

# CNCR REGIONAL CHAMPIONSHIPS ANNOUNCEMENT

January 20<sup>th</sup> – 22<sup>nd</sup>, 2017



**HOST: WILLIAMS LAKE SC**

## Hosted by the Williams Lake SC

[Online registration](#) must be completed by 11:45 pm, SUNDAY, DECEMBER 11<sup>TH</sup>, 2016. Instructions for entering can be found on Pages 7 & 8 of this Announcement.

**DATE:** January 20<sup>th</sup> – 22<sup>nd</sup>, 2017

**HOST:** Williams Lake FSC

**VENUE:** Cariboo Memorial Arena  
515 Proctor Street  
Williams Lake, BC, V2G 5J1

**ICE SURFACE** Rink 1 – 200ft x 80ft  
Rink 2 – 180ft x 80ft

**REGISTRAR:** Cheryl Walters  
[kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)  
250-302-9888 (Cell)  
250-398-5806 (Home)

**COMPETITION CHAIRPERSON:**  
Allison Seterengen  
[mom n toys@yahoo.ca](mailto:mom_n_toys@yahoo.ca)  
250-305-2953 (Home)  
250-302-1383 (Cell)

**Karelo Registration Questions:** Cheryl Walters  
Email: [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)

**TECHNICAL INQUIRIES:** Marilyn Kreuzinger  
Email: [kreuzfam@gmail.com](mailto:kreuzfam@gmail.com)

### EVENTS TO BE HELD & ENTRY INFORMATION

STAR 1	Girls	Boys	\$52.00
STAR 2	Girls	Boys	\$67.00
STAR 3	Girls	Boys	\$67.00
STAR 4	Girls U10	Boys	\$77.00
STAR 4	Girls U13		\$77.00
STAR 4	Girls 13 & O		\$77.00
STAR 5	Girls U10	Boys	\$77.00
STAR 5	Girls U13		\$77.00
STAR 5	Girls 13 & O		\$77.00
STAR 6	Women	Men	\$77.00
STAR 7	Women	Men	\$77.00
STAR 8	Women	Men	\$77.00
STAR 9	Women	Men	\$77.00
STAR 10	Women	Men	\$77.00
GOLD	Women	Men	\$77.00
Pre Juvenile	Women U11		\$77.00
Pre Juvenile	Women U13	Men U13	\$77.00
Juvenile	Women U12		\$77.00
Juvenile	Women U14	Men U14	\$77.00
Pre Novice	Women U16	Men U16	\$112.00
Novice	Women U17	Men U17	\$112.00
Pre Introductory Interpretive	Combined Women & Men		\$72.00
Introductory Interpretive	Combined Women & Men		\$72.00
Bronze Interpretive	Combined Women & Men		\$77.00
Silver Interpretive	Combined Women & Men		\$77.00
Gold Interpretive	Combined Women & Men		\$77.00
*Couples Introductory Interpretive			\$42.00 /per skater
*Couples Bronze Interpretive			\$42.00 /per skater
*Couples Silver Interpretive			\$42.00 /per skater
*Couples Gold Interpretive			\$42.00 /per skater
STAR 2 Elements	Combined Women & Men		\$37.00
STAR 3 Elements	Combined Women & Men		\$37.00
STAR 4 Elements	Combined Women & Men		\$37.00
STAR 5 Elements	Combined Women & Men		\$37.00
STAR 6 Elements	Combined Women & Men		\$37.00
STAR 7/8 Elements	Combined Women & Men		\$37.00
STAR 9/10 Elements	Combined Women & Men		\$37.00
GOLD Elements	Combined Women & Men		\$37.00
Open Elements	Combined Women & Men		\$37.00
STAR 2/3 Solo Pattern Dance	Combined Women & Men		\$47.00
STAR 4/5 Solo Pattern Dance	Combined Women & Men		\$47.00
STAR 6/7 Solo Pattern Dance	Combined Women & Men		\$47.00
STAR 8/9 Solo Pattern Dance	Combined Women & Men		\$47.00
STAR 10/Gold Solo Pattern Dance	Combined Women & Men		\$47.00
Quad Threat STAR 1	Combined Women & Men		\$47.00
Quad Threat STAR 2	Combined Women & Men		\$47.00
Quad Threat STAR 3/4	Combined Women & Men		\$47.00

Quad Threat STAR 5	Combined Women & Men	\$47.00
Quad Threat STAR 6- 8	Combined Women & Men	\$47.00
Quad Threat STAR 9 - Gold	Combined Women & Men	\$47.00
**Team Elements STAR 2		\$10.00
**Team Elements STAR 3		\$10.00
**Team Elements STAR 4		\$10.00
**Team Elements STAR 5		\$10.00
**Team Elements STAR 7/8		\$10.00
**Team Elements STAR 9/10		\$10.00
**Team Elements Gold		\$10.00
**Team Elements Open		\$10.00
Special O Level 1		\$62.00
Special O Level 2		\$62.00
Special O Level 3		\$62.00
Special O Level 4		\$62.00
Special O Level 5		\$62.00
Special O Level 6		\$62.00

\*Couples Interpretive Categories – a couple may consist of 2 women, 1 woman and 1 man or 2 men.  
Note rules relating to STARSkate illegal elements and/or movements apply to this category.

