



**SKATECANADA**  
**RED DEER SKATING CLUB**

**RED DEER**

**WESTERN REGIONAL ADULT COMPETITION**

**February 8<sup>th</sup>, 2014**

**ENMAX Centrium  
4847 B 19<sup>th</sup> Street  
Red Deer, Alberta**

Hosted by: Red Deer Skating Club



**Sanction #9022**

# HOST CLUB & EVENT INFORMATION

**Event Name:** Western Regional Adult Competition

**Event Dates:** February 8, 2014

**Host Club Name:** Red Deer Skating Club

**Competition/Registration Chairperson**

LUELLA FOULSTON  
LUELLACF@SHAW.CA/403-396-9009

**Technical Representative**

Krista Sellers  
kristasellers@mac.com/ 403-470-4378

Kelly Andres (on-site Tech Rep)  
keandres@telusplanet.net

**Arena Details**

Name: ENMAX Centrium  
4847 B 19<sup>th</sup> Street, Red Deer Alberta Canada  
403-309-0227  
www.westernerpark.ca  
Ice Surface Dimensions: 85ft x 200ft

**Registration Times:** Registration begins 1 hour before the event.

**Accommodation Information**

**Host Hotel: Days Inn Red Deer**

Address: #1000, 5001- 19<sup>th</sup> Street Red Deer  
Phone: 403-340-3297 Fax: 403-340-3274  
Toll Free: 1-800-daysinn  
Website: www.daysinn.ca

Room Rate: Book by January 7, 2014 code: CGRDS4  
\$ 115 plus tax/night Standard Room  
\$ 140 plus tax/night Family Suite  
- includes Daybreak Café Breakfast, wireless HS internet, waterslide

# GENERAL INFORMATION

1. The Event is being held under the current rules of the Association Official Rulebook (revised 2000) and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook, 5000 Competitive Program. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

**CATEGORIES:** The following Categories are to be held:

- Adult Intro Open Freeskate
- Adult Bronze Freeskate
- Adult Silver Freeskate
- Adult Gold Freeskate
- Adult Masters Freeskate
- Adult Competitive Freeskate
  
- Adult Pre-Introductory Interpretive
- Adult Introductory Interpretive
- Adult Bronze Interpretive
- Adult Silver Interpretive
- Adult Gold Interpretive
- Adult Open Couples Interpretive
  
- Preliminary Adult Couples Dance (Canasta Tango and Baby Blues)
- Junior Bronze Adult Couples Dance (Fiesta Tango and Willow Waltz)
- Senior Bronze Adult Couples Dance (Fourteenstep and European Waltz)
- Junior Silver Adult Couples Dance (Keats Foxtrot and Harris Tango)
- Senior Silver Adult Couples Dance (Paso Doble and Blues)
- Gold Adult Couples Dance (Quickstep and Argentine Tango)

**Note: Number of sequences to be skated are as per evaluated test requirements**

- Adult Silver Free Dance
- Adult Gold Free Dance
  
- Introductory Team Event\*
- Bronze Team Event\*
- Silver Team Event\*
- Gold Team Event\*
- Masters Team Event\*
- Competitive Team Event\*

\*See Page 6 of announcement for event details

**ALL CATEGORIES MUST FOLLOW THE SKATE CANADA 2013-2014 WELL BALANCED PROGRAM CRITERIA AS POSTED ON MEMBERS ONLY AT [www.skatecanada.ca](http://www.skatecanada.ca)**

**Adult:**

Technical & Programs → AdultSkate → 2013-2014 AdultSkate Pre-Event Technical Package

2. **ENTRY FEES:**

<b>ENTRY FEES</b>		
<b>Events Offered</b>	<b>Fees</b>	<b>Fees Second Event</b>
Adult Freeski: Intro Open - Competitive	\$80 per skater	\$60 per skater
Adult Interpretive: Pre-Introductory – Gold	\$80 per skater	\$60 per skater
Open Adult Couples Interpretive	\$80 per couple	\$60 per couple
Adult Couples Dance: Preliminary – Gold	\$80 per couple	\$60 per couple
Adult Free Dance: Silver, Gold	\$80 per couple	\$60 per couple
Adult Team Events: Introductory - Competitive	\$80 per team	N/A
All events will be judged using the CPC marking system dependent on official availability. If the required officials are unavailable, the 6.0 OBO closed marking system will be used.		

3. **PRACTICE ICE:** Practice ice may be available based on schedule and availability. Practice ice details will be distributed if practice ice is offered. NO music will be played during practice sessions.
4. **SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:** A schedule will be posted on the Section website ([www.skateabnwtun.com](http://www.skateabnwtun.com)).
5. **ENTRIES:** Entrants in Events shall be:
- a) Eligible persons as defined in Skate Canada Rule Book Section 2100
  - b) Be Associate members in good standing of the Association.

