



**Vancouver, Canada
28th August – 3rd September 2016**

International Adult Figure Skating Competition

International Adult Competition
For
Men, Ladies, Pairs, Ice Dance and Synchronized Skating

Vancouver, Canada
28th August – 3rd September 2016

Competitions under the
Authorization and Support of the
INTERNATIONAL SKATING UNION



1. General

In 2016, two (2) International Adult Figure Skating Competitions will be held – One in Oberstdorf, Germany, 13th-18th June 2016; and one in Vancouver, Canada, 28th August – 3rd September 2016. These partner competitions will be held under the authorization and support of the International Skating Union. The provisions set out in this Announcement will govern both competitions.

Skaters meeting the eligibility requirements set out in this Announcement may choose to enter the International Adult Figure Skating Competition in Oberstdorf or the International Adult Figure Skating Competition in Vancouver without restriction. Participation in both International Adult Figure Skating Competitions is allowed.

The International Adult Figure Skating Competitions 2016 will be conducted in accordance with the ISU Constitution and General Regulations 2014, the ISU Special Regulations & Technical Rules Single & Pairs Skating and Ice Dance 2014, the Special Regulations & Technical Rules Synchronized Skating 2014, all pertinent ISU Communications, and this Announcement. If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this Announcement, the provisions set forth in this Announcement shall prevail.

The International Adult Figure Skating Competitions are considered to be “International Masters/Adult Competitions” as per Rule 107(11) of the ISU General Regulations. Participation in the International Adult Figure Skating Competitions 2016 is open to all skaters who belong to an ISU Member, and qualify with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in this Announcement and they meet the participation requirements.

A Competitor must be a member of a club which is itself a member of an ISU Member, or an individual member of an ISU Member. Competitors do not require any Clearance Certificate or any other permission from their ISU Member for entering the Competitions. Competitors must enter themselves. A competitor may enter as a member of only one ISU Member. In the case of pair skating and ice dance, both competitors in a team must enter as members of the same ISU Member.

The International Adult Figure Skating Competitions 2016 will include the following disciplines:

- Ladies and Men Free Skating
- Ladies and Men Artistic Free Skating
- Pair Free Skating
- Pair Artistic Free Skating
- Ice Dance - Pattern Dance
- Ice Dance - Short Dance
- Ice Dance - Free Dance
- Synchronized Skating

2. Entries

Participation in the Free Skating, Pairs Free Skating and Ice Dancing Disciplines at the International Adult Figure Skating Competitions 2016 is open only to Competitors who have reached at least the age of twenty-eight (28) before 1st July 2015, but who have not reached the age of seventy-nine (79) before 1st July 2015.

Age categories for ladies and men free skating events:

Class I	skaters born between	1st July 1977 and 30th June 1987
Class II	skaters born between	1st July 1967 and 30th June 1977
Class III	skaters born between	1st July 1957 and 30th June 1967
Class IV	skaters born between	1st July 1947 and 30th June 1957
Class V	skaters born between	1st July 1937 and 30th June 1947

For Pair Free Skating and all Ice Dance events both partners must have reached the age of 28 before 1st July 2015, and neither partner may have reached the age of 79 before 1st July 2015. A competitor may skate with only one and the same partner in each discipline (i.e. one partner only for Ice Dance events and one partner only for Pair Skating events).

For Synchronized Skating, at least three quarters (75%) of team members (not including reserves) must have reached at least the age of twenty-eight (28) before 1st July 2015, and must not have reached the age of seventy-nine (79) before 1st July 2015. A maximum of one quarter (25%) of the members of a team may be younger, but must have reached at least the age of twenty-five (25) before 1st July 2015. A team may include up to one quarter (25%) team members who are citizens of the country of another ISU Member, on the condition that permission is obtained from the ISU Member of the country of which the team member is a citizen. Such team members may compete under only one ISU Member in the same year (1st July 2015 to 30th June 2016).

A skater competing after 1st July 2015 in an ISU Championship, International Competition or National Championship of a Member Federation (other than an Adult International Competition or Adult National Championships) or a competition from which a skater qualifies for the National Championship of a Member Federation (other than an Adult National Championship) MAY NOT participate in this competition.

A skater competing prior to 1st July 2015 in an ISU Championship or National Championship of a member Federation or a competition from which a skater qualifies for the National Championship of a Member Federation MAY participate in this competition.

A skater meeting the age requirements of this competition, who competes in adult-only events (Free Skating, Pairs Free Skating, Ice Dance or Synchronized Skating) at a National Championships or competition from which a skater qualifies for the National Championships of a Member Federation MAY compete in this competition.

All other skaters of an ISU Member Federation who meet the age requirements may participate.

