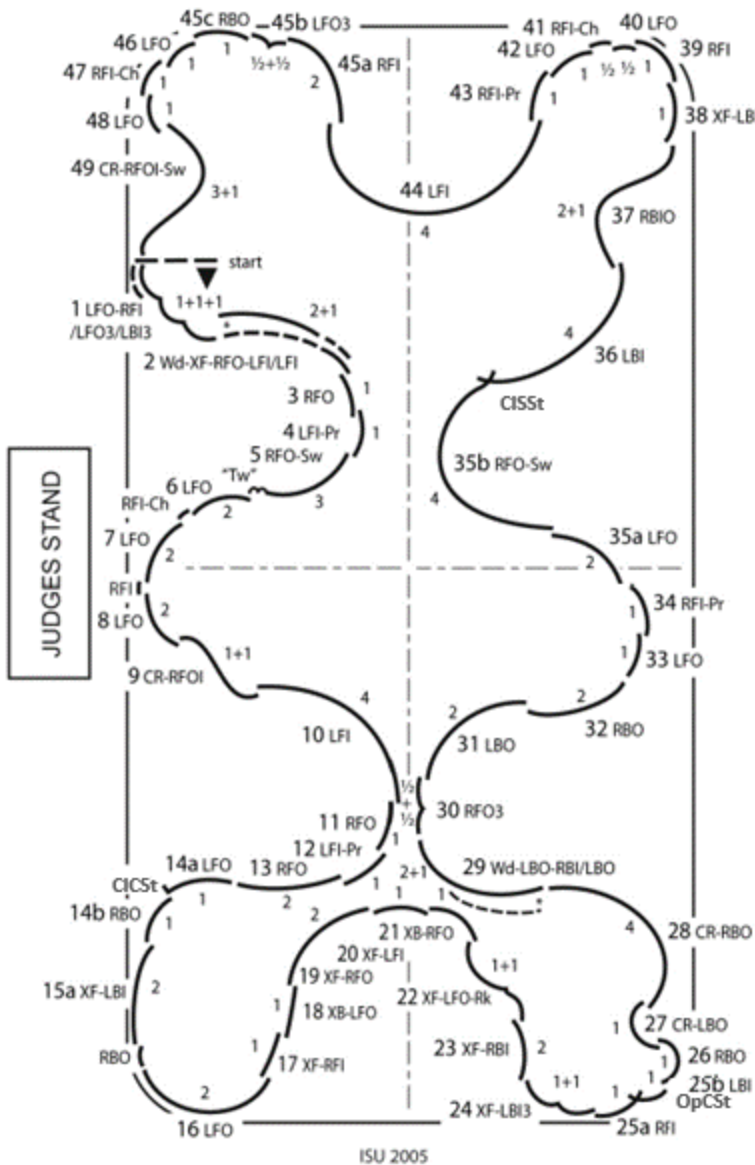
PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Tango Romantica			
Music	Tempo	Pattern	
Tango 4/4	28 measures of 4 beats per minute 112 beats per minute +/- 2 beats per minute	Optional	
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
50.63 – 52.36		101.04 – 104.72	

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TR1Sq1, TR1Sq2	1 st Section	1-27	28	3	7	14	21	25
TR2Sq1, TR2Sq2	2 nd Section	28-49	25	3	6	12	19	23

