



January 31 - February 2, 2025

Sanctioned by and held under the rules of Skate Canada

2025 VANCOUVER ISLAND REGION CHAMPIONSHIPS

Hosted by the Duncan Skating Club

Events are open to all skaters registered in the Vancouver Island Region and Powell River.

[Online registration](#) must be completed by 11:45 p.m. Sunday, December 29, 2024.

NOTE: 48 hours following the closing of online registration, a list of all registrants will be posted on the [Vancouver Island Region Championships](#) page of Skating in BC website. Everyone then has 48 hours to notify the Registrar of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

DATE: January 31 - February 2, 2025

HOST CLUB: **Duncan Skating Club**

CHAIRPERSON: Elizabeth Brackett & Shannon Olson

VENUE: Cowichan Community Centre
2687 James St. Duncan BC V9L 2X5

ICE SURFACE: 85' x 200'

HOTEL: Please see page 9 of this announcement for a list of hotels and rates.

REGISTRAR: Sue Smith registrarvicompetitions@gmail.com

TECHNICAL INQUIRIES: Janice Hunter - janicedhunter@gmail.com

** (Janice only answers technical inquiries and not logistics regarding the competition or music. Coaches can contact Janice with their technical questions. All other inquiries are to be sent to registrarvicompetitions@gmail.com)**

EVENTS TO BE HELD & ENTRY INFORMATION

Singles skaters may compete in a short program and a free skate program plus STAR Supplementary events. The table below shows the two free skating category options available for singles skaters to enter.

Pre-Juvenile + STAR 7 or STAR 9	Juvenile + STAR 7 or STAR 9
STAR 7 or STAR 9 + one of STAR 6,8,10 or Gold	

Pre-Novice Short Program	Women	Men	\$92.50
Pre-Novice Free Program	Women	Men	\$92.50
Pre-Novice Dance	Pattern Dance		\$120.00 per team
Pre-Juvenile	Women U11	Men	\$92.50
	Women U13		
Pre-Juvenile	Dance		\$120.00 per team
Juvenile	Women U10	Men	\$92.50
	Women U12		
	Women U14		
Juvenile	Pattern Dance		\$120.00 per team
STAR 1			\$77.50
STAR 2			\$82.50
STAR 3			\$82.50
STAR 4	Girls U10	Boys	\$87.50
	Girls U13		
	Girls 13 & Over		
STAR 5	Women U10	Boys	\$92.50
	Women U13		
STAR 5	Women 13 & Over		\$92.50
STAR 6 Free Skate	Women	Men	\$92.50
STAR 7 Short Program	Women	Men	\$92.50
STAR 8 Free Skate	Women	Men	\$92.50
STAR 9 Short Program	Women	Men	\$92.50
STAR 10 Free Skate	Women	Men	\$92.50
Gold Free Skate	Women	Men	\$92.50

Artistic STAR 5			\$80.00
Artistic STAR 7			\$80.00
Artistic STAR 9			\$80.00
Artistic GOLD			\$80.00
STAR 2 Elements			\$45.00
STAR 3 Elements			\$45.00
STAR 4 Elements			\$45.00
STAR 5 Elements			\$45.00
STAR 6 Elements			\$45.00
STAR 7/8 Elements			\$45.00
STAR 9/10 Elements			\$45.00
Gold Elements			\$45.00
STAR 2 Team Elements			\$60.00 per team
STAR 3 Team Elements			\$60.00 per team
STAR 4 Team Elements			\$60.00 per team
STAR 5 Team Elements			\$60.00 per team
STAR 6 Team Elements			\$60.00 per team
STAR 7/8 Team Elements			\$60.00 per team
STAR 9/10 Team Elements			\$60.00 per team
Gold Team Elements			\$60.00 per team
*Special Olympics Singles: Levels 1 – 6 & Open	Women	Men	\$62.50
STAR 3 Synchro			\$100.00 per team
STAR 4 Synchro			\$100.00 per team
STAR 2/3 Partnered Pattern Dance			\$120.00 per team
STAR 4/5 Partnered Pattern Dance			\$120.00 per team
STAR 6/7 Partnered Pattern Dance			\$120.00 per team
STAR 8/9 Partnered Pattern Dance			\$120.00 per team
STAR 10/Gold Partnered Pattern Dance			\$120.00 per team
**STAR 2/3 Solo Pattern Dance	Lead	Follow	\$60.00
STAR 4/5 Solo Pattern Dance	Lead	Follow	\$60.00
STAR 6/7 Solo Pattern Dance	Lead	Follow	\$60.00
STAR 8/9 Solo Pattern Dance	Lead	Follow	\$60.00
STAR 10/Gold Solo Pattern Dance	Lead	Follow	\$60.00
Adult Free Skate Intro	Women	Men	\$87.50
Adult Free Skate Bronze	Women	Men	\$87.50
Adult Free Skate Silver	Women	Men	\$87.50

Adult Free Skate Gold	Women	Men	\$87.50
Adult Artistic Intro			\$80.00
Adult Artistic Bronze			\$80.00
Adult Artistic Silver			\$80.00
Adult Artistic Gold			\$80.00

If entries exceed the amount of ice that is available for the competition, Adult, then Artistic events will be canceled.

