

# **CNCR REGIONAL CHAMPIONSHIPS ANNOUNCEMENT**

**JANUARY 22 – 24, 2016**



**HOST: PRINCE GEORGE FIGURE SKATING CLUB**

## Hosted by the Prince George Figure Skating Club

[Online registration](#) must be completed by 11:45 pm, Sunday, December 27, 2016. Instructions for entering on line can be found on Page 7 of this Announcement.

**DATE:** January 22- 24<sup>th</sup>, 2016

**HOST:** Prince George FSC

**VENUE:** Kin Centre  
2187 Ospika Blvd  
Prince George, BC  
V2N 6Z1

**ICE SURFACE:** Kin 2 – 100 x 85”  
Kin 3 – 100 x 85’

**REGISTRAR:** Leslie Jones  
[joannejones3@hotmail.com](mailto:joannejones3@hotmail.com)

**Karelo Registration Questions:** Jessica Goncalves  
Email: [goncalvesjess@hotmail.com](mailto:goncalvesjess@hotmail.com)

**TECHNICAL INQUIRIES:** Marilyn Kreuzinger [kreuzfam@gmail.com](mailto:kreuzfam@gmail.com)

### EVENTS TO BE HELD & ENTRY INFORMATION

STAR 1	Girls	Boys	\$52.00
STAR 2	Girls	Boys	\$67.00
STAR 3	Girls	Boys	\$67.00
STAR 4	Girls U10	Boys U10	\$77.00
STAR 4	Girls U13	Boys U13	\$77.00
STAR 4	Girls 13 & O	Boys 13 & O	\$77.00
STAR 5	Girls U10	Boys U10	\$77.00
STAR 5	Girls U13	Boys U13	\$77.00
STAR 5	Girls 13 & O	Boys 13 & O	\$77.00
Senior Bronze Free Skate	Women	Men	\$77.00
Junior Silver Free Skate	Women	Men	\$77.00
Senior Silver Free Skate	Women	Men	\$75.00
Gold Free Skate	Women	Men	\$77.00
Pre Juvenile	Women U11	Men U11	\$77.00
Pre Juvenile	Women U13	Men U13	\$77.00
Juvenile	Women U12	Men U12	\$77.00
Juvenile	Women U14	Men U14	\$77.00
Pre Novice	Women U16	Men U16	\$112.00
Novice	Women U17	Men U17	\$112.00
Pre Introductory Interpretive	Combined Women & Men		\$72.00
Introductory Interpretive	Combined Women & Men		\$72.00
Bronze Interpretive	Combined Women & Men		\$77.00
Silver Interpretive	Combined Women & Men		\$77.00
Gold Interpretive	Combined Women & Men		\$77.00
*Couples Introductory Interpretive			\$42.00 /per skater
*Couples Bronze Interpretive			\$42.00 /per skater
*Couples Silver Interpretive			\$42.00 /per skater
*Couples Gold Interpretive			\$42.00 /per skater
Intro Elements	Combined Women & Men		\$37.00
Elements 1	Combined Women & Men		\$37.00
Elements 2	Combined Women & Men		\$37.00
Elements 3	Combined Women & Men		\$37.00
Open Elements	Combined Women & Men		\$37.00
**STAR 3 Solo Dance (Preliminary)	Combined Women & Men		\$47.00
**Junior Bronze Solo Pattern Dance	Combined Women & Men		\$47.00
**Senior Bronze Solo Pattern Dance	Combined Women & Men		\$47.00
**Junior Silver Solo Pattern Dance	Combined Women & Men		\$47.00
**Senior Bronze Solo Pattern Dance	Combined Women & Men		\$47.00
**Gold Solo Pattern Dance	Combined Women & Men		\$47.00
***Quad Threat STAR 1	Combined Women & Men		\$47.00
***Quad Threat STAR 2	Combined Women & Men		\$47.00
***Quad Threat STAR 3 & 4	Combined Women & Men		\$47.00
***Quad Threat STAR 5	Combined Women & Men		\$47.00
***Quad Threat Intermediate	Combined Women & Men		\$47.00
***Quad Threat SR Bronze & JR Silver	Combined Women & Men		\$47.00
***Quad Threat SR Silver & Gold	Combined Women & Men		\$47.00
Special O Level 1			\$62.00

Special O Level 2		\$62.00
Special O Level 3		\$62.00
Special O Level 4		\$62.00
Special O Level 5		\$62.00
Special O Level 6		\$62.00

\*Couples Interpretive Categories (replace STARSkate Pairs) – a couple may consist of 2 women, 1 woman and 1 man or 2 men. Note rules relating to STARSkate illegal elements and/or movements apply to this category.