- Competitions in Ladies and Men Free Skating, Pattern Dance and Free Dance will be held at Bronze, Silver, Gold, Masters and Masters Elite levels.
- Competitions in Pair Free Skating, Pair Artistic Free Skating and Short Dance will be held at Adult, Masters and Masters Elite levels.
- It is expected that Competitors will enter at a level that is appropriate to their current skating ability.
- Competitors are not obliged to enter the same level as in previous years.
- An entry in an artistic category might be different from the entry in a category of any other discipline. For example, a skater may enter the Silver Free Skating event, and the Gold Artistic Free Skating event. Skaters may compete at only one (1) level within each discipline.
- The Masters Elite category is intended for those skaters who competed previously at the junior or senior level in national or international competition, but is not mandatory for such skaters.
- Coaches and their students are welcome to compete in all events.
- In Pair Skating and in Ice Dance it is expected that the pair or ice dance couple will enter at the skill level of the more skilled skater.

Skaters who compete in the International Adult Competitions cannot enter ISU sanctioned "International Senior Competitions," specified in ISU Rule 107, unless authorized by the ISU.

By entering into the International Adult Figure Skating Competition, the competitors agree and confirm that they will not enter another International Adult Competition, which in its title would use the words "ISU," "Championships," "World," "European" and "Continents" and/or that would not respect the ISU Regulations, in particular, but not limited to, the ISU Judging System.

The local organising committees reserve the right to refuse entries without reason given. Entry forms and payment are to be submitted directly by the skaters.

3. Technical Requirements – Free Skating

Free Skating	Elite Masters	Skaters entering this category will compete against other Elite Masters Free Single Skaters. The technical requirements are the same as those for the category "Masters Free Single Skating".
Free Skating	Masters	<p>A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:</p> <p>a. A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. There may be up to three (3) jump combinations or jump sequences in the free program.</p> <ul style="list-style-type: none">• One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps.• A jump combination may consist of the same or another single, double or triple jump.• A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.• Each listed jump may be repeated only once.• Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.).• Non-listed jumps may be included in the program as part of connecting footwork. <p>b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one must be a flying spin.</p> <ul style="list-style-type: none">• The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.• There must be a minimum of two (2) revolutions in each position or the position will not be counted. <p>c. A maximum of one (1) step sequence (StSq), fully utilizing the ice surface.</p> <ul style="list-style-type: none">• Only the first executed attempt of a step sequence will contribute to the technical score. <p>VOCAL MUSIC MAY BE USED</p> <p>Duration The maximum time is 3 minutes and 10 seconds, but may be less.</p> <p>Factor The points for each Program Component are multiplied by a factor of 1.6</p>

Free Skating Gold

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of six (6) jump elements, consisting of single jumps (including the single Axel) or double jumps. **Double Flip, double Lutz, double Axel and Triple jumps are not permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. Two (2) other jump combinations may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single or double jump, with the exception of the jumps in **bold** above.
 - A jump sequence may consist of any number of single and double jumps, with the exception of the jumps in **bold** above, that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only once.
 - Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin.
- The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one (1) step sequence (StSq), fully utilizing the ice surface.
- Only the first executed attempt of a step sequence will contribute to the technical score.
 - Only features up to Level 3 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

VOCAL MUSIC MAY BE USED

Duration The maximum time is 2 minutes and 50 seconds, but may be less.

Factor The points for each Program Component are multiplied by a factor of 1.6

Free Skating Silver

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps and triple jumps are not permitted.** There may be up to three (3) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single jump.
 - A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only once.
 - Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)
 - Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination.
 - The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one (1) choreographic sequence (ChSq), covering at least half of the ice surface.
 - Only the first executed attempt of a choreographic sequence will contribute to the technical score.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
 - The choreographic sequence commences with the first move and is concluded with the last move of the skater.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
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VOCAL MUSIC MAY BE USED

Duration	The maximum time is 2 minutes and 10 seconds, but may be less.
Factor	The points for each Program Component are multiplied by a factor of 1.6

Free Skating Bronze

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single jump.
 - A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only once.
 - Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)
- b. A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. **Flying spins are not permitted.**
- The spins must have a required minimum number of revolutions: three (3) for the spin in one position with no change of foot, four (4) for the spin combination with no change of foot and six (3 + 3) for the spin combination with change of foot or the spin in one position with change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one (1) choreographic sequence (ChSq), covering at least half of the ice surface.
- Only the first executed attempt of a choreographic sequence will contribute to the technical score.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
 - The choreographic sequence commences with the first move and is concluded with the last move of the skater.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

VOCAL MUSIC MAY BE USED

Duration
Factor

The maximum time is 1 minute and 50 seconds, but may be less.
The points for each Program Component are multiplied by a factor of 1.6