**Restriction of Entries – IF NECESSARY ENTRIES MUST BE LIMITED TO ADHERE TO THE SECTION GUIDELINES FOR HOURS OF COMPETITION – COMPETITION MAY NOT BEGIN BEFORE 12 PM ON FRIDAY AND MAY NOT RUN MORE THAN 12 HOURS ON SATURDAY. COMPETITION MUST BE COMPLETED BY 5 PM ON SUNDAY**

**Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.**

6. **CLOSING DATE OF ENTRIES:** All entries must be received no later than **January 3, 2014**. In the event of a postal disruption it is the responsibility of the competitor to ensure that their entry is in to the Host Committee Registration person by the closing date, at their own expense. **ALL QUALIFYING TESTS MUST BE PASSED BY December 16, 2013.**
7. **LATE ENTRIES:** Late entries will be accepted at the discretion of the Technical Representative at **twice the entry fee until January 10, 2014**. No late entries will be accepted after this date.
8. **REFUND OF ENTRY FEES:** Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (Skate Canada Rule 7000 – 1.5 (2)). There will be no refunds given for medical pulls after the closing date of entries, no exceptions.
9. **MUSIC REGISTRATION: (Rule 5705)**  
Each skater or pair will provide: **2 CDs (1 marked “Master”)**  
**COPIES MUST BE TURNED IN AT REGISTRATION**  
Information regarding the requirements and standards for music are listed in the 2013 Alberta-NWT/Nunavut Section Technical Package (General) as posted on the Section’s website: [www.skateabnwtun.com](http://www.skateabnwtun.com)  
Competitors are responsible for the recovery of their own music at the completion of the Event.
10. **ACCIDENTS:** The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor’s person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

11. **REGISTRATION:** Skaters must register at least one hour prior to the start of their scheduled Category or practice. Music must be turned in at the time of first registration (**2 copies of music must be registered**). Skaters must report to the Ice Captain one hour prior to their scheduled Category. **Please refer to the Alberta-NWT/Nunavut Section Competition Package (General) for further details regarding music requirements.**
12. **FLIGHT SYSTEM:** If the number of competitors in a Category warrants it, a flight system will be used. Please refer to the 2013 Alberta-NWT/Nunavut Section Technical Package as posted on the Section's website: [www.skateabnwtun.com](http://www.skateabnwtun.com) for details. Events may be split into age categories as per the technical package if numbers warrant.
13. **EVENT SPECIFICATIONS:** In normal circumstances, each category offered at the competition will be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:
  - (a) Combine two or more categories in the same event when each category has fewer than three entries;
  - (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;
  - (c) Combine men and women in events when insufficient entries are registered in one to hold the event.The decision to combine events is at the discretion of the Technical Representative and the Host Committee. In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected. If a category is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.
15. **CANCELLATION OF EVENTS:** The host club reserves the right to cancel events.
16. **EVENT REGISTRATION & ELIGIBILITY:** Refer to the 2013 Alberta-NWT/Nunavut Section Technical Package as posted on the Section's website: [www.skateabnwtun.com](http://www.skateabnwtun.com) for details regarding skating up, technical requirements & entry/qualification restrictions.
17. **COACH ACCREDITATION:** All coaches must be minimally certified NCCP Primary STARSkate Certified and carry their Photo ID card indicating current membership within the Association and a valid First Aid certificate. Coaches may expect to register at the registration desk.
18. **WARM UP TIMES:** Skate Canada has standardized warm up times for all events. Refer to the 2013 Alberta-NWT/Nunavut Section Technical Package as posted on the Section's website: [www.skateabnwtun.com](http://www.skateabnwtun.com) for all warm up times.
19. **SKATING UP:** Skating up one level is allowed. However, competitors must register in **ONLY ONE** level of the same Category (ie, one freeskate, one elements, etc). When skating up program must meet the criteria for the higher level.
20. **AWARDS:** It is the responsibility of any skater receiving a medal to wear their skates and skating attire for the medal presentation.
21. **PICTURES & VIDEOS:** Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **PLEASE NOTE:** you may only take pictures or videos of your own skater.
22. **PROTEST POLICY:** Skate Canada Protest Policy for competitions using CPC will be followed. RULE 7301 (6) (4). In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative or Chief Referee.

## **ADDITIONAL TECHNICAL INFORMATION – TEAM EVENTS**

**This is intended as a fun event.** Teams will consist of 3 or 4 skaters from the same club. Teams may be mixed or similar. Coaches must be at ice surface with their skaters. Elements will be performed in isolation. **All teams will complete the first element before performing the next element.** Each team may decide in advance which skater will perform each element.

Team Events will be judged using the CPC marking system. All elements will be assigned levels as required. Elements will be awarded a GOE. There will also be two Program Component marks awarded, one for Performance/Execution and one for Interpretation. Teams are expected to have a team bow at the end which the Interpretation score will be based on. The Performance/Execution score will be based on the elements performed.