Open Elements category may be used if there are insufficient entries to hold STAR 6 and above Element categories.

*Special Olympics events will be conducted in accordance with the 2020-21 Special Olympics Technical Requirements posted on the Skating in BC website under [Technical/Special Olympics](#)

**** STAR 2/3 Solo Pattern Dances will be the Canasta Tango and Baby Blues**

Adult category specifications will follow the [2024-2025 Adult Program Requirements Guide](#).

Entry fees shall be refunded only if the competition/event is not held or if the entry is withdrawn before the closing date of entry. **NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION (Sunday, December 29, 2024) FOR ANY REASON WHATSOEVER.**

LATE ENTRIES WILL BE ACCEPTED AT THE DISCRETION OF THE TECH REP AND WILL BE CHARGED DOUBLE THE ENTRY FEE. Approved late entries forms must be e-mailed to the registrarvcompetitions@gmail.com and payment sent by e-transfer to Region Treasurer, Tara Baxter at viregionaltreasurer@gmail.com within 24 hours of late entry approval.

For all categories, age shall be the age of the skater before July 1, 2024, and assessments passed shall be as of Sunday, December 29, 2024 (closing date of entries). Age categories may be combined if there are insufficient entries in an individual category.

For event requirements and specifications, please refer to the 2024-2025 Skate Canada Podium Pathway and STARSkate Technical Requirements Guides, posted on the Technical page of the [Skating in BC website](#).

PLANNED PROGRAM SHEETS FOR ALL SINGLES EVENTS EXCEPT STAR 1,2,3,4 AND ADULT ARTISTIC MUST BE SUBMITTED ONLINE. Artistic planned programs must also indicate the start time of each element. **Deadline to submit planned program sheets is Friday, December 29, 2024 (closing date of entries).** [CLICK HERE](#) to submit your planned program information.

- Program updates after Friday, December 29, 2024, must be submitted no later than January 28, 2025, by emailing to registrarvcompetitions@gmail.com.

There will be a \$30.00 fee assessed for failure to submit a Planned Program Sheet by the registration deadline. Skaters will not be permitted to register at the competition if this fee has not been paid and a planned program sheet has been completed. All funds from late Planned Program sheets must be paid

directly to the Vancouver Island Region prior to the start of the Competition.

A tentative schedule of events will be e-mailed to each club with confirmation of entry and also posted on the [Vancouver Island Region Championships](#) event page of the Skating in BC website. Any last-minute changes to schedules will be posted on the website and also at the arena. **Please note that events may start up to one half hour earlier than scheduled.**

ADDITIONAL INFORMATION

- **BC/YT SAFESPORT POLICY:** Phone, video and/or mobile devices must be turned off and put away in bags while in the dressing rooms. **Parents and coaches are not permitted in the dressing rooms;** wherever possible, a family area will be provided for skaters who require assistance.
- Single skaters may enter only one short program and one free program. Skaters choosing to enter multiple events do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
- Should entries in an event be exceedingly large, the event will be divided into smaller groups which will be determined by random draw. STAR 1 -3 groups will be divided according to age. Artistic events will be divided by free skate test level first and then if further groups are required, by age
- All genders will compete together in all STAR events except Free Skating.
- **SINGLE ENTRIES:** If an event has only one competitor, the skater will be informed and have the option of skating up an event, skating for an evaluation only, or withdrawing with a refund. ○ Skating for an evaluation is only applicable to Podium Pathway categories and STARSkate free skating categories. Medals will be awarded according to the “Benchmark Scores” (for STARSkate only).
- **REGISTRATION:** Skaters must register/check-in at least one hour before they are scheduled to skate.
- **SIZE OF WARM-UP GROUPS:** The maximum number of skaters on warm-up for all STAR categories except STAR 1, will be 8.
- **WARM UP TIMES:**

STAR 2	3 minutes
STAR 3 & 4	4 minutes
STAR 5 to Gold Free Skate	5 minutes
Pre-Juvenile Singles	5 minutes
Juvenile to Novice	6 minutes
Artistic & Showcase	3 minutes
Adult Free Skate Intro & Bronze	4 minutes

Adult Free Skate Silver & higher 5 minutes

Pattern Dance 3 minutes

Elements 3 minutes

Special Olympics Levels 1-5 4 minutes

Special Olympics Level 6, Open 5 minutes

★ At the discretion of the Referee, the warmup periods may be reduced to a minimum of 3 minutes. All warmup periods for one event must be equal.

