

2011 ARCTIC WINTER GAMES TRIALS
DECEMBER 3 - 4, 2011
Hosted by the INTERCLUB SKATING COMMITTEE &
Arctic Edge Skating Club

VENUE: Takhini Arena
 345 Range Road
 Whitehorse, Y.T.

Sanctioned by Skate Canada and held under the Rules of Skate Canada.

REGISTRATION:

Events are open to qualified female skaters who are registered members of Skate Canada in good standing. Competitors must have been born between 1994 and 2001. Skaters in the Preliminary events (Ladies 1) must be born 1999 or later. A competitor may register and compete in only one (1) category.

Competitors must meet the minimum and maximum test and age requirements for this competition as stated within the Test Qualifications Section (Attachment A) on this Technical Package as of November 15, 2011. Test qualification forms must be completed in accordance with Arctic Winter Games rules.

Canadian athletes who have qualified for Western Challenge or Junior Nationals or higher in 2010 or 2011 are considered elite and therefore not eligible to compete in the Arctic Winter Games.

Skaters may only register and compete in one category. **SKATERS MUST REGISTER PERSONALLY** at least ONE HOUR before their scheduled event.

MUSIC:

Upon Registration, each entry must provide 2 CD's, one for competition marked "Master" and one for backup marked "Copy".

Standard Specifications for CDs:

- Only one (1) program shall be recorded on CD.
- The start of the music shall be recorded CD at least 3 seconds following the head leader and not more than 5 seconds.
- Music shall be recorded at equal levels on both left and right channels in stereo.
- Music recording levels shall be a maximum of 0 Volume Units (OVU) and a minimum of -8 Volume Units (-8VU).
- CDs must be marked with the skater's name, home club, event and total music time (not skating time) and enclosed in their integral container, also marked accordingly.

The Competition Committee will accept no responsibility against damaged or lost CDs, but will take every precaution to safeguard them.

ICE SURFACE:

The Takhini Arena ice surface is 85 feet x 200 feet with slightly rounded corners.

ADMISSION:

Admission will be free of charge to all.

EVENT MARKING:

The CPC Scoring system will be used for all events.

Skaters in all events MUST submit a planned program sheet at time of registration. A blank planned program can be downloaded off of the AESC, BC Coast Region or BC Section websites. Any changes after that time can be emailed to Charlene Armstrong.

Two part events will be judged for a combined result.

ENTRIES:

- a. Skaters must meet the following minimum and must not exceed the following maximum qualifications for each competition category as of November 15, 2011. Skaters exceeding the maximum standards after this date are still eligible to compete.
- b. Closing date of entry is **November 15, 2011** and all entry forms must be completed and in the hands of the registrar AT NOON of this date.
- c. Late entries will not be accepted.
- d. **NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION FOR ANY REASON WHATSOEVER.**
- e. No "skating up" is permitted.
- f. Skaters may not be selected solely on the basis of their abilities in the Short Program competition.
- g. Where there are only the minimum eligible entries or less in an event, skaters must still skate, in order to qualify for the Arctic Winter Games team.

ENTRY FEES:

All events \$100.00

NOTE: YOUR ENTRY FEE MUST ACCOMPANY THE ENTRY FORM. Please make all cheques or money orders payable to INTERCLUB SKATING COMMITTEE and forward with your entry form to:

REGISTRAR:

**Charlene Armstrong
1105 Holly Street
Whitehorse, YT Y1A 4E4
(867) 668-7557 e-mail: cjddkk@northwestel.net**

Entries must be received by noon November 15, 2011

TEAM COMPOSITION:

The team will be comprised of a maximum of eight (8) skaters: the top two skaters from each of the four categories will be assigned to the Arctic Winter Games team. The third place skater in an event may be named as a team member should there be less than two entries in another event.

Warm-up times are as follows:

Ladies 1 and Ladies 2 4 minutes
Ladies 3 and Ladies 4 6 minutes

The duration of the warm-up periods may be reduced at the discretion of the referee to a minimum of three minutes. All warm-up periods for one event must be equal.

