

ELEMENTS

Skaters will warm up in groups of 6. While the first skater is executing their elements, the others will remain on the ice preparing to perform, at the same time keeping out of the way of the skater being judged (suggested scenario is to keep skaters between the blue line and the end of the ice surface). Each skater will complete all elements before the Referee calls the next skater.

NEW BEGINNING WITH COMPETITIONS IN 2013: Spirals have been changed to Spiral Sequence. Each required spiral sequence corresponds to the requirement at the applicable level in competition. Spirals will be identified as Base Level or No Level.

A Technical Official will identify the executed elements. Spins in Preliminary and Bronze categories will be called no higher than Level B. Spins in Silver and Gold may be identified up to Level 4. Note that the layback spin and cross foot spin in the Silver Elements category will both be identified as an Upright Spin (USp) to even out the points for women and men competing in the same event.

The Technical Official will identify the element as performed but will not invalidate an element if it is not according to requirements. This is the role of the judge(s). GOE must be -3 when the element is not according to requirements.

Examples:

- i. Requirement is combination spin with a change of foot (CCoSp) but the spin is identified as a combination spin (CoSp). GOE is -3 as this is the incorrect element.
- ii. Requirement is jump combination consisting of one single and one double jump or two double jumps. The jump is identified as 1F+1T+C. GOE is -3 as the requirement of at least one double jump has not been met.
- iii. Skater steps out of first jump of jump combination: Technical Official will identify the element as Jump +C. GOE is -3
- iv. Requirement is two forward spirals (one on each foot and each must be unsupported). Skater executes two forward spirals but the second spiral is supported. Spiral will be called NO LEVEL as it does not meet the requirements of the spiral sequence.
- v. Requirement is two spirals, one on each foot, no more than 4 steps between spirals. Skater executes a forward and a backward spiral, one on each foot but the knee and foot of the free leg of second spiral never gets higher than hip level. Spiral will be called NO LEVEL as it does not meet the requirements of the spiral sequence.

Element event criteria for all BC/YT competitions will be as follows:

Preliminary – must not have passed the complete Preliminary Free Skate test

Four elements to be performed:

1. Flip jump
2. Loop/Loop jump combination
3. Sit spin
4. Spiral Sequence- Two forward spirals, one on each foot and each must be unsupported; no more than 4 steps between spirals

Bronze – must not have passed the complete Senior Bronze Free Skate test

Four elements to be performed:

1. Axel jump
2. Jump combination consisting of two single jumps or one single and one double
3. Combination spin with a change of foot
4. Spiral Sequence - Two spirals, one on each foot, no more than 4 steps between spirals

Silver – must not have passed the complete Senior Silver Free Skate test

Four elements to be performed:

1. Any double jump
2. Jump combination consisting of one single and one double jump or two double jumps
3. Flying sit spin or flying camel spin
4. Layback spin for ladies and cross foot spin for Men (both spins will be identified as USp)

Gold – may have passed the Gold Free Skate test

Four elements to be performed:

1. Single or double axel
2. Jump combination consisting of two double jumps
3. Flying combination spin with a change of foot
4. Bonus element – element of skater's choice (must not repeat any of the required elements)