- **TEAM TROPHY:** Victoria Figure Skating Club Team Trophy is awarded to the Vancouver Island Region club accumulating the most points. Points awarded from the competition results sheets:

Point scoring: First place – 5 Second place – 3 Third place – 1

In events where there are three competitors, points will be awarded as follows:

First place – 3 Second place – 1 Third place – 0

In events where there are two competitors, points will be awarded as follows:

First place – 1

- **COACHES:** To be at ice level during the events, it is mandatory for all participating coaches to register at the competition and have proof of coach registration & accreditation. Temporary accreditation will be issued by showing current Skate Canada membership and First Aid information for \$25.00 per day (payable to the VI Region Coaches Committee).
- The host club will rope off an area at ice level for the accredited coaches.
- **MUSIC REQUIREMENTS:**
 - All skaters with the exception of STAR 1 must submit music online as part of the registration process. Solo dance competitors who choose to use Skate Canada Contemporary music selections must also submit the music electronically.
 - Music will only be accepted electronically via MP3 format and **MUST** be labeled with Skaters first and last name same as on their registration. ****Do not begin the registration process until you have your music file ready to upload.** Questions can be directed to Sue Smith at registrarviccompetitions@gmail.com
 - Music files are not kept for the next competition. Skaters must submit their music for each individual competition.
 - Competitors must have their backup files on a standard USB drive at the boards when they are competing. The Organizing Competition will accept no responsibility against damage but will take every precaution to safeguard each USB.
 - Alternate electronic items such as iPhones, tablets, mp3 players etc. will not be accepted for playing music.
 - The backup USB drive must be labeled with the competitor's full name and home club.
- Admission will be free to all.

- **AWARDS:** Presentation of awards will be posted in the lobby. All STAR 1, 2 and 3 skaters, and Elements (Star 2 & 3) will receive ribbons and report cards corresponding to their final assessment. Medals for 1st, 2nd and 3rd place will be awarded in all other events.
- Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or the officials. PLEASE NOTE: you may only take pictures or videos of your own skater.

PROTESTS: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Tech Rep within the first hour of the following day's competition. **Protests must be made in writing**

***** ONLINE REGISTRATION *****

Vancouver Island Region online registration system is with the company Wufoo.com. All registrations must be completed using this online system including music submission and planned program information. Please do not begin the registration process until you have your music file and planned program ready for submission.

IMPORTANT: Please register Skater using the full name associated with their Skate Canada number

[CLICK HERE](#) to register

The registration system will generate an automatic email to the skater. Coaches do not receive an email confirmation.

There is no login required to fill out the Wufoo Competition form. Skaters enter their information, including music files, in all the required fields and then click "Submit". A new page then opens in PayPal. All competition entry fees will be processed through PayPal (it is not necessary to have a PayPal account to complete the registration process).

If skaters are unsure of what to enter in the various entry form fields, please contact your coach.

Hotels -Cowichan Valley

Best Western Cowichan Valley Inn

(250) 748-2722

6457 Norcross Rd, Duncan, BC V9L 6C6

https://www.bestwestern.com/en_US/book/hotels-in-duncan/best-western-cowichan-valley-inn/propertyCode.62068.html

(5 minutes to arena)

Oceanfront Suites at Cowichan Bay

(250) 715-1000

1681 Cowichan Bay Rd, Cowichan Bay, BC V0R 1N0

[Home - Ocean Front Suites at Cowichan Bay \(oceanfrontcowichanbay.com\)](http://oceanfrontcowichanbay.com)

(10 minutes to arena)

Best Western Plus Chemainus Inn

(250) 246-4181

9573 Chemainus Rd, Chemainus, BC V0R 1K5

https://www.bestwestern.com/en_US/book/hotels-in-chemainus/best-western-plus-chemainus-inn/propertyCode.62113.html

(15 minutes to arena)

Wessex Inn Motel

(250) 748-4214

1846 Cowichan Bay Rd, Cowichan Bay, BC V0R 1N1

<http://www.wessexinn.com/>

(10 minutes to arena)

Super 8 by Wyndham Duncan

(250) 748-0661

5325 Trans-Canada Hwy, Duncan, BC V9L 5J2

<https://www.wyndhamhotels.com/super-8/duncan-british-columbia/super-8-duncan>

(8 minutes to arena)