TEST QUALIFICATIONS:

Skaters must meet the following minimum and must not exceed the following maximum qualifications for each competition category as of November 15, 2011. Skaters exceeding the maximum standards after this date are still eligible to compete.

- Ladies 1:** Entrants in this category must have passed their:
- Complete Skate Canada Preliminary Free Skate Test but no higher
 - Complete United States Figure Skating Associations (USFSA) Preliminary Free Skate Test but no higher
 - Russian 2nd Youth Class but no higher
- Ladies 2:** Entrants in this category must have passed their:
- Complete Skate Canada Junior Bronze Free Skate Test but no higher
 - Complete USFSA Pre-Juvenile Free Skate Test but no higher
 - Russian 1st Youth Class but no higher
- Ladies 3:** Entrants in this category must have passed their:
- Complete Skate Canada Senior Bronze Free Skate Test or Juvenile Competitive Test but no higher
 - Complete USFSA Juvenile Free Skate Test but no higher
 - Russian 2nd Sport Class but no higher
- Ladies 4:** Entrants in these categories must have passed their:
- Complete Skate Canada Junior Silver or Senior Silver Free Skate Tests or Pre-Novice or Novice Competitive Tests but no higher
 - Complete USFSA Intermediate or Novice Free Skate Tests but no higher
 - Russian 1st Sport Class but no higher

EVENTS TO BE SKATED

Ladies 1

Short Program – Warm up time four (4) minutes. Program skate time one minute fifteen seconds (1:15) maximum that must be skated to music. The program must include:

- 1) One Lutz jump
- 2) Axel type jump (Waltz or Single Axel)
- 3) Single jump / Loop combination (Lutz or Axel may not be repeated)
- 4) Camel spin (minimum 3 rotations)
- 5) Combination spin minimum 2 positions (change of foot optional)
- 6) A straight line step sequence, must use full ice

Free Skate Competition: Warm up time four (4) minutes. Program skate time maximum one minute 30 seconds (1:30) in length (+/- 10 seconds).

Well Balanced Program Criteria (Canadian STARSkate – Preliminary Level)

All spins, step and spiral sequences will be called no higher than Level 1.

- 1) Maximum six jump elements:
 - a. All single jumps permitted and maximum one double jump which may be a Double Salchow or a Double Toe Loop
 - b. Must include at least one Axel type jump (Waltz or Single Axel)
 - c. Maximum two combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. No jump included more than twice. Repeated jumps must be in combination or sequence. The double jump may not be repeated.
- 2) Maximum of two spins of any nature:
 - a. Maximum one may be a flying spin
 - b. One spin of any nature
- 3) Maximum one step sequence or spiral sequence. The first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

Ladies 2

Short Program – Warm up time four (4) minutes. Program skate time one minute forty five seconds (1:45) maximum that must be skated to music. The program must include:

- 1) Axel
- 2) One other single or double jump. Double jumps may be up to and including a Double Loop.
- 3) Jump combination. May include 1 double jump. Axel or double jump above may not be repeated. Double jumps may be up to and including a Double Loop.
- 4) Combination spin, minimum 2 positions (change of foot optional)
- 5) Any flying spin
- 6) A straight line step sequence, must use full ice surface

Free Skate Competition – Warm up time four (4) minutes. Program skate time two minutes (2:00) (+/- 10 seconds) to music.

Well Balanced Program Criteria (Canadian STARSkate – Junior Bronze Level)

All spins, step and spiral sequences will be called no higher than Level 1.

- 1) Maximum of six jump elements.
 - a. All single jumps permitted and maximum two double jumps which may be up to and including a double loop.
 - b. Must include at least one Axel type jump (Waltz or Single Axel).
 - c. Maximum two combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. No jump included more than twice and if a jump is repeated it must be in combination or sequence. The double jumps may not be repeated.
- 2) Maximum of three spins.
 - a) One spin must be a combination spin with a change of foot.
 - b) One spin must be a flying spin.
 - c) Third spin of any nature.
- 3) Maximum one step sequence or spiral sequence. The first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

Ladies 3

Short Program – Warm up time five (5) minutes. Program skate time two minutes maximum (2:00) maximum that must be skated to music. The program must include:

- 1) Axel
- 2) Any double jump (excluding a Double Axel)
- 3) Jump combination. (Any jump combination consisting of a single and a double jump in any order. Axel or double jump above may not be repeated)
- 4) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof)
- 5) Flying camel spin, minimum 4 rotations
- 6) A straight line step sequence, must use full ice surface

Free Skate Competition – Warm up time five (5) minutes. Program skate time two minutes and thirty seconds (2:30) (+/- 10 seconds) to music.