\*\*Note that the Solo Dance events are the STARSkate Dance categories – not the Skate Canada Pilot Solo Dance categories. Test requirements and dances to be skated for Preliminary to Gold are posted on [CNC Regionals Competition Page](#) of the Skating in BC website.

### **\*\*\*QUAD THREAT EVENTS**

**Quad Threat Events** – Elements will be performed to a selected piece of music that will be electronically sent to all invited Clubs. Elements are performed in a solo type format. Elements may be performed in any order. STAR 1 and STAR 2 Events are to be choreographed on ½ ice. Technical marks will be given for the 3 required elements and the Program Component “Presentation” will be awarded for the “THEATRICAL ASPECT” of the Program.

#### **STAR 1 QUAD THREAT**

**Skating time: 30 secs Max**

Jump: waltz jump

Spin: 1 foot spin

Choreographed Sequence: Drag & Bunny Hop

#### **STAR 2 QUAD THREAT**

**Skating time: 30 secs Max**

Jump: toe loop

Spin: Sit or Camel Spin

Choreographed Sequence: FWD Spiral (Edge Optional) & FWD Drag

#### **STAR 3 & 4 QUAD THREAT**

**Skating time: 45 Secs Max**

Jump: Flip/Loop Combination Jump

Spin: 2 basic position combination spin with change of foot (example, sit spin/backspin)

Choreographed Sequence: Spread Eagle (Inside or Outside) & BWD Spiral (Edge Optional)

#### **STAR 5 QUAD THREAT**

**Skating time: 45 Secs Max**

Jump: Axel + Single or Double Jump

Spin: One Position Flying Spin

Choreographed Sequence: Y Grab Spiral & BWD Shoot the Duck

#### **INTERMEDIATE QUAD THREAT**

**Senior Bronze/Junior Silver Level (or equivalent)**

**Skating time: 1:00 min Max**

Jump: Double Sow or Double Toe Loop

Spin: Back Entry spin Combo Spin

Choreographed Sequence: Ina Bauer, Spiral of any nature (may be assisted), Pivot

## SENIOR QUAD THREAT

Senior Silver/Gold Level (or equivalent)

Skating time: 1:00 min Max

Jump: Footwork into a Double Loop Jump

Spin: Combination Spin with COF (may have Features)

Choreographed Sequence: Change edge spiral (assisted or unassisted), Spread Eagle or Ina Bauer, Split Jump

Entry fees shall be refunded only if the competition is not held or if the entry is withdrawn before the closing date of entry. *NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION (December 27, 2015) FOR ANY REASON WHATSOEVER. (Skate Canada Rule 7000 A 1.5 (2)).*

**Competition Surcharge is now included in the fees. All payments must be made online at the time of registration.**

**LATE ENTRIES WILL BE ACCEPTED AT THE DISCRETION OF THE LOC AND WILL BE CHARGED DOUBLE THE ENTRY FEE.**

[Online Registration](#) must be completed by 11:45 p.m. Sunday, December 27, 2015. Instructions for entering online can be found on page 7 of this announcement.

For all categories age shall be the age of the skater before July 1, 2015 and tests passed shall be as of December 27, 2015 (closing date of entries). **Age categories may be combined if there are insufficient entries in an individual category.**

For event requirements and specifications, please refer to the 2015-2016 BC/YK STARSkate Technical Package and Skate Canada Competitive Program Requirements, posted on the Technical page of the [Skating in BC website](#). The STARSkate Solo Dance Draw and the Elements event requirements are posted on the [STARSkate page](#) of the [Skating in BC website](#)

**NOTE: In BC/YK competitions, Pre-Juvenile Singles program time allows the option of 2:00 or 2:30 (+/- 10 seconds) and STAR 2 program time allows the option of 1:30 or 2:00.**

**PLANNED PROGRAM SHEETS** for ALL Free Skate events except STAR 1, 2, 3 and 4 should be emailed TO: [joannejones3@hotmail.com](mailto:joannejones3@hotmail.com) no later than January 8, 2016. Skaters arriving to compete who have not submitted a planned program sheet will be charged a **\$20.00** fee when they register their music.