4. Technical Requirements – Pair Free Skating

Pair Free Skating	General	Each pair team must consist of one man and one lady.
Pair Free Skating	Masters Elite	Pairs entering this category will compete against other Elite Masters Pair Skaters. The technical requirements are the same as those for the category "Masters Pair Skating".
Pair Free Skating	Masters	<p>Masters pairs must perform a well-balanced program that may contain:</p> <ol style="list-style-type: none">a. A maximum of three (3) different lifts, one of which may be a twist lift.b. A maximum of two (2) throw jumps (single or double).c. A maximum of one (1) solo jump. Single, double and triple jumps are permitted.d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence with any number of jumps (only the two jumps with the highest value will count towards the technical score).e. A maximum of one (1) pair spin (pair spin or pair combination spin).<ul style="list-style-type: none">• The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin.• There must be a minimum of two (2) revolutions in each position or the position will not be counted.f. A maximum of one (1) solo spin.<ul style="list-style-type: none">• The spin must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.• There must be a minimum of two (2) revolutions in each position or the position will not be counted.g. A maximum of one (1) death spiral or pivot spiral (position optional).<ul style="list-style-type: none">• At least $\frac{3}{4}$ revolution in pivot position by the man is required.h. A maximum of one (1) step sequence (StSq) or choreographic sequence (ChSq) that fully utilizes the ice surface.<ul style="list-style-type: none">• Only the first executed attempt of a step sequence or choreographic sequence will contribute to the technical score.• Only features up to Level 3 will be counted for the step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.• A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.

- The choreographic sequence commences with the first move and is concluded with the last move of the skater.
- The pattern is not restricted.
- A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

VOCAL MUSIC MAY BE USED

Duration The maximum time is 3 minutes and 10 seconds, but may be less.

Factor The points for each Program Component are multiplied by a factor of 1.6

Pair Free Skating

Adult

Pairs must perform a well-balanced program that may contain:

- a. A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum ½ revolution for the man and 1 revolution for the lady.
 - Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are **not** permitted.
 - Overhead lifts and twist lifts are **not** permitted.
 - A different take-off counts as a different lift.
- b. A maximum of one (1) single throw jump (including the throw axel).
 - Double and triple jumps are **not** permitted.
- c. A maximum of one (1) solo single jump (including the single axel).
 - Double and triple jumps are **not** permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence with any number of jumps (only the two jumps with the highest value will count for points).
 - Only single jumps are allowed (including the single axel).
 - Double and triple jumps are **not** permitted.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin).
 - The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) death spiral or pivot spiral (position optional).
 - At least ¾ revolution in pivot position by the man is required.
- g. A maximum of one (1) choreographic sequence (ChSq) that fully utilizes the ice surface.
 - Only the first executed attempt of a choreographic sequence will contribute to the technical score.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.

- The choreographic sequence commences with the first move and is concluded with the last move of the skater.
- The pattern is not restricted.
- A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

VOCAL MUSIC MAY BE USED

Duration The maximum time is 2 minutes and 50 seconds, but may be less.

Factor The points for each Program Component are multiplied by a factor of 1.6

5. Technical Requirements – Ice Dance

Ice Dance General Each couple must consist of one man and one lady. The man must skate the man’s steps and the lady must skate the lady’s steps. Each skater may compete with only one and the same partner in the Ice Dance competitions.

Pattern Dance Elite Masters Couples entering this category will compete against other Elite Masters Ice Dance Couples The technical requirements are the same as those for the category “Masters Pattern Dance”.

Pattern Dance Masters # 11 Golden Waltz (2 sequences)
#18 Cha Cha Congelado (2 sequences)

Pattern Dance Gold # 7 Viennese Waltz (3 sequences)
18 Cha Cha Congelado (2 sequences)

Pattern Dance Silver # 3 Rocker Foxtrot (4 sequences)
#23 Blues (3 sequences)

Pattern Dance Bronze # 2 Foxtrot (3 sequences)
4 European Waltz (2 sequences)

Factor The panel’s points for each Program component are multiplied by a factor of 0.7 (Rule 353, paragraph 1.m).
Determination of results in each Segment For events with two (2) Pattern Dances, the Total Score for each dance will be multiplied by a factor of 0.5 as per Rule 353, paragraph 1 b.

General requirements for Pattern Dance In accordance with ISU Rules 707, 708, Rule 353, paragraph 1.n) and ISU Communication No.1857 and No.1860, official ISU Pattern Dance music will be used, except that couples shall provide their own music for the following Pattern Dances:

- Foxtrot (Bronze)
- Blues (Silver)
- Viennese Waltz (Gold)
- Cha Cha Congelado (Masters/Masters Elite)

The music must be chosen in accordance with the rhythm of the Pattern Dance. The chosen music may be a tune from ISU Ice Dance music. In this case only

tunes 1 to 5 can be chosen and the music must be recorded on the skaters' own disc. A violation of tempo specifications will result in a 1.0 point deduction by the Referee. **Vocal music is allowed.**

For the application of Rule 708 paragraph 1.d) with music provided by the couple, it is specified that the start of the first step of the dance must be on beat 1 of a measure (unless otherwise specified in the description of the dance).

