

2025 Vancouver Island Region Championships

January 30 - February 2, 2025

Tentative Schedule as at January 7, 2025 - Subject to Change

Thursday January 30, 2025						
Start	End	Category	Prog	Group	No.	Duration
16:00	16:25	STAR 2 Elements	E	1	9	0:25
16:25	16:50	STAR 2 Elements	E	2	10	0:25
16:50	17:15	STAR 2 Elements	E	3	10	0:25
17:15	17:40	STAR 3 Elements	E	1	9	0:25
17:40	18:05	STAR 3 Elements	E	2	9	0:25
18:05	18:30	STAR 3 Elements	E	3	10	0:25
18:30	18:45	Flood				0:15
18:45	19:10	STAR 4 Elements	E	1	8	0:25
19:10	19:25	STAR 5 Elements	E	1	5	0:15
19:25	19:40	STAR 6 Elements	E	1	6	0:15

Friday January 31, 2025						
Start	End	Category	Prog	Group	No.	Duration
9:00	9:25	STAR 2 Girls and Boys	F	1	7	0:25
9:25	9:50	STAR 2 Girls and Boys	F	2	8	0:25
9:50	10:15	STAR 2 Girls and Boys	F	3	7	0:25
10:15	10:40	STAR 2 Girls and Boys	F	4	7	0:25
10:40	11:05	STAR 2 Girls and Boys	F	5	7	0:25
11:05	11:20	Flood				0:15
11:20	11:45	STAR 2 Girls and Boys	F	6	7	0:25
11:45	12:10	STAR 2 Girls and Boys	F	7	8	0:25
12:10	12:35	STAR 2 Girls and Boys	F	8	8	0:25
12:35	13:00	STAR 2 Girls and Boys	F	9	8	0:25
13:00	13:25	STAR 2 Girls and Boys	F	10	8	0:25
13:25	13:40	Flood				0:15
13:40	13:55	STAR 2 Team Elements SIDE A	E	1	3	0:15
		STAR 2 Team Elements SIDE B	E	2	3	
13:55	14:10	STAR 2 Team Elements SIDE A	E	3	4	0:15
		STAR 2 Team Elements SIDE B	E	4	4	
14:10	14:25	Flood				0:15
14:25	14:50	STAR 3 Girls and Boys	F	1	7	0:25
14:50	15:20	STAR 3 Girls and Boys	F	2	8	0:30

Saturday February 1, 2025						
Start	End	Category	Prog	Group	No.	Duration
8:00	8:30	STAR 1 - SIDE A		1	5	0:30
		STAR 1 - SIDE B		2	5	
8:30	9:00	STAR 1 - SIDE A		3	5	0:30
		STAR 1 - SIDE B		4	6	
9:00	9:30	STAR 1 - SIDE A		5	5	0:30
		STAR 1 - SIDE B		6	5	
9:30	9:45	Flood				0:15
9:45	10:15	STAR 1 - SIDE A		7	5	0:30
		STAR 1 - SIDE B		8	6	
10:15	10:45	STAR 1 - SIDE A		9	6	0:30
		STAR 1 - SIDE B		10	6	
10:45	11:05	Pre-Juvenile Dance	PD	1	3	0:20
11:05	11:25	STAR 2/3 PD	PD	1	2	0:20
11:25	11:45	STAR 4/5 Solo Dance	PD	1	3	0:20
11:45	12:00	Flood				0:15
12:00	12:10	Special Olympics L1 Men		1	1	0:10
		Special Olympics L3 Women		1	1	
12:10	13:10	STAR 7 Women	S	1	11	1:00
13:10	14:10	STAR 7 Women	S	2	11	1:00
14:10	14:25	Flood				0:15
14:25	14:45	STAR 7 Men	S	1	3	0:20
14:45	15:10	PreNovice Men	S	1	4	0:25
15:10	15:35	PreNovice Women	S	1	4	0:25
15:35	16:20	STAR 9 Women	S	1	8	0:45
16:20	16:40	STAR 5 U10	F	1	3	0:20
16:40	17:10	STAR 5 Women U13	F	1	6	0:30
17:10	18:10	STAR 5 Women 13 & O	F	1	12	1:00
18:10	18:25	Flood				0:15
18:25	18:45	STAR 5 Team Elements	E	1	6	0:20
18:45	19:05	STAR 5 Men/ STAR 6 Men	F	1	3,1	0:20
19:05	20:05	STAR 6 Women	F	1	10	1:00
20:05	20:25	STAR 8 Women	F	1	3	0:20

15:20	15:50	STAR 3 Girls and Boys	F	3	8	0:30
15:50	16:20	STAR 3 Girls and Boys	F	4	8	0:30
16:20	16:50	STAR 3 Girls and Boys	F	5	8	0:30
16:50	17:05	Flood				0:15
17:05	17:35	STAR 3 Girls and Boys	F	6	8	0:30
17:35	18:05	STAR 3 Girls and Boys	F	7	8	0:30
18:05	18:35	STAR 3 Girls and Boys	F	8	8	0:30
18:35	19:05	STAR 3 Girls and Boys	F	9	8	0:30
19:05	19:20	STAR 3 Team Elements SIDE A	E	1	3	0:15
		STAR 3 Team Elements SIDE B	E	2	4	
19:20	19:35	Flood				0:15
19:35	19:45	STAR 4 Synchro	F	1	2	0:10
19:45	20:25	STAR 5 Artistic	A	1	9	0:40
20:25	20:55	STAR 7 Artistic	A	1	6	0:30
20:55	21:25	STAR 9/ GOLD Artistic	A	1,1	4,2	0:30

20:25	20:40	STAR 10 Women	F	1	2	0:15
20:40	20:55	Gold Women	F	1	2	0:15
Sunday February 2, 2025						
Start	End	Category	Prog	Group	No.	Duration
8:00	8:45	Pre-Juvenile Women U11	F	1	7	0:45
8:45	9:25	Pre-Juvenile Women U13	F	1	6	0:40
9:25	9:45	Juvenile Women U12	F	1	3	0:20
9:45	10:30	Juvenile Women U14	F	1	7	0:45
10:30	11:10	Juvenile Men/PreNovice Men	F	1	3,4	0:40
11:10	11:25	Flood				0:15
11:25	11:45	PreNovice Women	F	1	3	0:20
11:45	12:05	Adult Intro/Silver Artistic	I	1	2,3	0:20
12:05	12:20	Adult Bronze Freeskate	F	1	4	0:15
12:20	12:45	Adult Silver Freeskate	F	1	5	0:25
12:45	13:00	Open Elements	E	1	5	0:15
13:00	13:15	Flood				0:15
13:15	13:35	STAR 4 Girls U10	F	1	3	0:20
13:35	14:05	STAR 4 Girls U13	F	1	8	0:30
14:05	14:55	STAR 4 Girls 13 & O	F	1	12	0:50
14:55	15:40	STAR 4 Men	F	1	10	0:45
15:40	16:00	STAR 4 Team Elements	E	1	5	0:20
16:00	16:15	STAR 6 Team Elements	E	1	2	0:15
16:15	16:40	STAR 7/8 Team Elements	E	1	5	0:25
16:40	17:00	GOLD Team Elements	E	1	3	0:20