A tentative schedule of events and groups will be posted on the [Competition page](#) of the BC/YT Section and on the [CNCR](#) website. Any last minute changes to schedules will be posted on the websites and also at the arena. **Please note that events may start up to one half hour earlier than scheduled.**

Starting orders will be posted a minimum of 24 hours prior to the start of the competition.

## GENERAL INFORMATION

1. Skaters may enter only one event per discipline of Singles and Interpretive.
2. All categories: Should entries in an event be exceedingly large, the event will be divided into smaller groups according to age. Each group will be considered a final.

3. If an event has only one competitor, the skater will be informed and have the option of skating up an event, skating for an evaluation only, or withdrawing with a refund. Competitors may skate up one category higher than they are qualified.
4. MARKING: The CPC Scoring system will be used for all events with the exception of STAR 1, 2, 3 & 4. These categories are assessed. Skaters in STAR 1, 2 & 3 will receive a ribbon and a report card corresponding to their achievement. STAR 4 skaters will be ranked and skaters placing 1st, 2nd and 3rd will receive medals. All skaters in STAR 4 will receive a report card showing individual element assessments
5. REGISTRATION: Skaters must register at least one hour before their event is scheduled to start.
6. WARM UP TIMES:
 

STAR 2	3 minutes
STAR 3 -5	4 minutes
Senior Bronze to Gold Free Skate, Pre-Juvenile	5 minutes
Juvenile & Pre Novice	6 minutes
Interpretive	3 minutes
Elements	see Elements document
Solo Dance	1 minute without music + 1 play through of Skate Canada music
Quad Threat	3 minutes
Special O	6 minutes

\* At the discretion of the Referee, the warm up periods may be reduced to a minimum of 3 minutes. All warm-up periods for one event must be equal.

7. MUSIC REQUIREMENTS:
  - **ALL SKATERS IN FREE SKATING & INTERPRETIVE EVENTS MUST HAND IN A CD WITH THE EXCEPTION OF STAR 1.**
  - **Quad Threat Music will be provided by the Host Club.**
  - Only CD's will be accepted. Only one program shall be recorded on each CD.
  - The start of the music shall be recorded on the CD with less than two seconds of lead in.
  - Competitor's name followed by music time (not skating time) shall be clearly printed on one side of the CD.
  - Each CD shall be enclosed in its plastic container, also marked with the skater's name, home club, event and total music time.
  - Competitors must hand in their music at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each CD.
  - **A backup CD is a requirement of each competitor and should be at rink side during the skater's performance.**
8. COACHES: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
9. ADMISSION will be free to all.
10. AWARDS will be presented every hour on the hour.

11. There will be a photographer at this competition for official and action shots. Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **PLEASE NOTE:** you may only take pictures or videos of your own skater.
12. Protest Policy: Skate Canada Protest Policy for competitions using CPC will be followed. RULE 7301 (6) (4). In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative or Chief Referee.
13. Tests at Competitions: Testing will **not** take place at the CNCR Regional Championships.
14. Online Registration Instructions

**CNC Region has an online registration system with the company Karelo.com.** All registrations must be completed using this online system. [Click here](#) to register.

**NEW: The registration system will generate an automatic email to the skater's coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.**

#### **Using Karelo for the first time:**

The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the **SKATER's name and NOT the parent's name.**** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review Karelo's '[Privacy Policy](#)' for more details.

#### **Entering your registration:**

If you have never used Karelo.com before, go to '[I am new to Karelo.com](#)' and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information. Enter your credit card information (Visa or MasterCard). This is a secure transaction. Your credit card is charged immediately.
3. You are registered! Check your email for the confirmation email with your registration details.

**IMPORTANT: If you and your coach DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. Please contact Jessica Goncalves if this occurs.**

REGISTRAR: [joannejones3@telus.net](mailto:joannejones3@telus.net)

Technical problems with the online registration please contact: Jessica Goncalves: [goncalvesjess@hotmail.com](mailto:goncalvesjess@hotmail.com)