Rule 707, paragraph 4 provides that the Referee may announce the approximate location at which the Pattern Dances must be started. All Pattern Dances shall be started so that the steps of the first side of the pattern are skated in front of the Judges unless otherwise specified by the Referee. If the Referee changes the side to start, the change must be announced at the time of the first draw for starting order.

Tempo specification for the Pattern Dance music chosen by couples:

- (Bronze): Foxtrot - 25 measures of 4 beats per minute or 100 beats per minute, plus or minus 2 beats per minute
- (Silver): Blues - 22 measures of 4 beats per minute or 88 beats per minute, plus or minus 2 beats per minute
- (Gold): Viennese Waltz - 52 measures of 3 beats per minute or 156 beats per minute, plus or minus 3 beats per minute
- (Elite Masters and Masters): Cha Cha Congelado – 29 measures of 4 beats per minute or 116 beats per minute, plus or minus 2 beats per minute.

The Tempo throughout the required Sequences must be constant and in accordance with the required Tempo of the Pattern Dance (see ISU Handbook Ice Dance 2003) plus or minus 2 beats per minute.

The couple shall furnish competition music in accordance with Rule 343, paragraph 1.

The second Pattern Dance in each category will use ISU Ice Dance music that will be provided by the organizers.

The Pattern Dances will be judged without Key Points.

References: ISU Handbook Ice Dance 2003

Short Dance General

See: ISU Communication No. 1932, Ice Dance Requirements for Technical Rules Season 2015 / 2016. All Key Points & Key Points Features for Pattern Elements are described.

The composition of the Short Dance in the season 2015/16 is as follows: Waltz plus any number of the following rhythms: Foxtrot, March or Polka. The requirements for the Junior Short Dance described in ISU Communication 1932 are adjusted for the Adult Competition.

Short Dance	Elite Masters	Couples entering this category will compete against other Elite Masters Ice Dancers. The technical requirements are the same as for the category "Short Dance".
Short Dance	Masters	Couples entering this category will compete against other Masters Ice Dancers. (Recommended for gold level or above ice dancers.) The technical requirements are the same as for the category "Short Dance".
Short Dance	Adult	Couples entering this category will compete against others at the Adult Short Dance level. (Recommended for silver level ice dancers.)
	Required Short Dance Elements	<p>Dance: One (1) sequence of the Starlight Waltz divided into two (2) sections skated one after the other, Section 1 followed by Section 2, with Step # 1 skated on the Judges' left side.</p> <ul style="list-style-type: none">The Pattern Dance Elements must be skated on the Waltz Rhythm, in any Waltz style. The tempo of music throughout the Pattern Dance Elements must be constant and in accordance with the required Tempo of the Pattern Dance Element Starlight Waltz i.e., 58 measures of three beats or 174 beats per minute, plus or minus 3 beats per minute. <p>One (1) Short Lift is required. In addition, one (1) Transitional Dance Lift (up to 6 seconds), but no more, performed optionally after the required Dance Lift, is permitted.</p> <p>One (1) Not Touching Midline Step Sequence OR Not Touching Circular Step Sequence OR Not Touching Diagonal Step Sequence:</p> <ul style="list-style-type: none">Notes for Not Touching Circular Step Sequence:-In accordance with Rule 703, paragraph 4, this element must be performed in either the clockwise or anticlockwise direction, utilizing the full width of the ice surface on the short axis of the rink. <p>One (1) Set of Sequential Twizzles.</p> <p>Elements should be integrated into the composition of the dance so the concept and choreography must produce the feeling of a unified dance.</p> <p>The Dance Spin is not a Required Element. Nevertheless, a spinning movement skated by the couple together in any hold around a common axis on</p>

one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

Waltz Rhythms as well as Foxtrot, March and Polka Rhythms are described in the ISU Ice Dance Music Rhythms Booklet 1995.

Specifications:

- The description, chart and diagrams of the Pattern Dances are included in the ISU Handbook Ice Dance 2003.
- The concept and choreography must produce the feeling of a unified dance. The Pattern Dance elements may be skated anywhere in the Short Dance and should be integrated into the composition of the dance – there should not be the feeling that the rhythms are just put together without thought of how they fit together.

Note: as per ISU Communication 1860, paragraph 3, a Pattern Dance Element not started on the required beat must be penalized by Judges.

Music for the entire Short Dance (including music for specified Pattern Dance Elements) is provided by the couple.

VOCAL MUSIC MAY BE USED.

Duration The maximum time is 2 minutes and 50 seconds, but may be less.

