

**Mountain Regional SYNCHRO COMPETITION 2013**

as of **Friday January 25, 2013**

	TEAM NAME/CLUB	CATEGORY	ROOM #	ENTER ROOM	AT ICE LEVEL	ON ICE	OFF ICE	EXIT ROOM
	<b>PRACTICE</b>							
			FLOOD					
1	LMSSC-ICE X-ODUS	ADULT 1	1	7:30	7:55	8:00	8:10	8:20
2	CALGARY BLACK GOLD	ADULT 1	2	7:40	8:05	8:10	8:20	8:30
3	PACIFIC ICE -ESSENCE	ADULT 1	3	7:50	8:15	8:20	8:30	8:40
4	COQUITLAM - ICE EVOLUTION	ADULT 1	4	8:00	8:25	8:30	8:40	8:50
5	EDMONTON ICE EDITION	ADULT 2	1	8:10	8:35	8:40	8:50	9:00
			FLOOD	8:50				
6	LMSSC ICE X-QUISITE	ADULT	2	8:40	9:05	9:10	9:20	9:30
7	EDMONTON NORTHERN LITES	ADULT	3	8:50	9:15	9:20	9:30	9:40
8	JUAN DE FUCA ICE VIZION	ADULT	4	9:00	9:25	9:30	9:40	9:50
9	PACIFIC ICE INFINITY	ADULT	1	9:10	9:35	9:40	9:50	10:00
10	CALGARY BLACK GOLD	ADULT 3	2	9:20	9:45	9:50	10:00	10:10
			FLOOD	10:00				
11	COQUITLAM - ICE EVOLUTION	ADULT 3	3	9:50	10:15	10:20	10:30	10:40
12	ALDERGROVE ICE SILHOUETTE	ADULT 3	4	10:00	10:25	10:30	10:40	10:50
13	EDMONTON NORTHERN LITES	ADULT 3	1	10:10	10:35	10:40	10:50	11:00
14	LMSSC - ICE X-CEL	PRE NOVICE	2	10:20	10:45	10:50	11:00	11:10
15	ALDERGROVE BLACK ICE	PRE NOVICE	3	10:30	10:55	11:00	11:10	11:20
			FLOOD	11:10				
16	EDMONTON ICE ECLIPSE	PRE NOVICE	4	11:00	11:25	11:30	11:40	11:50
17	CALGARY BLACK GOLD	PRE NOVICE	1	11:10	11:35	11:40	11:50	12:00
18	EDMONTON NORTHERN LITES	PRE NOVICE	2	11:20	11:45	11:50	12:00	12:10
19	EDMONTON EDGE	INTERMEDIATE	3	11:30	11:55	12:00	12:10	12:20
20	DUNCAN MINI DUNCANETTES	BEGINNER 1	4	11:40	12:05	12:10	12:20	12:30
			FLOOD	12:20				
21	ALDERGROVE SNOWFLAKES	BEGINNER 1	1	12:10	12:35	12:40	12:50	13:00
22	LANGLEY CRYSTAL BRITES	ELEMENATRY	2	12:20	12:45	12:50	13:00	13:10
23	DUNCAN DUNCANETTES	ELEMENATRY	3	12:30	12:55	13:00	13:10	13:20
24	LETHBRIDGE ICE ANGELS	JUVENILE	4	12:40	13:05	13:10	13:20	13:30
25	ALDERGROVE ICE ANGELS	JUVENILE	1	12:50	13:15	13:20	13:30	13:40
			FLOOD	13:30				
26	LMSSC ICE X-PECTATION	JUVENILE	2	13:20	13:45	13:50	14:00	14:10
27	MAPLE RIDGE TEAM TECHNIQUE	JUVENILE	3	13:30	13:55	14:00	14:10	14:20
28	EDMONTON ICICLES	JUVENILE	4	13:40	14:05	14:10	14:20	14:30
			FLOOD	14:20				
29	LETHBRIDGE ICE ANGELS	OPEN	1	14:10	14:35	14:40	14:50	15:00
30	PACIFIC ICE ODYSSEY	OPEN	2	14:20	14:45	14:50	15:00	15:10
31	CALGARY BLACK GOLD OPEN	OPEN	3	14:30	14:55	15:00	15:10	15:20