\*\*If time is a factor – Team Elements will be the first Event to be cancelled.

## **QUAD THREAT EVENTS**

**QUAD THREAT EVENTS - Skaters may enter Quad Threat OR Elements may NOT enter both Events. This does not apply to Team Elements.**

Quad Threat Events – Elements will be performed to a selected piece of music that will be electronically sent to all invited Clubs. Elements are performed in a solo type format. Elements may be performed in any order. STAR 1 and STAR 2 Events are to be choreographed on ½ ice. Skaters will be judged on the 3 required Elements and the Program Component “Presentation” will be awarded for the “THEATRICAL ASPECT” of the Program.

Note – the Choreography Sequence Elements may be skated in any order. However, they must be skated consecutively – footwork, crosscuts and steps may be used between the Elements.

**STAR 1 and STAR 2 will be assessed. Higher levels will be ranked.**

### **STAR 1 QUAD THREAT**

**Skating time: 45 secs**

Jump: Waltz jump

Spin: 1-foot spin

Choreographed Sequence: FWD Spiral/Drag

### **STAR 2 QUAD THREAT**

**Skating time: 45 secs**

Jump: Salchow

Spin: Back Spin

Choreographed Sequence: FWD Spiral/FWD Pivot

### **STAR 3/4 QUAD THREAT**

**Skating time: 1:00 min**

Jump: Lutz/Loop Combination

Spin: Sit Spin or Camel Spin

Choreographed Sequence: Spread Eagle (Inside or Outside) & BWD Spiral (Edge Optional)

### **STAR 5 QUAD THREAT**

**Skating time: 1:00 min**

Jump: Axel + Single or Double Toe Combination

Spin: Combination Spin (all 3 Positions) – no change of foot

Choreographed Sequence: Spread Eagle/Y Grab

### **STAR 6-8 QUAD THREAT**

**Skating time: 1:00 min**

Jump: Double Salchow or Double Toe Loop

Spin: Combination Spin (all 3 positions) with change of foot – Flying entry optional

Choreographed Sequence: 1 Spiral of any nature/Split Jump/BWD Pivot

### **STAR 9 – GOLD QUAD THREAT**

**Skating time: 1:15 min**

Jump: Double Loop/Double Loop Combination

Spin: BWD Entry Combination Spin with change of foot

Choreographed Sequence: Change edge spiral (assisted or unassisted), BWD Hydro Glide/FWD Pivot

Entry fees shall be refunded only if the competition is not held or if the entry is withdrawn before the closing date of entry. *NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION (December 11, 2016, FOR ANY REASON WHATSOEVER. (Skate Canada Rule 7000 A 1.5 (2)).*

**Competition Surcharge is included in the fees. All payments must be made online at the time of registration.**

**LATE ENTRIES WILL BE ACCEPTED AT THE DISCRETION OF THE CHIEF REFEREE AND THE LOC AND WILL BE CHARGED DOUBLE THE ENTRY FEE.**

[Online Registration](#) must be completed by 11:45 p.m. December 11<sup>th</sup>, 2016. Instructions for entering online can be found on page 7 of this announcement.

For all categories age shall be the age of the skater before July 1, 2016 and tests passed shall be as of December 11th, 2016 (closing date of entries). **Age categories may be combined if there are insufficient entries in an individual category.**

For event requirements and specifications, please refer to the 2016-2017 Skate Canada Technical Packages for Competitive and STAR posted on the [Technical pages](#) of the [Skating in B.C. website](#). The Solo Dance requirements are posted on the [STAR/STARSkate](#) page of the Skating in B.C. website and also on the CNCR Championships page.

**Note: In BC/YK competitions, Pre-Juvenile Singles program time allows the option of 2:00 or 2:30 (+/- 10 seconds).**

**PLANNED PROGRAM SHEETS** for ALL Free Skate events except STAR 1, 2, 3 and 4 must be emailed to [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca) no later than January 8<sup>th</sup> 2017. Skaters arriving to compete who have not submitted a planned program sheet will be charged a **\$20.00** fee when they register their music.