Factor The panel's points for each Program component are multiplied by a factor of 0,8 (Rule 353, paragraph 1.m)

Free Dance

General

See: ISU Special Regulations, Section D. Free Dance, Rule 710 and all pertinent ISU Communications

The following are the Requirements for Music for Free Dance (Rule 710, paragraph 1.c). Music that does not adhere to these descriptions will be severely penalized.

The music for Free Dance may be vocal and must be suitable for Ice Dance as a sport discipline and must have the following characteristics:

- i) The music must have an audible rhythmic beat and melody, or audible rhythmic beat alone, but not melody alone, and may be vocal. The music may be without an audible rhythmic beat for up to ten (10) seconds at the beginning or end of the program and up to ten (10) seconds during the program.

ii) The music must have at least one change of tempo and expression. These changes may be gradual or immediate, but in either case they must be obvious.

iii) All music, including classical music, must be cut/edited, orchestrated or arranged in a way that it creates an interesting, colourful, entertaining dance program with different dance moods or a building effect.

iv) The music must be suitable for the Couple's skating skills and technical ability.

Free Dance music that does not adhere to these requirements will be penalized by a deduction (See Rule 353, paragraph 1.n).

Free Dance Masters Elite

Couples entering this category will compete against other Elite Masters Ice Dancers. The technical requirements are the same as those for the category "Gold Free Dance" (below.)

Free Dance Masters

Couples entering this category will compete against other Masters Ice Dancers. The technical requirements are the same as those for the category "Gold Free Dance" (below).

Free Dance Gold

Couples must perform a well-balanced program that may contain:

- a. A maximum of two (2) different Dance Lifts, one (1) Short Lift with a maximum duration of 6 seconds and one (1) Long Lift with a maximum duration of 12 seconds; **OR** three (3) different types of Short Lifts with a maximum duration of 6 seconds each.
- b. A maximum of one (1) Dance Spin (Spin or Combination Spin).
- c. A maximum of one (1) Circular Step Sequence in Hold, Style A.
- d. A maximum of one (1) Set of Synchronized Twizzles with up to three (3) steps between.

VOCAL MUSIC MAY BE USED.

Duration The maximum time is 3 minutes and 10 seconds, but may be less.

Factor The panel's points for each Program Component are multiplied by a factor of 1.2 (Rule 353, paragraph 1.m)

Free Dance Silver

Couples must perform a well-balanced program that may contain:

- a. A maximum of one (1) Short Lift, with a maximum duration of 6 sec.
- b. A maximum of one (1) Diagonal Step Sequence in Hold, Style B.
- c. A maximum of one (1) Set of Synchronized Twizzles with up to three (3) steps between.

- d. A maximum of one (1) Dance Spin (Spin or Combination Spin).

VOCAL MUSIC MAY BE USED.

Duration The maximum time is 2 minutes and 40 seconds, but may be less.

Factor The panel's points for each Program Component are multiplied by a factor of 1.2 (Rule 353, paragraph 1.m)

Free Dance

Bronze

Couples must perform a well-balanced program that may contain:

- a. A maximum of one (1) Short Lift, with a maximum duration of 6 sec.
- b. A maximum of one (1) Diagonal Step Sequence in Hold, Style B
- c. A maximum of one (1) Dance Spin (Spin or Combination Spin).

VOCAL MUSIC MAY BE USED

Duration The maximum time is 2 minutes, but may be less.

Factor The panel's points for each Program Component are multiplied by a factor of 1.2 (Rule 353, paragraph 1.m)

6. Technical Requirements – Synchronized Skating

Synchronized Skating

Free Skating

A team shall consist of 12-16 skaters and may include both ladies and men. Each Team may have up to a maximum of four (4) alternates listed as such on the Team roster. Skaters must meet the age requirements as stated in this announcement.

The Free Program must be skated according to ISU Rules for 2015-2016 (Special Regulations & Technical Rules Synchronized Skating 2014, ISU Communications No.1942 and all other pertinent ISU Communications).

The teams must skate a well-balanced Free Skating Program which must contain the following (6) required elements:

1. Intersection Element
2. Linear Element - Line
3. Pivoting Element – Block
4. Rotating Element - Wheel
5. Traveling Element – Circle
6. A choice of one (1) of the following Elements:
 - Creative Element OR
 - Combined Element

Additional elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components. The Planned Program Content sheet should indicate which elements are transition/choreography elements. Definitions of recommended elements are in accordance with ISU Rules 905 and 911, paragraph 2. Difficulty Groups of Elements and Features and the description of their requirements are in accordance with the pertinent ISU Communications.

Illegal Elements: The illegal elements are those applicable to Junior Free Skating, Rule 912, paragraph 10 b. In addition, "vaults" are illegal.