**Mountain Regional SYNCHRO COMPETITION 2013**

as of **January 22, 2013**

Saturday January 26, 2013		ROOM	ENTER	AT	ON	OFF	EXIT
TEAM NAME/CLUB	CATEGORY	#	ROOM	ICE LEVEL	ICE	ICE	ROOM
LMSSC-ICE X-ODUS	ADULT 1	1	9:30	9:55	10:00	10:08	10:18
CALGARY BLACK GOLD	ADULT 1	2	9:40	10:05	10:10	10:18	10:28
3 PACIFIC ICE -ESSENCE	ADULT 1	3	9:50	10:15	10:20	10:28	10:38
4 COQUITLAM - ICE EVOLUTION	ADULT 1	4	10:00	10:25	10:30	10:38	10:48
		FLOOD	<b>10:40</b>				
5 EDMONTON ICE EDITION	ADULT 2	1	10:30	10:55	11:00	11:08	11:18
6 LMSSC ICE X-QUISITE	ADULT 2	2	10:38	11:03	11:08	11:16	11:26
7 EDMONTON NORTHERN LITES	ADULT 2	3	10:46	11:11	11:16	11:24	11:34
8 JUAN DE FUCA ICE VIZION	ADULT 2	4	10:54	11:19	11:24	11:32	11:42
9 PACIFIC ICE INFINITY	ADULT 2	1	11:02	11:27	11:32	11:40	11:50
10 CALGARY BLACK GOLD	ADULT 2	2	11:10	11:35	11:40	11:48	11:58
		FLOOD	<b>11:50</b>				
11 COQUITLAM - ICE EVOLUTION	ADULT 3	3	11:40	12:05	12:10	12:18	12:28
12 ALDERGROVE ICE SILHOUETTE	ADULT 3	4	11:48	12:13	12:18	12:26	12:36
13 EDMONTON NORTHERN LITES	ADULT 3	1	11:56	12:21	12:26	12:34	12:44
<b>OPENING CEREMONIES</b>							
		FLOOD	<b>12:35</b>				
14 LMSSC - ICE X-CEL	PRE NOVICE	2	13:00	13:25	13:30	13:38	13:48
15 ALDERGROVE BLACK ICE	PRE NOVICE	3	13:08	13:33	13:38	13:46	13:56
16 EDMONTON ICE ECLIPSE	PRE NOVICE	4	13:16	13:41	13:46	13:54	14:04
17 CALGARY BLACK GOLD	PRE NOVICE	1	13:24	13:49	13:54	14:02	14:12
18 EDMONTON NORTHERN LITES	PRE NOVICE	2	13:32	13:57	14:02	14:10	14:20
		FLOOD	<b>14:10</b>				
19 EDMONTON EDGE	INTERMEDIATE	3	14:00	14:25	14:30	14:40	14:50
20 DUNCAN MINI DUNCANETTES	BEGINNER 1	4	14:10	14:35	14:40	14:47	14:57
21 ALDERGROVE SNOWFLAKES	BEGINNER 1	1	14:17	14:42	14:47	14:55	15:05
22 LANGLEY CRYSTAL BRITES	ELEMENATRY	2	14:27	14:50	14:55	15:02	15:12
23 DUNCAN DUNCANETTES	ELEMENATRY	3	14:37	14:57	15:02	15:10	15:20
		FLOOD	<b>15:10</b>				
24 LETHBRIDGE ICE ANGELS	JUVENILE	4	15:00	15:25	15:30	15:38	15:48
25 ALDERGROVE ICE ANGELS	JUVENILE	1	15:08	15:33	15:38	15:46	15:56
26 LMSSC ICE X-PECTATION	JUVENILE	2	15:16	15:41	15:46	15:54	16:04
27 MAPLE RIDGE TEAM TECHNIQUE	JUVENILE	3	15:24	15:49	15:54	16:02	16:12
28 EDMONTON ICICLES	JUVENILE	4	15:32	15:57	16:02	16:10	16:20
		FLOOD	<b>16:10</b>				
29 LETHBRIDGE ICE ANGELS	OPEN	1	16:00	16:25	16:30	16:40	16:50
30 PACIFIC ICE ODYSSEY	OPEN	2	16:10	16:35	16:40	16:50	17:00
31 CALGARY BLACK GOLD OPEN	OPEN	3	16:20	16:45	16:50	17:00	17:10

