

Competition Schedule 2025 Mountain Regional Synchronized Skating Championships

Sunday Jan 26, 2025

21-Jan

Category	Team Name	Club	Warm Up Area	Enter Warm Up	Exit Warm Up	Dressing Room	Enter Dressing Room	On Ice	Off Ice	Leave Dressing Room
	Starting Order									
STAR 8 F2	1		Hilton Hotel Warm Up Space 1	7:00	7:15	1	7:40	8:00	8:08	8:28
STAR 8 F2	2		Hilton Hotel Warm Up Space 2	7:08	7:23	2	7:48	8:08	8:15	8:35
STAR 8 F2	3		Hilton Hotel Warm Up Space 1	7:15	7:30	3	7:55	8:15	8:23	8:43
STAR 8 F2	4		Hilton Hotel Warm Up Space 2	7:23	7:38	4	8:03	8:23	8:30	8:50
Flood	FLOOD							8:30	8:45	
STAR 8 F2	5		Hilton Hotel Warm Up Space 1	7:45	8:00	5	8:25	8:45	8:53	9:13
STAR 8 F2	6		Hilton Hotel Warm Up Space 2	7:53	8:08	1	8:33	8:53	9:00	9:20
STAR 8 F2	7		Hilton Hotel Warm Up Space 1	8:00	8:15	2	8:40	9:00	9:08	9:28
STAR 8 F2	8		Hilton Hotel Warm Up Space 2	8:08	8:23	3	8:48	9:08	9:15	9:35
Flood	Starting Order							9:15	9:30	
STAR 6 F2	1		Hilton Hotel Warm Up Space 1	8:30	8:45	4	9:10	9:30	9:38	9:58
STAR 6 F2	2		Hilton Hotel Warm Up Space 2	8:38	8:53	5	9:18	9:38	9:46	10:06
STAR 6 F2	3		Hilton Hotel Warm Up Space 1	8:46	9:01	1	9:26	9:46	9:53	10:13
STAR 6 F2	4		Hilton Hotel Warm Up Space 2	8:53	9:08	2	9:33	9:53	10:01	10:21
STAR 6 F2	5		Hilton Hotel Warm Up Space 1	9:01	9:16	3	9:41	10:01	10:08	10:28
Flood	FLOOD							10:08	10:23	
STAR 6 F2	6		Hilton Hotel Warm Up Space 2	9:23	9:38	4	10:03	10:23	10:30	10:50
STAR 6 F2	7		Hilton Hotel Warm Up Space 1	9:30	9:45	5	10:10	10:30	10:38	10:58
STAR 6 F2	8		Hilton Hotel Warm Up Space 2	9:38	9:53	1	10:18	10:38	10:45	11:05
STAR 6 F2	9		Hilton Hotel Warm Up Space 1	9:45	10:00	2	10:25	10:45	10:53	11:13
STAR 6 F2	10		Hilton Hotel Warm Up Space 2	9:53	10:08	3	10:33	10:53	11:00	11:20
Flood	Starting Order							11:00	11:20	
Open F2	1		Hilton Hotel Warm Up Space 1	10:20	10:35	4	11:00	11:20	11:30	11:40
Open F2	2		Hilton Hotel Warm Up Space 2	10:30	10:45	5	11:10	11:30	11:40	11:50
STAR 4	Cascadia	GVSSC	Hilton Hotel Warm Up Space 1	10:40	10:55	1	11:20	11:40	11:47	12:07
STAR 4	Skate of Mind Star 4	Vernon FSC	Hilton Hotel Warm Up Space 2	10:47	11:02	2	11:27	11:47	11:54	12:14
STAR 4	Solar Ice Star 4	Delta SC	Hilton Hotel Warm Up Space 1	10:54	11:09	3	11:34	11:54	12:02	12:22
STAR 4	Ice Symmetrix	Maple Ridge SC	Hilton Hotel Warm Up Space 2	11:02	11:17	4	11:42	12:02	12:09	12:29
STAR 4	Ice X-cite	LMSSC	Hilton Hotel Warm Up Space 1	11:09	11:24	5	11:49	12:09	12:15	12:35
Flood	Starting Order							12:15	12:30	
Gold F2	1		Hilton Hotel Warm Up Space 2	11:30	11:45	1	12:10	12:30	12:38	12:58
Gold F2	2		Hilton Hotel Warm Up Space 1	11:38	11:53	2	12:18	12:38	12:46	13:06
Gold F2	3		Hilton Hotel Warm Up Space 2	11:46	12:01	3	12:26	12:46	12:54	13:14
Gold F2	4		Hilton Hotel Warm Up Space 1	11:54	12:09	4	12:34	12:54	13:02	13:22
Gold F2	5		Hilton Hotel Warm Up Space 2	12:02	12:17	5	12:42	13:02	13:10	13:30
Flood	Starting Order							13:10	13:25	
Novice	1		Hilton Hotel Warm Up Space 1	12:25	12:40	1	13:05	13:25	13:33	13:53
Novice	2		Hilton Hotel Warm Up Space 2	12:33	12:48	2	13:13	13:33	13:40	14:00
Flood	Starting Order							13:40	13:55	
Junior Free	Lower Mainland Junior		Hilton Hotel Warm Up Space 1	12:55	13:10	3	13:35	13:55	14:10	14:30

MEDALS

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