The Team must use a variety of holds. A minimum of three (3) different clearly recognizable holds is required. The holds may be done either in Elements or transitions.

Any music including vocal music using lyrics is permitted. However, the Teams must skate the program in time to the music.

Duration	The maximum time is 3 minutes and 10 seconds, but may be less. The time must be reckoned from the moment a skater begins to move (arm, head etc.) or to skate until arriving at a complete stop at the end of the program.
Factor	The points for each Program Component are multiplied by a factor of 1.0
Practice Ice	Official competition practice ice will be offered on the day of the SYS competition.

Extra Practice time will be available and can be booked through the respective competition organizing committee. Extra practice cannot be booked for the day of the competition.

7. Technical Requirements – Artistic Skating

Artistic Skating

General

The artistic events will be judged only on the basis of the Program Components:

- Skating skills
- Transitions
- Performance/Execution
- Choreography/Composition
- Interpretation/Timing

See ISU Special Regulations and Technical Rules 2012, Singles & Pair Skating, Rule 522, paragraph 2 for a detailed description of Program Components. The respective Rules can be found on the ISU website. There will be no technical panel and no technical mark given.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills. Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps, which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater/pair must not remain in one place for more than five (5) seconds.

Any element exceeding the maximum number as set forth below will be judged as an illegal element (1.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions.

Costumes should be simple, tasteful and appropriate for sporting competition. Costumes should be selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

Illegal elements:

- Somersault type jumps
- Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice

Artistic Free Skating

Technical Requirements

Competitions will be held at the Masters Elite, Masters, Gold, Silver and Bronze levels.

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins **MUST** be included. No axel jump, double or triple jumps are allowed. No combination jumps are allowed.

VOCAL MUSIC MAY BE USED

Duration

The maximum time for Masters Elite and Masters Artistic Free Skating is 2 minutes and 10 seconds, but may be less.

The maximum time for Gold, Silver and Bronze Artistic Free Skating is 1 minute and 40 seconds but may be less.

	Factor	The points for each Program Component are multiplied by a factor of 1.0
Pairs Artistic General:		Each pair team must consist of one man and one lady.
Pair Artistic Free Skating	Masters Elite	Pairs entering this category will compete against other Elite Masters Pair Skaters. The technical requirements are the same as those for the category "Masters Pair Skating".
Pair Artistic Free Skating	Masters	<p>The Masters Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:</p> <ol style="list-style-type: none"> a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted. b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin. c. A maximum of one (1) death spiral or pivot spiral (position optional). d. A maximum of one (1) lift of Group 1 or Group 2. <ul style="list-style-type: none"> • Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. • Overhead lifts and twist lifts are not permitted. <p>VOCAL MUSIC MAY BE USED</p>
	Duration	The maximum time is 2 minutes and 20 seconds, but may be less.
	Factor	The points for each Program Component are multiplied by a factor of 1.0
Pair Artistic Free Skating	Adult	<p>The Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:</p> <ol style="list-style-type: none"> a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted. b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin. c. A maximum of one (1) death spiral or pivot spiral (position optional). d. A maximum of one (1) lift of Group 1 or Group 2. <ul style="list-style-type: none"> • Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. • Overhead lifts and twist lifts are not permitted. <p>VOCAL MUSIC MAY BE USED</p>
	Duration	The maximum time is 1 minute and 50 seconds, but may be less.
	Factor	The points for each Program Component are multiplied by a factor of 1.0

8. MUSIC

All competitors/teams shall furnish competition music of excellent quality on CD (Compact Disc) or any other approved format. In accordance with Rule 343, paragraph 1, all discs must show the Event, the Competitor's name, the Country, and the exact running time of the music (not skating time), including any starting signal, which shall be certified by the competitor/team when submitted at the time of registration. Each program (pattern dance/short dance/free dance/ free skating/artistic free) must be recorded on one track and on a separate disc. Competitors must provide a back-up copy of the music for each program.

The titles, composers and performers of the music to be used for the individual programs for Singles and Pairs and for the Pattern Dance, Short Dance and Free Dance programs for Ice Dance, must be listed for each competitor on the official Competition Music Form. The music form can be sent to the organizers bcyksection@skatinginbc.com on April 15, 2016. Forms should be submitted in advance of the competition or turned in to the Organizing Committee at the time of registration. The music form will be included on the ISU website – www.isu.org under Single & Pair Skating, Ice Dance and then the Adult Skating section.

If music information is not complete and discs not provided, accreditation will not be given.

9. Planned Program Content Sheet

Free skaters, Pairs, Dance Couples and Synchronized Teams must submit the "Planned Program Content Sheet" to the local Organizing Committee bcyksection@skatinginbc.com by **July 10, 2016**. **It is not permitted to hand over the Planned Program Content Sheets directly to the competition Officials during the competition.** Changed Program Content Sheets should be turned in at the registration desk.