**Introductory Team Event:** No test requirements. Aimed for skaters competing in the Intro Open Freeskate Category.

1. Loop Jump
2. Backward Upright Spin; Freeleg /Foot Position Optional
3. Salchow/Toe Loop Combination jump
4. Forward Outside Spiral: **Unassisted** position; held for a minimum 3 seconds

**Bronze Team Event:** Must not have passed the complete Junior Bronze Free Skating Test or higher.

1. Flip Jump
2. Sit Spin; Basic position
3. Loop/ Loop Combination Jump.
4. Forward Outside Spiral; **Unassisted** position; held for a minimum 3 seconds

**Silver Team Event:** Must not have passed the complete Senior Bronze Free Skating Test or higher.

1. Axel
2. Camel/Sit Spin; Minimum 2 rotations in basic positions; Additional variations in each position to be permitted
3. Lutz/Loop Combination Jump.
4. Forward Spiral Sequence; one on each foot; edge optional; Variations of position **permitted**; held for a minimum of 3 seconds each

**Gold Team Event:** Must not have passed the complete Junior Silver Free Skating Test or higher.

1. Double Salchow Jump.
2. Flying Camel Minimum 3 rotations in basic position (Additional variation **permitted**).
3. Jump Combination consisting of 1 single and 1 double jump.
4. Spiral Sequence

**Masters Team Event:** Must not have passed the complete Senior Silver Free Skating Test or higher.

1. Double Toe Jump.
2. Combination spin; Minimum 2 positions; 1 change of foot.
3. Jump Combination; consisting of 1 single and 1 double jump (double **must** be second jump).
4. Spiral sequence

**Competitive Team Event:** May have passed the complete Senior Silver Free Skating Test or higher or any Competitive Test Pre-Novice or higher.

1. Double Flip Jump.
2. Spin Combination; with at least 3 positions and 1 change of foot.
3. Jump combination; consisting of at least 2 double jumps.
4. Spiral Sequence

**PLEASE NOTE THE FOLLOWING REQUIREMENTS FOR REGISTRATION:**

**REGISTRATION CHANGES:** There will be absolutely no changes accepted after January 17, 2014 unless due to an error made by the technical representative. This includes being registered in the wrong event. Please confirm which event to register in with your coach before submitting your registration.

**PLANNED PROGRAM SHEETS:** There will be no planned program sheets accepted at onsite registration. **Please complete the attached planned program sheet and submit with your registration form by the registration deadline.**

**2014 WESTERN REGIONAL ADULT COMPETITION**

**Event Entry Form**

**REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!!!**

**ONE REGISTRATION FORM PER EVENT**

Competitor's Name	Please circle: Male    Female		
Home Address and Postal Code			
Home & Emergency Phone Number			
Home Email Address			
Skate Canada Number	Health Care Number		
Date of Birth	Day	Month	Year
Name of Home Club			
Club Contact Person			
Home Club Email & Phone			
Signature of Home Club Officer			
This signature acts as a verification that this person is a member in good standing and test levels are as stated			
Name of Coach			
Signature of Coach			
This signature acts as a verification that this person is entering the correct event as permitted by test levels			
Category Entering (Men's, Ladies, Interpretive, etc)			
Level (Introductory - Gold)			
Music Time			
Interpretive Title (If applicable)			
Test Qualifications (highest passed)	Freestyle:	Elements:	Skating Skills:
	Dance:	Interpretive:	Competitive:
*Competitive test equivalencies must be taken into account when registering for Test Stream Events			

**NOTE: Competitors entering more than one Category must complete an entry form for EACH Category**  
**For those Categories with an age restriction, a copy of the birth certificate or other proof of age must be submitted with the entry form.**

<b>RETURN FORM TO:</b>	<b>Luella Foulston</b> 23 Fern Road Red Deer, Alberta T4N 4Z3	<b>BY:</b>	<b>January 3, 2014</b>
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<b>ENTRY FEES:</b> See Page 4	<b>CHEQUES PAYABLE TO:</b> Red Deer Skating Club
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**Participant's Release**

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

Participant's Name (print):	Participant's Signature:
Date:	
If under the age of 18 years:	
Parent's Signature:	Address:



**2014 WESTERN REGIONAL ADULT COMPETITION**

Forms may be returned if not completed in full and signed.

**Pair or Team Events Entry Form**

**Submit one entry form (and payment) per couple or team**

Team Name			
Team Members 1.		2.	
3.		4.	
Emergency Phone #			
Name of Home Club			
Club Contact Person		Club Contact Phone #	
Club E mail address		Club Fax #	
Name of Coach		Coach Phone #	
Circle in which event the team is registering.	<b>Team Event</b>		
	Introductory Bronze Silver Gold Masters Competitive		
Test Qualifications (highest passed amongst the team)	Freestyle	Interpretive	Competitive

<b>RETURN FORM TO:</b>	<b>Luella Foulston 23 Fern Road Red Deer, Alberta T4N 4Z3</b>	<b>BY:</b>	<b>January 3, 2014</b>
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**Cheques Payable to: Red Deer Skating Club**

**Entry Fees: Team event – \$80 per Team**

**Participant's Release**

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Signature of Home Club Officer	Coaches signature verifying accuracy of entry	
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Date		

# Planned Program Content

<b>Date:</b>
<b>Section/ Club:</b>
<b>Category:</b>
<b>Name of Competitor(s):</b>

## ELEMENTS IN ORDER OF SKATING

Elements SP

Elements FS