A tentative schedule of events and groups will be posted on the [Competition page](#) of the BC/YT Section and on the [CNCR](#) website. Any last minute changes to schedules will be posted on the websites and also at the arena. **Please note that events may start up to one hour earlier than scheduled.**

### GENERAL INFORMATION

1. Skaters may enter only one event per discipline. **If short and free programs are listed as separate events, then one short and one free program category may be entered.** Pre-Juvenile and Juvenile skaters may enter a STAR short program category in addition to the competitive free program. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
2. All categories: Should entries in an event be exceedingly large, the event will be divided into smaller groups according to age. Each group will be considered a final.
3. Should there be only one entry in an event, the competitor may skate for an evaluation\*, skate up one level, or withdraw and the entry fee will be refunded. \*Skating for an evaluation is only applicable to competitive categories and STAR/STARSkate Free skating categories. If a technical panel is not available the evaluation will be for Program Components only.
4. MARKING: Please see the STAR Technical Package on the [STAR/STARSkate Technical page](#) of the Section website for the marking criteria for each of the STAR and Supplementary Event categories. Note that the lower levels are all assessed with ribbons awarded. Competitive categories are all marked in CPC.
5. **In BC/YK Section competitions women and men will compete together in all STAR Supplementary events and Solo Dance events.**
6. REGISTRATION: Skaters must register at least one hour before their event is scheduled to start.
7. WARM UP TIMES:

STAR 2	3 minutes
STAR 3 -5	4 minutes
STAR 6 -10, Pre Juvenile	5 minutes
Juvenile, Pre Novice, Novice	6 minutes
Interpretive	3 minutes
Solo Dance	1 minute without music + 1 play through of SC music
Elements/Team Elements	3 minutes
Quad Threat	3 minutes
Special O	5 minutes

\* At the discretion of the Referee, the warm up periods may be reduced to a minimum of 3 minutes. All warm-up periods for one event must be equal.

8. MUSIC REQUIREMENTS:
- **ALL SKATERS IN FREE SKATING & INTERPRETIVE EVENTS MUST HAND IN A CD WITH THE EXCEPTION OF STAR 1.**
  - **Quad Threat Music will be provided by the Host Club.**
  - Only CD's will be accepted. Only one program shall be recorded on each CD.
  - The start of the music shall be recorded on the CD with less than two seconds of lead in.
  - Competitor's name followed by category, program type – short or free – and music time (not skating time) shall be clearly printed on one side of the CD.
  - Each CD shall be enclosed in a plastic case, also marked with the skater's name, home club, category, program type – short or free - and total music time.
  - Competitors must hand in their music at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each CD.
  - **A backup CD is a requirement of each competitor and should be at rink side during the skater's performance.**
9. COACHES: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
10. ADMISSION will be free to all.
11. AWARDS will be presented every hour on the hour.
12. There will be a photographer at this competition for official and action shots. Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **PLEASE NOTE:** you may only take pictures or videos of your own skater.
13. **Protest Policy:** Skate Canada Protest Policy for competitions using CPC will be followed. RULE 7301 (6) (4). In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative or Chief Referee.
14. Tests at Competitions: Intermediate & high tests can be tested during the competition and as per the CNCR Test at Competitions Policy this also includes all Interpretive tests. Skaters must be registered to compete in the same event they are testing in. The exception is skaters competing in a competitive category (Juvenile or higher) who may also apply for Junior Silver, Senior Silver or Gold Free Skate. In this case, the skater must pay for both Part 1 and Part 2. If the test is passed, they will be credited with the complete test. The cut-off date for the test requests is the registration deadline for the competition.

### **Online Registration Instructions**

**CNC Region has an online registration system with the company Karelo.com.** All registrations must be completed using this online system. [Click here](#) to register.

**The registration system will generate an automatic email to the skater's coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.**

### Using Karelo for the first time:

The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review Karelo's ['Privacy Policy'](#) for more details.

### Entering your registration:

If you have never used Karelo.com before, go to '[I am new to Karelo.com](#)' and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information. Enter your credit card information (Visa or MasterCard). This is a secure transaction. Your credit card is charged immediately.
3. You are registered! Check your email for the confirmation email with your registration details.

**IMPORTANT: If you and your coach DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. Please contact Cheryl Walters if this occurs.**

REGISTRAR: [Cheryl Walters - kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)

Technical problems with the online registration please contact:

Cheryl Walters: [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)

### Host Hotel Information:

**SPONSOR HOTEL**  
**Super 8 Williams Lake**  
**1712 Broadway Ave South,**  
**Williams Lake, BC V2G 2W4**  
**[1-250-398-8884](tel:1-250-398-8884)**

**89.99 (+ taxes) – Standard 2 Queen Room**

**Breakfast included**

**Book before Jan 4<sup>th</sup>, 2017**

**Quote – ‘CNCR Championships’**

**<https://www.wyndhamhotels.com/super-8/williams-lake-british-columbia/super-8-williams-lake-bc/overview>**