

Practice - Friday, 24 January

Start	End	Time	Team	Event	Club
8:00	8:10	0:10		1 Ice X-odus	Lower Mainland Synchronized SC
8:10	8:20	0:10		2 Black Gold	Calgary Synchronized SC
8:20	8:30	0:10		3 Essence	Pacific Ice Synchronized SC
8:30	8:40	0:10		4 Coquitlam Ice Evolution	Coquitlam SC
8:40	8:50	0:10		5 Edmonton Ice Edition	Gateway SC
8:50	9:10	0:20		FLOOD	
9:10	9:20	0:10		6 Ice X-quisite	Lower Mainland Synchronized SC
9:20	9:30	0:10		7 Edmonton Northern Lites	Figure 8 SC
9:30	9:40	0:10		8 Ice Vizion	Juan de Fuca SC
9:40	9:50	0:10		9 Infinity	Pacific Ice Synchronized SC
9:50	10:00	0:10		10 Black Gold	Calgary Synchronized SC
10:00	10:20	0:20		FLOOD	
10:20	10:30	0:10		11 Coquitlam Ice Evolution	Coquitlam SC
10:30	10:40	0:10		12 Ice Silhouette	Aldergrove FSC
10:40	10:50	0:10		13 Edmonton Northern Lites	Figure 8 SC
10:50	11:00	0:10		14 Ice X-cel	Lower Mainland Synchronized SC
11:00	11:10	0:10		15 Black Ice	Aldergrove FSC
11:10	11:30	0:20		FLOOD	
11:30	11:40	0:10		16 Edmonton Ice Eclipse	Edmonton Synchronized SC
11:40	11:50	0:10		17 Black Gold	Calgary Synchronized SC
11:50	12:00	0:10		18 Edmonton Northern Lites	Figure 8 SC
12:00	12:10	0:10		19 Edmonton Edge	Edmonton Synchronized SC
12:10	12:20	0:10		20 Mini Duncanettes	Duncan FSC
12:20	12:40	0:20		FLOOD	
12:40	12:50	0:10		21 Snowflakes	Aldergrove FSC
12:50	13:00	0:10		22 Langley Crystal Brites	Langely FSC
13:00	13:10	0:10		23 Duncanettes	Duncan FSC
13:10	13:20	0:10		24 Lethbridge Ice Angels	Lethbridge FSC
13:20	13:30	0:10		25 Ice Angels	Aldergrove FSC
13:30	13:50	0:20		FLOOD	
13:50	14:00	0:10		26 Ice X-pectation	Lower Mainland Synchronized SC
14:00	14:10	0:10		27 Team Technique	Maple Ridge SC
14:10	14:20	0:10		28 Edmonton Icicles	Edmonton Synchronized SC
14:20	14:40	0:20		FLOOD	
14:40	14:50	0:10		29 Lethbridge Ice Angels	Lethbridge FSC
14:50	15:00	0:10		30 Odyssey	Pacific Ice Synchronized SC
15:00	15:10	0:10		31 Black Gold Open	Calgary Synchronized SC