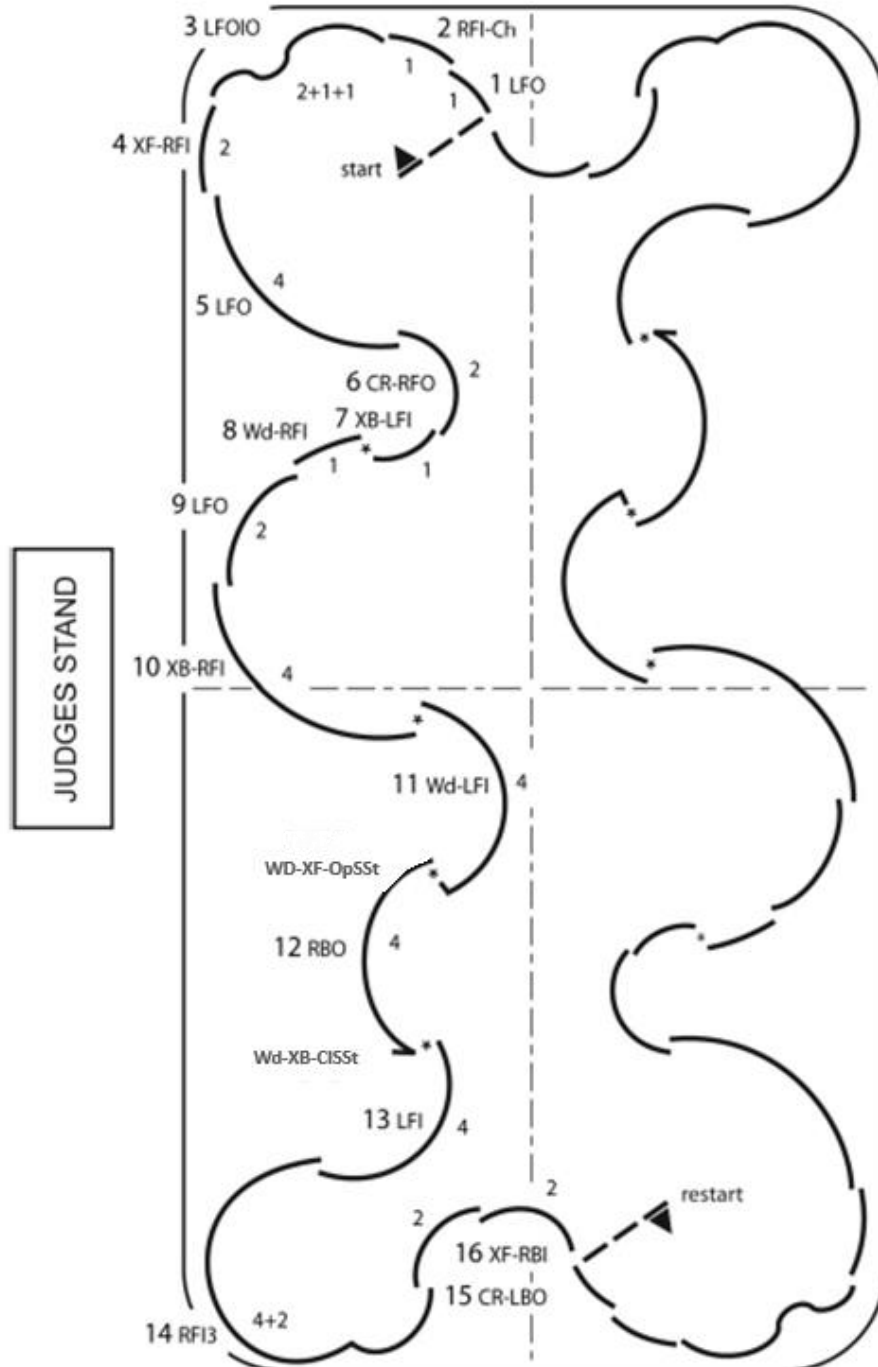
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PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Rhumba								
Music	Tempo							Pattern
Rhumba 4/4	44 measures of 4 beats per minute 176 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence					Duration in seconds from step #1 to last step			
14.8 – 15.2					59.2 – 60.8			
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
RH1, RH2, RH3, RH4	1 Section	1-16	16	2	4	8	12	14



PATTERN DANCES COMPETITION TECHNICAL REQUIREMENTS

Golden Waltz			
Music	Tempo	Pattern	
Waltz 3/4	62 measures of 3 beats per minute 186 beats per minute +/- 3 beats per minute	Optional	
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
57.4 - 58.7		114.8 - 117.4	

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
GW1Sq1, GW1Sq2	1 st Section	1-22	24	3	6	12	18	22
GW2Sq2, GW2Sq2	2 nd Section	23-47	32	3	8	16	24	29

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