10. Results

All results will be calculated according to the ISU Regulations, Rule 353. The special factor of 1.1 for elements starting in the second half, will **NOT** apply.

11. Expenses Provided

The organizer will provide travel, accommodation and meals for all Event Referees, the Technical Panel Members, Data- and Replay Operators and Judges.

All competitors and coaches will cover their own expenses.

12. Liability

In accordance with Rule 119, it is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must assure full medical assistance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

The organizing committees will provide medical services for all competitors and officials during practice and competition.

13. Miscellaneous

Please address all enquiries relating to the competition rules and program content to:

Sissy Krick (Am Schorn 38, D-82327 Tutzing, phone: +49 8158 2118, fax +49 8158 928 650, sissy.krick@eventint.com). For further information contact the ISU Adult Skating Working Group Members:

Rhea Schwartz (chair)
rhea.schwartz@gmail.com

John Fisher (free skating and pair skating)
johnwilliam.fisher@gmail.com

Ville Penttinen (synchro)
ville@teampplace.fi

Diana Barkley (ice dance)
dianabarkley@shaw.ca

The website of the ISU Adult Skating Working Group is: www.adultskating.org

Vancouver

The International Adult Competition Vancouver will take place from 28th August to 3rd September 2016 at the University of British Columbia – Doug Mitchell Thunderbird Sports Centre, 6066 Thunderbird Boulevard, Vancouver, B.C., V6T 1Z3.

The competition ice surface inside this Sports Complex is the Father David Bauer Arena and the practice ice surface is the Protrans Arena. Both ice surfaces are 200 feet x 85 feet. Seating capacity for the competition ice rink is 900. The venue also features a number of multi-purpose rooms, a high-performance training centre and numerous dressing rooms.

UBC is located approximately 10 kilometres from the downtown core of Vancouver – about a 20-minute drive. There is ample parking across from the arena. There is public transportation and there will be a shuttle bus for a cost that will transport skaters to and from the downtown core.

Entry Details:

Entry fees for the Vancouver ISU event in CANADIAN dollars are as follows:

First Single event	\$160 per person
Second Single event	\$ 90 per person
First Dance event	\$ 80 per person
First Pair event	\$ 80 per person
Second Dance event	\$ 45 per person
Second Pair event	\$ 45 per person
Third Dance event	\$ 40 per person
Synchronized Team	\$750 per team

The entry fee will not be refunded in case of withdrawals after **APRIL 15, 2016** for any reason.

Please have **ALL** your information available prior to starting the electronic entry process as once you start the process there is no way to save the information and restart the form where you may have left off. Once you have successfully completed and submitted the form, a receipt and summary of your entry form will be emailed to you.

With the electronic entry form, skaters must include a JPEG or PDF copy of the photo page of the participant's passport (or government issued photo identification) with a birthdate on it. Please ensure you have this available in the JPEG or PDF format **BEFORE** you start to FILL OUT your entry form.

Please note that the system will not allow you to complete the entry form unless you have all the required information. If you have questions or problems with the entry form, please email the Vancouver competition organizers at: bcyksection@skatinginbc.com

Only VISA or a Mastercard can be used for payment. Payment will be immediate once you submit the form.

If you do not have a VISA or Mastercard, please contact the organizers via email for alternate payment method. bcyksection@skatinginbc.com

CHECKLIST FOR ENTRY FORM

Please ensure you have the following prior to starting the entry form process:

- Skater Federation
- Skater Membership Number
- Primary Coach Name and contact details
- Secondary Coach Name and contact details (if applicable)
- JPEG or PDF of the photo page of your passport (or government issued photo identification)
- VISA or Mastercard number

The electronic Entry Form for participation in the Vancouver competition must be returned to the local Organizing Committee by **April 15, 2016**.

The entry form for the Vancouver ISU competition is accessible via:

<https://skatecanada.wufoo.com/forms/kf1gr2b1r52d6s/>

The entry form for Synchro is accessible via:

<https://skatecanada.wufoo.com/forms/k12suuxu1xyqy4d/>

Skaters are asked to bring a copy of their actual membership card of the Member Federation as proof of current membership of an ISU Member Federation.

Training Packages

The Organizing Committee will be offering a ***Training Package for single skaters*** prior to the Adult competition. The package includes training sessions with top international coaches and practice ice time. More information to come, but the training package is tentatively scheduled to run from August 24 to 27, 2016.

Seminar for Program Components

The Organizing Committee offers a seminar (approximately three hours) for the Program Components, conducted by an ISU Technical Controller. The topic of the seminar will be: “***Criteria and Judging of the five (5) Program Components***”. The seminar is tentatively scheduled for Sunday 28 August. Time TBA.

Participation fee: \$25 p.p.

