

OK REGION CHAMPIONSHIPS SCHEDULE
ARMSTRONG, BC

MARCH 2-4, 2012

REVISED

FRIDAY MARCH 2, 2012

3:00PM PRE PRELIMINARY WOMEN GROUP 1
3:35 PRE PRELIMINARY WOMEN GROUP 2
4:10 PRE PRELIMINARY WOMEN GROUP 3
4:45 FLOOD
5:05 PRE PRELIMINARY WOMEN GROUP 4
5:35 PRE PRELIMINARY WOMEN GROUP 5
6:05 PRE INTRODUCTORY INTERPRETIVE
6:45 FLOOD
7:00 JR SILVER WOMEN
7:25 PRE NOVICE WOMEN SHORT
8:00 FINISH

SATURDAY MARCH 3, 2012

8:00AM PRELIMINARY WOMEN GROUP 1
8:35 PRELIMINARY WOMEN GROUP 2
9:15 PRELIMINARY WOMEN GROUP 3
9:55 PRELIMINARY WOMEN GROUP 4
10:35 FLOOD
10:55 INTRODUCTORY INTERPRETIVE
11:25 PRE NOVICE WOMEN FREESKATE
12:05PM PRE JUVENILE WOMEN
12:45 JUVENILE WOMEN
1:30 FLOOD
1:50 PRE PRELIMINARY MEN
2:05 JUVENILE MEN & NOVICE MEN FREESKATE
2:25 NOVICE WOMEN SHORT
3:05 JUNIOR WOMEN SHORT & SENIOR WOMEN SHORT
3:40 BRONZE INTERPRETIVE
4:10 FLOOD
4:30 GOLD INTERPRETIVE
4:40 PERFORMANCE PROGRAM GROUP 2
5:00 GOLD LADIES
5:20 PRELIMINARY ELEMENTS
6:05 FLOOD
6:25 BRONZE ELEMENTS
7:20 SILVER ELEMENTS
7:40 GOLD ELEMENTS
8:20 FINISH

OK REGION CHAMPIONSHIPS
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ARMSTRONG, BC

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SUNDAY MARCH 4, 2012

8:30AM	JR BRONZE WOMEN 12 & UNDER
8:45	JR BRONZE WOMEN 13 & OVER
10:00	FLOOD
10:20	SR BRONZE WOMEN
11:20	NOVICE WOMEN FREESKATE
12:00PM	JUNIOR WOMEN FREESKATE
12:30	FLOOD
12:50	PERFORMANCE PROGRAM GROUP 1
1:10	PERFORMANCE PROGRAM GROUP 3
1:30	PERFORMANCE PROGRAM GROUP 4
1:50	PERFORMANCE PROGRAM GROUP 5
2:10	FINISH