



Synchro Monitoring 2024
Schedule
 Updated October 16

FRIDAY - OCTOBER 18, 2024				
15:30	16:15	Aldergrove Snow Crystals	Juvenile	0:45
16:15	17:00	LMSSC Ice X-pectation	Juvenile	0:45
17:00	17:45	Maple Ridge Ice Symmetrix	Juvenile	0:45
17:45	18:30	Delta Solar Ice	Juvenile	0:45

SATURDAY - OCTOBER 19, 2024				
Start	End	Team	Category	Duration
8:00	8:45	GVSSC Cascadia	Adult I	0:45
8:45	9:45	GVSSC Cascadia	Intermediate	1:00
9:45	10:30	GVSSC Cascadia	Adult II	0:45
10:30	10:45	FLOOD		0:15
10:45	11:30	GVSSC Cascadia	Pre Novice	0:45
11:30	12:30	ARTSSA Stars	Intermediate	1:00
12:30	13:00	FLOOD & Break		0:30
13:00	13:45	Whistler Mountain Edges	Adult II	0:45
13:45	14:45	LMSSC Ice X-cel	Novice	1:00
14:45	15:30	LMSSC Ice X-quisite	Adult II	0:45
15:30	15:45	FLOOD		0:15
15:45	16:15	LMSSC Ice X-perience	Adult III	0:30
16:15	17:45	LMSSC Junior	Short Program	1:30

SUNDAY - OCTOBER 20, 2024				
Start	End	Team	Category	Duration
8:00	9:30	LMSSC Junior	Junior Free	1:30
9:30	10:30	LMSSC Ice X-calibur	Open	1:00
10:30	11:00	FLOOD		0:30
11:00	11:45	Aldergrove Ice Spirits	Adult II	0:45
11:45	12:30	Aldergrove Icicles	Pre Novice	0:45
12:30	13:15	Maple Ridge Ice Symmetrix	Pre Novice	0:45
13:15	14:15	Delta Solar Ice	Intermediate	1:00