			FLOOD	17:00				
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## SECOND SKATE

Saturday January 26, 2013

		ROOM	ENTER	AT	ON	OFF	EXIT
TEAM NAME/CLUB	CATEGORY	#	ROOM	ICE LEVEL	ICE	ICE	ROOM
	ADULT 1	4	16:50	17:15	17:20	17:28	17:38
	ADULT 1	1	17:00	17:25	17:28	17:37	17:47
3	ADULT 1	2	17:07	17:32	17:37	17:46	17:56
4	ADULT 1	3	17:17	17:42	17:46	17:55	18:05
		FLOOD	<b>17:55</b>				
	PRE NOVICE	4	17:45	18:10	18:15	18:23	18:33
	PRE NOVICE	1	17:53	18:18	18:23	18:31	18:41
	PRE NOVICE	2	18:01	18:26	18:31	18:39	18:49
	PRE NOVICE	3	18:09	18:34	18:39	18:47	18:57
	PRE NOVICE	4	18:17	18:42	18:47	18:55	19:05
		FLOOD	<b>18:55</b>				
5	ADULT 2	1	18:45	19:10	19:15	19:23	19:33
6	ADULT 2	2	18:53	19:18	19:23	19:31	19:41
7	ADULT 2	3	19:01	19:26	19:31	19:39	19:49
8	ADULT 2	4	19:09	19:34	19:39	19:47	19:57
9	ADULT 2	1	19:17	19:42	19:47	19:55	20:05
10	ADULT 2	2	19:25	19:50	19:55	20:03	20:13
		FLOOD	<b>20:05</b>				
11	ADULT 3	3	19:55	20:20	20:25	20:35	20:45
12	ADULT 3	4	20:05	20:30	20:35	20:45	20:55
13	ADULT 3	1	20:15	20:40	20:45	20:55	21:05
<b>PRESENTATIONS - PRE NOVICE, ADULTS 1, ADULT 2, ADULT 3</b>							

Mountain Regional SYNCHRO COMPETITION 2013

as of January 22, 2013

	Sunday January 27, 2013		ROOM	ENTER	AT	ON	OFF	EXIT
	TEAM NAME/CLUB	CATEGORY	#	ROOM	ICE LEVEL	ICE	ICE	ROOM

14		BEGINNER 1	1	8:30	8:55	9:00	9:08	9:18
15		BEGINNER 1	2	8:38	9:03	9:08	9:16	9:26
16		ELEMENATRY	3	8:46	9:11	9:16	9:24	9:34
17		ELEMENATRY	4	8:54	9:19	9:24	9:32	9:42
			FLOOD	9:32				
18		JUVENILE	1	9:20	9:45	9:50	9:58	10:08
19		JUVENILE	2	9:28	9:53	9:58	10:06	10:16
20		JUVENILE	3	9:36	10:01	10:06	10:14	10:24
		JUVENILE	4	9:44	10:09	10:14	10:22	10:32
21		JUVENILE	1	9:52	10:17	10:22	10:30	10:40
			FLOOD	10:30				
	EDMONTON EDGE	INTERMEDIATE	2	10:20	10:45	10:50	11:00	11:10
29		OPEN	3	10:30	10:55	11:00	11:10	11:20
30		OPEN	4	10:40	11:05	11:10	11:20	11:30
31		OPEN	1	10:50	11:15	11:20	11:30	11:40

PRESENTATIONS - BEGINNER, ELEMENTARY, JUVENILE, OPEN