

## SOLO ICE DANCE COMPETITIONS

The following information is being released to provide the essential information for coach and athlete to begin preparations for the 2015-2016 season. The complete technical package will be released in the summer of 2015. Please monitor the ISU website for the publication of further information ([www.isu.org](http://www.isu.org)).

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### **SOLO PATTERN DANCE:**

**PRE-JUVENILE:** Must have passed the complete Junior Bronze Dance test or higher. Skaters will complete two pattern dances. Results will be the average score of the two dances (i.e.,  $0.5 * (\text{dance 1 score}) + 0.5 * (\text{dance 2 score})$ ). Two dances will be skated as chosen by the Section:

**JUVENILE:** Must have passed the complete Junior Bronze Dance test or higher. Skaters will complete two pattern dances. Results will be the average score of the two dances (i.e.,  $0.5 * (\text{dance 1 score}) + 0.5 * (\text{dance 2 score})$ ). Two dances will be skated as follows:

- Willow Waltz
- Foxtrot

**PRE-NOVICE:** Must have passed the complete Junior Bronze Dance test or higher. Skaters will complete two pattern dances. Results will be the average score of the two dances (i.e.,  $0.5 * (\text{dance 1 score}) + 0.5 * (\text{dance 2 score})$ ). Two dances will be skated as follows:

- Starlight Waltz
- Harris Tango

**NOVICE:** Must have passed the at least two pattern dances from the Gold Dance Test or higher. Skaters will complete two pattern dances. Results will be the average score of the two dances (i.e.,  $0.5 * (\text{dance 1 score}) + 0.5 * (\text{dance 2 score})$ ). Two dances will be skated as follows:

- Starlight Waltz
- Argentine Tango



**OPEN SOLO SHORT DANCE:**

**Test and Age Requirements:** Open to athletes who have passed the complete Senior Silver Dance test and who are under the age of 21.

**Program Requirements:**

<b>OPEN Solo Short Dance</b>	
<b>Time</b>	2:50 +/- 10 seconds
<b>Rhythm Specifications</b>	Waltz, plus any number of the following rhythms: Foxtrot, March, Polka
<b>Elements</b>	To follow ISU Junior Short Dance requirements.
<b>Required Pattern Dance Sequence(s)</b>	Starlight Waltz

The tempo of the chosen rhythm(s) must meet the following specifications:

<b>OPEN SOLO SHORT DANCE</b>	
Specified Pattern Dance Rhythm	Starlight: 58 measures of 3 beats per minute or 174 beats per minute +/- 2 beats per minute
Optional Second Rhythm	Waltz, plus any number of the following rhythms: Foxtrot, March, Polka rhythms are as described in the ISU Dance Rhythms Booklet 1995.