Technical Seminar

The Organizing Committee will offer a Technical Seminar, divided into groups, (subgroups will be formed if needed.) The content of the seminar is "***Technical Rules and Judging of Technical Elements***". The Moderators are ISU Judges and/or ISU Technical Controllers.

The seminars are tentatively scheduled as follows (with times to be announced):

Singles	Saturday 27th August 2016
Ice Dance	Wednesday 31 st August 2016
Pair Skating	Thursday 1 st September 2016
Synchronized Skating	Friday 2 nd September 2016

Participation fee: \$25 p.p. (per event)

All indicated dates and times for the seminars are subject to change (See Tentative Event Schedule Below).

Tentative Event Schedule

Saturday 27, August 2016	13:00	Technical Components Seminar (Singles)
Sunday, 28 August 2016	13:00	Program Components Seminar
	18:00	First Draw*
	20:00	Welcome Reception
Monday, 29 August 2016	14:00	Competitions / medal ceremonies
Tuesday, 30 August 2016	10:00	Competitions / medal ceremonies
Wednesday, 31 June 2016	10:00	Competitions / medal ceremonies
	10:00	Technical component Seminar (Dance)
Thursday, 1 September 2016	10:00	Competitions / medal ceremonies
		Technical Component Seminar (Pairs)
Friday, 2 September 2016	10:00	Competitions / medal ceremonies
	19:00	Technical component Seminar (SyS)
Saturday, 3 September 2016	10:00	Competitions / medal ceremonies
	19:30	Closing Banquet

Draws will take place the night before the competition date at 18:00, unless otherwise announced.

The Synchronized Skating competition will take place on Saturday, 3rd September 2016

This is a TENTATIVE Schedule. Times and dates are subject to change. Please be aware that depending upon the number of entries the competition may start earlier or later on Monday, August 28th 2016.

PLEASE NOTE: Medal ceremonies will follow at the close of each day's competition. Competitors are expected to attend and to be dressed in costumes for events competed in.

Miscellaneous

All Draws will be held at UBC Doug Mitchell Thunderbird Sports Centre in the designated Draw Room. The first Draw will take place August 28 at 18:00 for events to be held on the first day of competition. Subsequent Draws will be held at 18:00 the evening before each event, unless otherwise announced.

The official practice schedule will be sent to competitors. Additional practice ice will be available at UBC from Aug 28th until Sept 3rd, and will be part of the entry package. If practice sessions are not sold out prior to the practice time, skaters might also be able to purchase at practice ice rink side.

Additional ice time prior to August 28 will be available at Burnaby's 8-Rinks (6501 Sprott St, Burnaby, BC V5B 3B8). More information to come.

The contact email for the ISU Vancouver competition is: bcyksection@skatinginbc.com

The ISU Adult Skating Working Group Members may be able to assist you re: rules and regulations of the competition. Members are:

Rhea Schwartz (chair)
rhea.schwartz@gmail.com

John Fisher (free skating and pair skating)
johnwilliam.fisher@gmail.com

Ville Penttinen (synchro)
ville@teamplace.fi

Diana Barkley (ice dance)
dianabarkley@shaw.ca

Travel

Most major airlines fly into Vancouver International Airport. Hotels and flight information can be accessed through www.tourismvancouver.com. An automated driverless light rapid transit system connects Vancouver International Airport to downtown Vancouver (about a 30 minute ride). A taxi and limo service is available at the airport.

Accommodation:

The official hotel will be The Sheraton Wall Centre, 1088 Burrard Street, Vancouver, BC, Canada, V6Z 2R9. Phone: +1-604-331-1000.

A personalized Web site for ISU Adult Figure Skating Competition for the timeframe of August 24, 2016 - September 4, 2016 has been created. Guests can access the site to learn more about the event and to book, modify, or cancel a reservation from January 15, 2016 to September 8, 2016.

Below are the link(s) for participants to access the site:

ISU Adult Figure Skating Competition (OR copy and paste the following link into a web browser) <https://www.starwoodmeeting.com/Book/ISUADULT2016>.

You can also access the Tourism Vancouver website for a list of other hotels – www.tourismvancouver.com/stay/search-hotels/.

As the Americas Masters Games is being held at the same time, it is recommended that competitors and spectators book their accommodation immediately.

Other Information

The competition will be Live Streamed and more details to come.

A DVD of the competition will be available for purchase. **Payment for the DVD must be made when the skater registers at the competition in Vancouver.** An official photographer will also be in attendance and you can make payment arrangements with the photographer during the competition.

A Welcome Reception for all competitors will be held on Sunday, August 28 (Location TBA) and a Closing Banquet will be held on the evening of Saturday, September 3rd. Registration and payment for the closing will be part of the entry application.

Further details regarding training packages, practice ice, coaching and seminars will be issued in due course.