

2025 Kootenay Region Championships

Creston, BC | February 14-16, 2025

Tentative Schedule as at January 28, 2025 - Subject to Change

FRI - FEB 14						
Start	End	Category	Prog	Group	No.	Duration
8:30	8:55	STAR 2	F	1	6	0:25
8:55	9:20	STAR 2	F	2	7	0:25
9:20	9:50	STAR 2	F	3	7	0:30
9:50	10:20	STAR 2	F	4	7	0:30
10:20	10:50	STAR 2	F	5	7	0:30
10:50	11:30	STAR 4 Girls U13	F		9	0:40
11:30	11:45	FLOOD				0:15
11:45	12:10	STAR 3	F	1	6	0:25
12:10	12:35	STAR 3	F	2	6	0:25
12:35	13:00	STAR 3	F	3	6	0:25
13:00	13:30	STAR 3	F	4	7	0:30
13:30	14:20	STAR 4 Girls 13&O	F		12	0:50
14:20	14:35	FLOOD				0:15
14:35	15:00	STAR 1	E	1	5	0:25
15:00	15:20	STAR 1	E	2	6	0:20
15:20	15:40	STAR 1	E	3	6	0:20
15:40	16:00	STAR 1	E	4	6	0:20
16:00	16:20	STAR 2 Elements	E	1	10	0:20
16:20	16:40	STAR 2 Elements	E	2	10	0:20
16:40	17:00	STAR 3 Elements	E		9	0:20
17:00	17:10	STAR 4 Elements	E		5	0:10
17:10	17:25	STAR 5 Elements	E		8	0:15
17:25	17:35	STAR 6 Elements	E		2	0:10
17:35	17:50	FLOOD				0:15
17:50	18:25	Group Showcase 1			10	0:35
18:25	18:40	Group Showcase 2			4	0:15
18:40	19:15	Group Showcase 3			8	0:35
19:15	19:30	Group Showcase 4			3	0:15
19:30	19:40	Showcase 3			3	0:10
19:40	19:50	STAR 2 Team Elements	E		3	0:10
19:50	20:00	Open Team Elements	E		3	0:10

SAT - FEB 15						
Start	End	Category	Prog	Group	No.	Duration
8:00	8:25	STAR 9 Women	S		2	0:25
8:25	8:25	Pre-Novice Women	S		2	
8:25	9:45	STAR 7 Women	S		15	1:20
9:45	10:15	STAR 2/3 Solo Dance - FOLLOW	PD		11	0:30
10:15	10:30	FLOOD				0:15
10:30	11:00	STAR 4/5 Solo Dance - FOLLOW	PD		5	0:30
11:00	11:25	STAR 6/7 Solo Dance - FOLLOW	PD		4	0:25
11:25	12:15	STAR 8/9 Solo Dance - FOLLOW	PD		8	0:50
12:15	12:45	STAR 10/Gold Solo Dance - FOLLOW	PD		5	0:30
12:45	13:05	STAR 10/Gold Solo Dance - LEAD	PD		3	0:20
13:05	13:20	FLOOD				0:15
13:20	13:45	STAR 5 Women U13	F		4	0:25
13:45	14:55	STAR 5 Women 13&O	F		14	1:10
14:55	15:50	STAR 6 Women	F		9	0:55
15:50	16:05	STAR 6 Men	F		2	0:15
16:05	16:20	FLOOD				0:15
16:20	16:45	STAR 8 Women	F		3	0:25
16:45	16:45	STAR 10 Women	F		1	
16:45	17:15	Gold Women	F		2	0:30
17:15	17:15	Pre-Novice Women	F		2	
17:15	17:30	Adult Bronze Women	F		1	0:15
17:30	17:30	Adult Silver Women	F		1	
17:30	17:30	Adult Masters Women	F		1	
17:30	17:40	Adult Silver Artistic	A		2	0:10
17:40	19:00	Team Event				1:20

SUN - FEB 16						
Start	End	Category	Prog	Group	No.	Duration
8:00	8:30	STAR 5 Artistic	A	1	7	0:30
8:30	9:00	STAR 5 Artistic	A	2	7	0:30
9:00	9:30	STAR 5 Artistic	A	3	7	0:30
9:30	10:00	STAR 5 Artistic	A	4	8	0:30
10:00	10:30	STAR 7 Artistic	A	1	8	0:30
10:30	10:45	FLOOD				0:15
10:45	11:15	STAR 7 Artistic	A	2	8	0:30
11:15	12:00	STAR 9 Artistic	A		11	0:45
12:00	12:35	Gold Artistic	A		8	0:35