Well Balanced Program Criteria: (Canadian STARSkate – Senior Bronze Level)

All spins, step and spiral sequences will be called no higher than Level 1.

- 1) Maximum of six jump elements.
 - a. All single and double jumps permitted except Double Axel.
 - b. Must include at least one Axel type jump (Waltz or Single Axel).
 - c. Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. No jump included more than twice and if a jump is repeated it must be in combination or sequence.

- 2) Maximum of three spins.
 - a. One spin must be a combination spin with a change of foot.
 - b. One spin must be a flying spin in one position with no change of foot.
 - c. One spin of any nature.
- 3) Maximum one step sequence or spiral sequence. The first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

Ladies 4

Short Program – Warm up time five (5) minutes. Program skate time 2 minutes and thirty seconds (2:30) maximum that must be skated to music. The program must include:

- 1) Axel or Double Axel
- 2) One double or triple jump (may not repeat Double Axel)
- 3) One jump combination consisting of two double jumps or one double and one triple jump
- 4) Layback or Sideways leaning spin, minimum 5 rotations
- 5) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof)- minimum 4 rotations on each foot
- 6) One step sequence, any pattern

Notes:

- Other than the 2A, no jump can be repeated unless as the first or second jump in the combination. Only one triple jump may be included in the program.
- No flying entry on any spin
- The spiral sequence will have only Level 1 or Level 0 options

Free Skate Competition – Warm up time five (5) minutes. Program skate time three minutes (3:00) (+/- 10 seconds) to music.

Well Balanced Program Criteria: (Canadian STARSkate – Junior & Senior Silver Level)

- 1) Maximum of six jump elements.
 - a. All jumps permitted.
 - b. Must include at least one Axel type jump (Waltz or Axel type).
 - c. Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d. No jump included more than twice and if a jump is repeated it must be in combination or sequence.
- 2) Maximum of three spins.
 - a. One spin must be a combination spin with at least one change of foot
 - b. One spin must be a flying spin in one position with no change of foot.
 - c. One spin of any nature.
- 3) Maximum one step or spiral sequence. The first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

Note: for All Levels re: a spin of any nature, the skater cannot repeat a spin that has already been performed (CPC code must be different).

2011 ARCTIC WINTER GAMES TRIALS

December 3 - 4, 2011

Registration Form

Closing date of entry is noon November 15, 2011. Make cheques payable to Interclub Committee. Your cancelled cheque is your receipt. Mail or deliver application and entry fee to: 4061 4th Avenue, Whitehorse, YT Y1A 1H1 or hand deliver to Charlene Armstrong.

Entry Fee for all events: **\$100.00**

NAME _____

SC# (10 numbers please) _____ HOME _____

CLUB _____

BIRTHDATE _____ (mm/dd/yy) AGE: _____
As of Nov.15/11

EVENT LEVEL _____

EMAIL: _____ ADDRESS _____

CITY _____ PROV/TERR _____ POSTAL CODE _____

PHONE _____

COACH _____ PHONE _____

HIGHEST TEST PASSED:

FreeSkate Test _____ Competitive Test _____

CERTIFICATION OF CLUB OFFICER AND PARENT

I hereby approve the entry of the above named competitor and certify that:

1. He/she is a member of my club in good standing.
2. To the best of my knowledge, he/she is eligible to enter the specified events.
3. The Interclub Skating Committee will not be liable for loss or injury.

DATED: _____

SIGNATURE OF TEST CHAIRMAN

SIGNATURE OF PARENT/GUARDIAN